

# POWAY

COMMUNITY SERVICES GUIDE

**SPRING 2020**

REGISTRATION BEGINS  
**MARCH 3**  
AT 7:30AM

[POWAY.ORG/CLASSES](http://POWAY.ORG/CLASSES)



# SUMMER CAMP PREVIEW

**2020 Summer Camps:** Can you believe that summer is almost here!? If you love summer as much as we do, then you're already looking for summer fun! In addition to the traditional and well-loved Lake Poway Day Camp, we're bringing you an amazing line-up of specialty camps sure to delight the aspiring film makers, curious scientists, creative artists, and talented athletes in your family. **See Page 12 for the full lineup. Registration: Tuesday, April 7 at 7:30am.**

## Looking For a Summer Job?

Look no further than your Community Services Department! We hire enthusiastic, qualified candidates to work with fun, outdoor, rewarding programs that enrich our community! These amazing seasonal employment opportunities include:

**Camp Counselors:** Without dedicated Counselors to foster community, a love of nature, and inspire outdoor play, Lake Poway Day Camp wouldn't be the

premiere summer camp it is today! Individuals who enjoy working with children, being part of a team, and spending their summer outside should apply!



**Lifeguards/Swim Instructors:** In addition to being synonymous with summer, Lifeguards are integral to ensuring the safety of all pool guests during the busy summer! And what is summer without swim lessons? Our Swim Instructors instill confidence in swimmers of all ability levels. Combine your love of swimming and the water to land a job that pays you to do what you love!

**Recreation Leader:** Looking for something that will last beyond the summer? Then our **Recreation Leader** position may be for you! Our Recreation Leaders are self-motivated team players who provide invaluable assistance with special events, City programs, customer service, and more. It's the perfect introduction to the Recreation field!

Don't wait to apply! Jobs are posted online as early as February: [poway.org/jobs](http://poway.org/jobs)

**See Page 11 for information on Certified Lifeguard Training Courses.**





Take your spring break to the next level with one of these cool camps!

**CAMP! SWIM & TENNIS CAMP** AGES 8-15

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool!

**INSTRUCTOR:** Art Christophiades  
**LOCATION:** Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.400	M-F	9:00am-3:00pm	Apr 13-Apr 17	\$150/\$160*

\*\$20 materials fee due on the first day of class

**CAMP! SKATEBOARDING CAMP** AGES 5-13

Participants of all levels are invited to build ramp skills, develop new tricks, learn safety techniques, meet guest pros, and make new friends. All participants MUST have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

**INSTRUCTOR:** SD Skatelife  
 Andrew Barbosa: Andrew@sdskatelife.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.400	M-F	9:00am-12:00pm	Apr 13-Apr 17	\$165/\$175

**CAMP! ARCHERY CAMP** AGES 7-17


Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

**INSTRUCTOR:** Rick Harper  
**LOCATION:** Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.400	M-F	8:00-9:30am	Apr 13-Apr 17	\$75/\$85*
6011.401	M-F	10:00-11:30am	Apr 13-Apr 17	\$75/\$85*

\*\$15 materials fee due on the first day of class

Connect with us and never miss a recreation opportunity again!

-  City of Poway
-  @cityofpoway
-  @cityofpoway
-  poway.org/connectwithus

**SAVE THE DATE:**

**Spring Class Registration begins March 3 at 7:30am.**  
**Early Summer Camp Registration begins Tuesday, April 7 at 7:30am.**

**SPRING CLASSES** 2-11

Preschool Activities	2
Kid's Night Out	2
Teen Programs	2
Art	3
Creative Arts	3
Dance	3
Health & Wellness	4
Sports	5
Open Play Sports	7
Safety Training	7
Special Needs	8
Dog Training	8
Swim Classes	9

**SUMMER CAMP PREVIEW** 12-27

Lake Poway Day Camp/CIT	12
Sports Camps	13
Creative Arts Camps	16
Dance Camps	17
Cooking Camps	18
Technology Camps	19
Science Camps	22
Special Interest Camps	24
Art Camps	26

**POWAY PARKS & FACILITIES** 28-32

Poway Community Park	28
Old Poway Park	28
Lake Poway	29
Poway Center for the Performing Arts	29
Poway Swim Center	30
Kumeyaay-Ipai Interpretive Center	31
Blue Sky Ecological Reserve	31
Poway Library	32
Poway Senior Center	32
Poway OnStage	32

**REGISTRATION** 33

# SPRING CLASSES

Spring Class Registration: March 3 at 7:30am

## Preschool Activities

### TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere! Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more! Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

**INSTRUCTOR:** Charlene Donovan

**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.400	TU/TH	9:00am-12:00pm	Mar 31-Apr 21	\$165/175*
1500.401	TU/TH	9:00am-12:00pm	Apr 23-May 14	\$165/175*
1500.402	TU/TH	9:00am-12:00pm	May 19-Jun 9	\$165/175*

\*\$10 materials fee due on the first day of class



### PARENT AND ME LEARNING ADVENTURES

AGES 1.5-3

Engage in circle time, songs, social interaction, motor skills, storytime, and arts and crafts! This class is designed to make learning fun and introduce the idea of "preschool" to your child! Adult participation required per each child.

**INSTRUCTOR:** Charlene Donovan

**LOCATION:** Old Poway Park, Great Room

**NO CLASS:** Apr 24

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.403	F	9:30-10:30am	Apr 3-May 8	\$69/\$79
1500.404	F	9:30-10:30am	May 15-Jun 12	\$69/\$79

## Kid's Night Out

### KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.400	F	4:30-9:00pm	Apr 3	\$10/\$20
1000.401	F	4:30-9:00pm	May 1	\$10/\$20
1000.402	F	4:30-9:00pm	Jun 5	\$10/\$20

## Teen Programs

### TEEN GLOW-IN-THE-DARK EGG HUNT

GRADES 6-9

When is an egg hunt not just an egg hunt? When it's a slammin' jammin' GLOW-IN-THE-DARK egg hunt! Join the quest for over one thousand glow-in-the-dark eggs filled with sweet candy, kickin' gift cards, and tons of boss prizes. Don't miss out on the fun—bring your friends and get your hunt on!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	FEE
1001.400	SA	5:00-9:00pm	Apr 18	\$5

### TEEN EXCURSION: GET AIR

GRADES 6-9

Catch monstro air when you join us for a bounce-tastic evening at Get Air Trampoline Park! Flip head over heels into foam pits, test your stealth and agility on the ninja course, take on your friends in an extra bouncy game of dodgeball, and more! You and your friends will jump your way to a crazy good time! Admission and jump socks are included.

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Get Air Poway: 12160 Community Road

CLASS #	DAY	TIME	DATES	FEE
1001.401	SA	5:00-9:00pm	May 16	\$14

### NEW! TEEN EXCURSION: AQUATICA

GRADES 6-9

Start your summer with a SPLASH! We're heading to Aquatica, SeaWorld's waterpark, for a soaking good time! Challenge your friends on Taumata Racer, spin yourself silly on Tassie's Twister, or conquer the highest, fastest slide of them all—HooRoo Run! What are you waiting for? Grab your friends and join us for some fun in the sun! Admission, transportation, breakfast, and lunch are included.

**INSTRUCTOR:** Community Park Staff

**DROP OFF & PICK UP:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1001.402	F	7:30am-6:30pm	Jun 12	\$35/\$45



# Art

## GET SMART WITH ART

AGES 2-5

A unique beginners class for children to learn about artists and techniques, and create a new masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

**INSTRUCTOR:** Ms. Vivian  
**LOCATION:** Old Poway Park, Great Room  
**NO CLASS:** May 25

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.400	M	10:00-10:45am	Mar 30-Apr 27	\$65/\$75
2505.401	M	10:00-10:45am	May 4-Jun 8	\$65/\$75

# Creative Arts

## NEW! MOVEMENT BE

AGES 8-17

Students take self-expression to the next level by exploring their connection to an audience through poetic voice. Alongside our most pressing social issues, participants will build the tools they need to become powerful voices for their generation. Through interactive exercises, writing prompts, and spoken word, participants get a firsthand look at how to create astonishing performance poems. If inspired, participants will have the opportunity to perform at the last class.

**INSTRUCTOR:** Movement Be  
**LOCATION:** Old Poway Park, Great Room

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1807.400	8-12	TU	5:30-6:30pm	Mar 31-Apr 28	\$75/\$85
1807.401	13-17	TU	6:30-7:30pm	Mar 31-Apr 28	\$75/\$85

## CINEMATOGRAPHY 101

AGES 7-13

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through still-image and short scenes.

Participants create a portfolio of visual, non-narrative work by learning key cinematography concepts, such as composition, lighting, color, and tone. Discover the importance of camera angles, shot sizes, and camera movements, and learn basics of Go-Pros®, gimbals, and drones. Digital cameras and equipment provided for camp use.



**INSTRUCTOR:** Children's Film Academy, Valente Aranda: info@thechildrensfilmacademy.com

**LOCATION:** Old Poway Park, Parlour  
**NO CLASS:** Apr 23

CLASS #	DAY	TIME	DATES	R/NR FEE
1806.400	TH	5:00-6:00pm	Apr 2-May 28	\$129/\$139

# Dance

Try high-quality, fun Dance To EvOLVe classes without obligation on Mar 30 & Apr 1. Liability Waiver required. **All participants are invited to be part of the annual recital on June 6. No recital fee; only an affordable costume fee.**



## NEW! MAGICAL MUNCHKINS BALLET/HIP HOP

AGES 2-3.2

This gentle introductory combination dance class of ballet, tumbling, hip hop, and dance games is energetic, expressive, and fun! It will have your magical munchkin learning dance basics in an age-appropriate way. Adult participation is required per each child.

**INSTRUCTOR:** Dance To EvOLVe: dancetoevolve.com  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.403	M	3:15-4:00pm	Mar 30-Jun 8	\$169/\$179
1702.404	M	3:15-4:00pm	Mar 30-Apr 27	\$85/\$95
1702.405	M	3:15-4:00pm	May 4-Jun 8	\$102/\$112

## TINY MOVERS TAP/BALLET

AGES 3-4.5

A combination dance class of tap and ballet, with tumbling and dance games for kids. This energetic and expressive class will have your Tiny Mover learning basic dance and motor skills, musicality, and rhythm to reach class goals in fun, creative ways. Classes start with tap and transition into ballet each week, and are designed to be progressive. This is the first 'big girls and boys' class as parents watch from outside of the room.



**INSTRUCTOR:** Dance To EvOLVe: dancetoevolve.com  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.406	M	4:05-5:00pm	Mar 30-Jun 8	\$169/\$179
1702.407	M	4:05-5:00pm	Mar 30-Apr 27	\$85/\$95
1702.408	M	4:05-5:00pm	May 4-Jun 8	\$102/\$112

## STAR SHINERS TAP/BALLET

AGES 4.5-6

Keep your Star Shiner moving in this tap and ballet combination dance class! This class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Classes start with tap and transition into ballet each week, and are designed to be progressive.

**INSTRUCTOR:** Dance To EvOLVe: dancetoevolve.com  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.409	M	5:05-6:00pm	Mar 30-Jun 8	\$169/\$179
1702.410	M	5:05-6:00pm	Mar 30-Apr 27	\$85/\$95
1702.411	M	5:05-6:00pm	May 4-Jun 8	\$102/\$112

**NEW! PRE-TEEN BALLET/JAZZ****AGES 7-12**

A beginner/intermediate ballet and jazz dance class focusing on ballet technique through barre and center work, which is fundamental to turn, kick, and leap your way into jazz! This class begins a young dancer's training by developing grace, strength, balance, rhythm, coordination, and flexibility, while always having fun. Classes are designed to be progressive.



**INSTRUCTOR:** Dance To EVOLvE: dancetoevolve.com  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.412	M	6:05-7:00pm	Mar 30-Jun 8	\$169/\$179
1702.413	M	6:05-7:00pm	Mar 30-Apr 27	\$85/\$95
1702.414	M	6:05-7:00pm	May 4-Jun 8	\$102/\$112

**BEAT BREAKERS & HIP HOP****AGES 4-12**

These fun, high-energy classes will definitely have you movin' to the beats! Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated... these classes are great for those who want to enhance their hip hop groove. All music and moves are age appropriate.

**INSTRUCTOR:** Dance To EVOLvE: dancetoevolve.com  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
<b>BEAT BREAKERS</b>					
1702.418	4-7	W	4:00-4:55pm	Apr 1-Jun 10	\$169/\$179
1702.419	4-7	W	4:00-4:55pm	Apr 1-Apr 29	\$85/\$95
1702.420	4-7	W	4:00-4:55pm	May 6-Jun 10	\$102/\$112
<b>HIP HOP</b>					
1702.421	8-12	W	5:00-5:55pm	Apr 1-Jun 10	\$169/\$179
1702.422	8-12	W	5:00-5:55pm	Apr 1-Apr 29	\$85/\$95
1702.423	8-12	W	5:00-5:55pm	May 6-Jun 10	\$102/\$112

**CHEERLEADING, DANCE N' TUMBLE****AGES 2-10**

In this high-energy class, participants learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. A full routine to be performed at a local event.

**INSTRUCTOR:** Charlene's Dance & Cheer: charlenesdance.com  
**LOCATION:** Old Poway Park, Great Room  
**NO CLASS:** Apr 23

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.400	2-3	TH	5:30-6:00pm	Apr 2-May 28	\$80/\$90
1703.401	4-10	TH	6:00-6:50pm	Apr 2-May 28	\$89/\$99

# Health & Wellness

**PIYO LIVE****AGES 14+**

PiYo LIVE brings elements of Pilates and yoga combined with the use of your body weight to increase strength, flexibility, and range of motion. The class is a music-driven, athletic workout that is low impact, but high intensity! When you're done, you'll feel exhilarated!

**INSTRUCTOR:** Brent Garriepy  
**LOCATION:** Old Poway Park, Templars Hall  
**NO CLASS:** Apr 23

CLASS #	DAY	TIME	DATES	R/NR FEE
1603.400	TH	6:30-7:30pm	Apr 2-May 7	\$45/\$55
1603.401	TH	6:30-7:30pm	May 14-Jun 18	\$54/\$64

**POUND****AGES 13+**

Participants release their inner rockstar while engaging in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with the rhythms and motions of drumming. POUND uses slightly-weighted drumsticks to provide an effective way to work out, relieve stress, and have fun. Yoga mats are required.

**INSTRUCTOR:** : Brittanie Arnett  
**LOCATION:** Old Poway Park, Templars Hall  
**NO CLASS:** Apr 21 & 23

CLASS #	DAY	TIME	DATES	R/NR FEE
1608.400	TU	5:30-6:15pm	Mar 31-Jun 16	\$88/\$98
1608.401	TH	5:30-6:15pm	Apr 2-Jun 18	\$88/\$98

**BEGINNING GENTLE YOGA****AGES 18+**

Make yoga an integrated part of your life and watch yourself grow stronger physically, mentally, and emotionally. Enjoy yoga with creative and innovative sequencing, a spirit of playfulness, and a dose of inspiration to help you deepen your practice. Step off the mat feeling refreshed, nourished, and balanced. Bring a yoga mat, small blanket or beach towel, and water.

**INSTRUCTOR:** Yoga Rejoice, Darshan Kaur  
**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.400	W	6:00-7:30pm	Apr 1-Jun 17	\$108/\$118

**NEW! PRANAYAMA AND MEDITATION YOGA****AGES 18+**

Make Pranayama and Meditation an integral part of your life and watch yourself turning calm, tranquil, and peaceful. Pranayama and Meditation practices, if done regularly, can improve one's mood and aid in decision-making, reasoning, and self-control. Regular Pranayama and Meditation practice also helps relaxation, leading to a deeper awareness.

**INSTRUCTOR:** Yoga Rejoice, Darshan Kaur  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1600.401	TU	6:30-7:30pm	Mar 31-Jun 16	\$108/\$118

# Sports

## SOCCER SHOTS MINIS

AGES 2-3

This high-energy program introduces children to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive an Adidas Soccer Shots jersey for their participation!

**INSTRUCTOR:** Soccer Shots  
**LOCATION:** **WEDNESDAY:** Valle Verde Park, Soccer Field  
**SATURDAY:** Community Park, Open Play Area  
**NO CLASS:** Apr 11 & 15

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.400	W	4:00-4:30pm	Apr 1-Jun 10	\$150/\$160*
2010.401	SA	9:00-9:30am	Apr 4-Jun 13	\$150/\$160*

\*\$30 materials fee due on the first day of class

## SOCCER SHOTS CLASSIC

AGES 3-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive an Adidas Soccer Shots jersey!

**INSTRUCTOR:** Soccer Shots  
**LOCATION:** **WEDNESDAY:** Valle Verde Park, Soccer Field  
**SATURDAY:** Community Park, Open Play Area  
**NO CLASS:** Apr 11 & 15

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.402	W	4:35-5:20pm	Apr 1-Jun 10	\$150/\$160*
2010.403	SA	9:35-10:20am	Apr 4-Jun 13	\$150/\$160*
2010.404	SA	10:30-11:15am	Apr 4-Jun 13	\$150/\$160*

\*\$30 materials fee due on the first day of class

## NEW! GYMNASTICS: CRAWLING TO WALKING

CRAWLING TO 1.5



This class is designed for participants and an adult to enjoy quality time while introducing fun and developmentally-stimulating activities. Participants learn locomotor skills such as rolling, hand-eye coordination, social skills, and more! We use movement concepts such as over and under, going in and out of tunnels, log rolling, and more! Wear comfortable clothes with no snaps, zippers, or buttons. Adult participation is required per each child.

**INSTRUCTOR:** Poway Gymnastics  
**LOCATION:** Poway Gymnastics: 12850 Brookprinter Place  
**NO CLASS:** May 21

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.400	TH	11:15-11:45am	Apr 9-Jun 18	\$10/\$20

## GYMNASTICS: MOM & TOT

AGES WALKING-3.5

This class is designed for toddlers and an adult to participate together in basic gymnastics while interacting with others. Participants develop their basic motor skills, confidence, balance, coordination, and social interaction in a fun-filled, positive atmosphere. Wear comfortable clothes or a leotard with no snaps, zippers, or buttons. Participants should be walking independently. Adult participation is required per each child.

**INSTRUCTOR:** Poway Gymnastics  
**LOCATION:** Poway Gymnastics: 12850 Brookprinter Place  
**NO CLASS:** May 21 & 23

CLASS #	DAY	TIME	DATES	R/NR FEE
2013.401	TH	10:45-11:15am	Apr 9-Jun 18	\$180/\$190*
2013.402	SA	8:30-9:00am	Apr 11-Jun 20	\$180/\$190*

\*\$10 materials fee due on the first day of class



## MINI-HAWK MULTI-SPORT

AGES 2-6

Introduce your little superstar to sports in our most popular program! This soccer and basketball class uses age-appropriate games and activities to explore balance, hand/eye coordination, and skill development. Adult participation is required per each child for class 2014.400.

**INSTRUCTOR:** Skyhawks Sports Academy  
**LOCATION:** Community Park, Open Play Area

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2014.400	2-3.5	TU	4:00-4:40pm	Mar 31-May 5	\$115/\$125
2014.401	3.5-6	TU	4:50-5:30pm	Mar 31-May 5	\$115/\$125

## SKYHAWKS HOOPSTERTOTS

AGES 3.5-6

Learning basketball has never been more fun! These classes focus on dribbling, shot technique, passing, and teamwork. Adjustable hoops and appropriately-sized basketballs are used to provide just the right amount of challenge.

**INSTRUCTOR:** Skyhawks Sports Academy  
**LOCATION:** Community Park, Basketball Court

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2014.402	3.5-4.5	TH	4:00-4:40pm	Apr 2-May 7	\$115/\$125
2014.403	4.5-6	TH	4:50-5:30pm	Apr 2-May 7	\$115/\$125

**SKYHAWKS BASKETBALL** AGES 7-10

This fun, skill-intensive program is designed for beginning to intermediate players. An active class of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff also focuses on respect, teamwork, and responsibility.

**INSTRUCTOR:** Skyhawks Sports Academy  
**LOCATION:** Community Park, Basketball Court

CLASS #	DAY	TIME	DATES	R/NR FEE
2014.404	TH	5:45-6:45pm	Apr 2-May 7	\$125/\$135

**SKATEBOARDING: BEGINNER** AGES 6-13

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelife  
 Andrew Barbosa: Andrew@sdskatelife.com  
**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.400	W	5:00-6:00pm	Apr 1-May 6	\$90/\$100
2004.401	W	5:00-6:00pm	May 13-Jun 17	\$90/\$100

**SKATEBOARDING: INTERMEDIATE/ADVANCED** AGES 6-13

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience OR have participated in the Skateboarding: Beginner class before enrolling. All participants MUST have a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelife  
 Andrew Barbosa: Andrew@sdskatelife.com  
**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.402	W	4:00-5:00pm	Apr 1-May 6	\$90/\$100
2004.403	W	4:00-5:00pm	May 13-Jun 17	\$90/\$100

**YOUTH VOLLEYBALL** AGES 9-14

Looking for a fun sport? Come and play volleyball on Monday nights! Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

**INSTRUCTOR:** David Claycomb  
**LOCATION:** Meadowbrook Gymnasium  
**NO CLASS:** Apr 6 & 13, & May 25

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.400	9-12	M	5:30-6:30pm	Mar 30-Jun 1	\$57/\$67
2002.401	12-14	M	6:30-7:30pm	Mar 30-Jun 1	\$57/\$67

**ADULT VOLLEYBALL** AGES 16+

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. Intermediate and Women's: past volleyball experience is strongly recommended. Advanced: past league experience is required.

**INSTRUCTOR:** Dick Leatherman  
**LOCATION:** Twin Peaks Multipurpose Center  
**NO CLASS:** May 25

**Coed Intermediate**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.400	Men's	TH	6:30-9:30pm	Apr 9-Jun 4	\$70/\$80
2005.401	Women's	TH	6:30-9:30pm	Apr 9-Jun 4	\$70/\$80

**Coed Advanced**

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.402	Men's	TU	6:30-9:30pm	Apr 7-Jun 2	\$70/\$80
2005.403	Women's	TU	6:30-9:30pm	Apr 7-Jun 2	\$70/\$80

**Women's**

CLASS #	DAY	TIME	DATES	R/NR FEE
2005.404	M	6:30-9:30pm	Mar 30-Jun 1	\$70/\$80

**TAEKWONDO & KARATE** AGES 5+



You'll learn Taekwondo kicks, blocks, and punches while incorporating Hapkido (joint locking techniques). A white Taekwondo uniform is required and may be purchased from the instructor for \$20. Attend the first day of class for free! Liability waiver required.



**INSTRUCTOR:** Grandmaster Wolpert: (858) 748-1333  
**LOCATION:** Meadowbrook Gymnasium  
**NO CLASS:** Apr 29, May 6 & 13, & Jun 5 & 9  
**BELT TESTING:** Jun 12 - participants will be notified if attendance is required.

**Youth/Teen Taekwondo & Karate**

This program is designed to help participants develop respect, self-control, and discipline while building confidence through self-defense skills.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.400	5-8	TU/W/F	5:15-6:15pm	Mar 31-Jun 19	\$99/\$109
2001.401	9-15	TU/W/F	6:15-7:15pm	Mar 31-Jun 19	\$99/\$109

**Adult Taekwondo & Karate**

This is a complete martial arts program designed to help men and women of all ages develop strength, speed, coordination, endurance, and confidence

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.402	16+	TU/W	6:15-7:15pm	Mar 31-Jun 19	\$99/\$109
		F	6:15-7:45pm		

## TENNIS

AGES 6-15

Come learn tennis from beginner to advanced! In the Beginner class, start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve. Next, move on to court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes in the Intermediate class. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.



**INSTRUCTOR:** Art Christophiades

**LOCATION:** Community Park, Tennis Courts

**NO CLASS:** May 25

### Beginner

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.400	8-14	TU/TH	4:00-5:00pm	Mar 31-Apr 30	\$70/80*
2000.401	6-8	SA	9:00-10:00am	Apr 4-May 2	\$35/\$45*
2000.402	8-14	SA	10:00-11:00am	Apr 4-May 2	\$35/\$45*
2000.403	8-14	TU/TH	4:00-5:00pm	May 12-Jun 11	\$70/80*
2000.404	6-8	SA	9:00-10:00am	May 16-Jun 13	\$35/\$45*
2000.405	8-14	SA	10:00-11:00am	May 16-Jun 13	\$35/\$45*

### Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.406	8-14	TU/TH	5:00-6:00pm	Mar 31-Apr 30	\$70/80*
2000.407	8-14	SA	11:00am-12:00pm	Apr 4-May 2	\$35/\$45*
2000.408	8-14	TU/TH	5:00-6:00pm	May 12-Jun 11	\$70/80*
2000.409	8-14	SA	11:00am-12:00pm	May 16-Jun 13	\$35/\$45*

### Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.410	9-15	M/W	4:00-5:30pm	Mar 30-Apr 29	\$90/\$100*
2000.411	9-15	M/W	4:00-5:30pm	May 11-Jun 15	\$90/\$100*

\*\$5 materials fee due on the first day of class

## LEARN TO ICE SKATE

AGES 3-16

Our fun, introductory classes teach basic skating skills such as: how to properly fall down and get up, forward and backward skating, and stopping. Whether your desire is to master basic skating skills, play ice hockey, or figure skate, this class is the first step! Skate rental is included, and skaters can practice at our public session on the day of their class.

**INSTRUCTOR:** The Rinks - Poway ICE

**LOCATION:** The Rinks - Poway ICE : 12455 Kerran Street #100

### Tiny Tots

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.400	3-5	W	5:25-5:55pm	Apr 29-May 20	\$60/\$70

### Youth

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2012.401	6-16	W	5:25-5:55pm	Apr 29-May 20	\$60/\$70

# Open Play Sports

## OPEN PLAY SPORTS

ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the spring months, free open gym times are as follows:

### Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Pickleball	SA	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

### Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU/W	7:30-9:00pm
Open Basketball	TH	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at [poway.org/gyms](http://poway.org/gyms).

# Safety Training

## NEW! CHILD & BABYSITTING SAFETY

AGES 10-17



This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities! Topics include: playtime safety, infant and

child feeding, recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Heart Safety Institute and a Pediatric CPR participant card.

**INSTRUCTOR:** Lockhart Training

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.400	SA	9:30am-1:30pm	Apr 18	\$59/\$69*

\*\$10 materials fee due on the first day of class



## Special Needs

### BOWLING

AGES 13+

This class provides unlimited fun for everyone! Awards and a party conclude the last class. If your participant needs one-to-one attention, has behavioral issues or special needs, please provide a description to the instructor. Depending on the circumstances, an aide may be required. All participants must be picked up by 3:30pm.

**INSTRUCTOR:** Sarah Gana-D'Agostino

**LOCATION:** Poway Fun Bowl: 12941 Poway Road

CLASS #	DAY	TIME	DATES	R/NR FEE
2200.400	F	1:30-3:30pm	Apr 10-Jun 19	\$40/\$50*

\*An \$8 class fee is collected at the bowling alley each week

### NEW! ARTS & CRAFTS

AGES 18+

Have you been wanting to express your creative side lately? Come join us for an arts and crafts extravaganza! Let your artistic mind loose on a different project every week. You can make something to brighten up your house, or even give a loved one something special. All participants must be picked up by 6:15pm.



**INSTRUCTOR:** Villa de Vida, Inc.

**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.400	W	5:15-6:15pm	Apr 1-Jun 3	\$40/\$50*

\*\$15 materials fee due on the first day of class

### NEW! EMPLOYMENT PREPAREDNESS

AGES 18+

Looking for that perfect job? Join us for this 10-week series as we: write a resume, search for potential work sites, participate in practice interviews, discuss professional interview attire, and follow-up with employers after the interview. Once your paychecks start coming in, learn how to budget and achieve your financial goals. All participants must be picked up by 6:15pm.

**INSTRUCTOR:** Villa de Vida, Inc.

**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.401	TU	5:15-6:15pm	Mar 31-Jun 2	\$40/\$50

## Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all participants 16 and younger. No metal choke chains or pinch collars; they are not needed!

### TRAINING CLASSES

DOGS 12 WEEKS+

Training classes are the best thing you can do for you and your dog! Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called. Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

**INSTRUCTOR:** Good Dog Training School, Lynne Moore

**LOCATION:** **TUESDAY:** Old Poway Park, Gazebo

**WEDNESDAY:** Community Park, Dog Pen 2

**SATURDAY:** Garden Road Park, Open Area

### Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.400	TU	6:30-7:30pm	Mar 31-May 5	\$95/\$105*
2300.401	SA	9:30-10:30am	Apr 4-May 9	\$95/\$105*
2300.402	TU	6:30-7:30pm	May 12-Jun 16	\$95/\$105*
2300.403	SA	9:30-10:30am	May 16-Jun 20	\$95/\$105*

\*\$25 material fees due on the first day of class

### Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.404	SA	10:45-11:45am	Apr 4-May 9	\$95/\$105
2300.405	SA	10:45-11:45am	May 16-Jun 20	\$95/\$105

### Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.406	W	6:30-7:30pm	Apr 1-May 6	\$95/\$105
2300.407	W	6:30-7:30pm	May 13-Jun 17	\$95/\$105



# Swim Classes

## Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4680 prior to the start of the class to ensure that you are not dropped.

## Waitlists

Can't find space in the class you're looking for? Contact us: (858) 668-4680 or e-mail: swimwaitlist@poway.org to be placed on a waitlist at no charge. Please include: participant's name, age, class activity number, and phone number. We will contact you if space becomes available.

## Swim Lesson Assessments

If you are unsure which level to enroll in, make an appointment for a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

**INFORMATION:** (858) 668-4680



## PARENT & CHILD

## AGES 6-23 MONTHS

Introduces your child to the water and basic water skills. Parents **must** accompany their children in the water. Does not teach children to be accomplished swimmers or survival skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0010.420	TU/TH	4:20-4:50pm	Apr 14-Apr 30	\$45/\$67
<b>Session 2</b>				
0010.440	TU/TH	5:10-5:40pm	May 12-May 28	\$45/\$67

## PRE-GRUNION

## AGE 2

Designed for young children who are ready to begin learning basic swimming skills, but not ready to participate without their parents. Skills introduced are water entry, breath control, floats, and beginning swim strokes. Parents **must** accompany their children in the water.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0020.410	M/W	5:10-5:50pm	Apr 13-May 6	\$60/\$90
<b>Session 2</b>				
0020.430	M/W	5:10-5:50pm	May 11-Jun 3*	\$52/\$78



## GRUNION 1

## AGES 3-4

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0101.410	M/W	3:30-4:10pm	Apr 13-May 6	\$60/\$90
0101.411	M/W	4:20-5:00pm	Apr 13-May 6	\$60/\$90
0101.420	TU/TH	3:30-4:10pm	Apr 14-May 7	\$60/\$90
0101.421	TU/TH	5:10-5:50pm	Apr 14-May 7	\$60/\$90

## Session 2

0101.430	M/W	3:30-4:10pm	May 11-Jun 3*	\$52/\$78
0101.431	M/W	4:20-5:00pm	May 11-Jun 3*	\$52/\$78
0101.440	TU/TH	3:30-4:10pm	May 12-Jun 4	\$60/\$90
0101.441	TU/TH	4:20-5:00pm	May 12-Jun 4	\$60/\$90

## GRUNION 2

## AGES 3-5

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0102.410	M/W	3:30-4:10pm	Apr 13-May 6	\$60/\$90
0102.411	M/W	5:10-5:50pm	Apr 13-May 6	\$60/\$90
0102.412	M/W	6:00-6:40pm	Apr 13-May 6	\$60/\$90
0102.420	TU/TH	3:30-4:10pm	Apr 14-May 7	\$60/\$90
0102.421	TU/TH	4:20-5:00pm	Apr 14-May 7	\$60/\$90
0102.422	TU/TH	5:10-5:50pm	Apr 14-May 7	\$60/\$90

## Session 2

0102.430	M/W	3:30-4:10pm	May 11-Jun 3*	\$52/\$78
0102.431	M/W	5:10-5:50pm	May 11-Jun 3*	\$52/\$78
0102.440	TU/TH	3:30-4:10pm	May 12-Jun 4	\$60/\$90
0102.441	TU/TH	4:20-5:00pm	May 12-Jun 4	\$60/\$90
0102.442	TU/TH	5:10-5:50pm	May 12-Jun 4	\$60/\$90

\*PLEASE NOTE: There will be no classes on May 25.

**GRUNION 3****AGES 3-5**

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0103.410	M/W	3:30-4:10pm	Apr 13-May 6	\$60/\$90
0103.411	M/W	5:10-5:50pm	Apr 13-May 6	\$60/\$90
0103.420	TU/TH	6:00-6:40pm	Apr 14-May 7	\$60/\$90
<b>Session 2</b>				
0103.430	M/W	3:30-4:10pm	May 11-Jun 3*	\$52/\$78
0103.431	M/W	6:00-6:40pm	May 11-Jun 3*	\$52/\$78
0103.440	TU/TH	4:20-5:00pm	May 12-Jun 4	\$60/\$90

**OTTER PUP****AGES 3-5**

This class is for swimmers that are ready to move on but are not old enough for the Otter level. Focuses on improving technique, increased endurance of front and back crawl, and side breathing. Students must be proficient in all Grunion 3 skills to enroll.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0104.420	TU/TH	4:20-5:00pm	Apr 14-May 7	\$60/\$90
<b>Session 2</b>				
0104.430	M/W	5:10-5:50pm	May 11-Jun 3*	\$52/\$78

**STARFISH****AGES 6-12**

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0201.410	M/W	4:20-5:00pm	Apr 13-May 6	\$60/\$90
0201.411	M/W	6:00-6:40pm	Apr 13-May 6	\$60/\$90
0201.420	TU/TH	3:30-4:10pm	Apr 14-May 7	\$60/\$90
0201.421	TU/TH	5:10-5:50pm	Apr 14-May 7	\$60/\$90
<b>Session 2</b>				
0201.430	M/W	4:20-5:00pm	May 11-Jun 3*	\$52/\$78
0201.431	M/W	5:10-5:50pm	May 11-Jun 3*	\$52/\$78
0201.440	TU/TH	4:20-5:00pm	May 12-Jun 4	\$60/\$90
0201.441	TU/TH	6:00-6:40pm	May 12-Jun 4	\$60/\$90

\*PLEASE NOTE: There will be no classes on May 25.

**SEAHORSE****AGES 6-12**

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0202.410	M/W	4:20-5:00pm	Apr 13-May 6	\$60/\$90
0202.411	M/W	6:00-6:40pm	Apr 13-May 6	\$60/\$90
0202.420	TU/TH	4:20-5:00pm	Apr 14-May 7	\$60/\$90
0202.421	TU/TH	6:00-6:40pm	Apr 14-May 7	\$60/\$90
<b>Session 2</b>				
0202.430	M/W	4:20-5:00pm	May 11-Jun 3*	\$52/\$78
0202.431	M/W	6:00-6:40pm	May 11-Jun 3*	\$52/\$78
0202.440	TU/TH	3:30-4:10pm	May 12-Jun 4	\$60/\$90
0202.441	TU/TH	6:00-6:40pm	May 12-Jun 4	\$60/\$90

**OTTER****AGES 6-14**

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, passing the Swim Test, and introduces the deep end.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0203.410	M/W	4:20-5:00pm	Apr 13-May 6	\$60/\$90
0203.411	M/W	6:00-6:40pm	Apr 13-May 6	\$60/\$90
0203.420	TU/TH	5:10-5:50pm	Apr 14-May 7	\$60/\$90
0203.421	TU/TH	6:00-6:40pm	Apr 14-May 7	\$60/\$90
<b>Session 2</b>				
0203.430	M/W	4:20-5:00pm	May 11-Jun 3*	\$52/\$78
0203.431	M/W	6:00-6:40pm	May 11-Jun 3*	\$52/\$78
0203.440	TU/TH	5:10-5:50pm	May 12-Jun 4	\$60/\$90
0203.441	TU/TH	6:00-6:40pm	May 12-Jun 4	\$60/\$90

**SEAL****AGES 6-15**

Takes place in 11-12 feet of water. Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, diving from the side of the pool, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0204.410	M/W	5:10-5:50pm	Apr 13-May 6	\$60/\$90
0204.420	TU/TH	6:00-6:40pm	Apr 14-May 7	\$60/\$90
<b>Session 2</b>				
0204.430	M/W	6:00-6:40pm	May 11-Jun 3*	\$52/\$78
0204.440	TU/TH	5:10-5:50pm	May 12-Jun 4	\$60/\$90





**STINGRAY AGES 6-15**

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke in 11-12 feet of water. Introduced skills are breaststroke, sidestroke, and diving.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0205.410	M/W	6:50-7:30pm	Apr 13-May 6	\$60/\$90
0205.420	TU/TH	6:50-7:30pm	Apr 14-May 7	\$60/\$90

**Session 2**

0205.430	M/W	6:50-7:30pm	May 11-Jun 3*	\$52/\$78
0205.440	TU/TH	6:00-6:40pm	May 12-Jun 4	\$60/\$90

**DOLPHIN AGES 6-15**

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0206.420	TU/TH	6:50-7:30pm	Apr 14-May 7	\$60/\$90
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**Session 2**

0206.440	TU/TH	6:50-7:30pm	May 12-Jun 4	\$60/\$90
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**SWORDFISH AGES 6-15**

Develop skill proficiency and continue to progress towards swimming greater distances in all strokes. Participants are expected to swim at least 50 yards without stopping prior to taking this class.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 2**

0207.430	M/W	6:50-7:30pm	May 11-Jun 3*	\$52/\$78
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**ADULT BEGINNER AGES 16+**

It's never too late to learn to swim! For adults who desire to become confident in the water and learn basic swimming skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0301.410	M/W	6:50-7:30pm	Apr 13-May 6	\$60/\$90
0301.420	TU/TH	6:50-7:30pm	Apr 14-May 7	\$60/\$90

**Session 2**

0301.430	M/W	6:50-7:30pm	May 11-Jun 3*	\$52/\$78
0301.440	TU/TH	6:50-7:30pm	May 12-Jun 4	\$60/\$90

\*PLEASE NOTE: There will be no classes on May 25.

**ADULT INTERMEDIATE AGES 16+**

For adults who are comfortable in the water and have basic swimming skills. Focuses on increased endurance, stroke refinement, and improvement.

CLASS #	DAY	TIME	DATES	R/NR FEE
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**Session 1**

0302.410	M/W	6:50-7:30pm	Apr 13-May 6	\$60/\$90
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**Session 2**

0302.440	TU/TH	6:50-7:30pm	May 12-Jun 4	\$60/\$90
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**PRIVATE LESSONS ALL AGES**

Private lessons are tailored to the individual's ability and desired skills. Must register for a minimum of four classes. Lessons are 30 minutes each. Registration takes place in person at the Swim Center and is available on a first-come, first-served basis starting on March 3. Children under age of three may be required to have an adult in the water.

**INFORMATION:** (858) 668-4680

DAY	R/NR FEE
M-SA	\$30/\$42 per lesson

**RED CROSS LIFEGUARD AGES 15+**

Lifeguard training course teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED/Title 22/Oxygen.



Learning occurs in and outside of class. 100% attendance and participation is required. There is a water skills test on the first day of class that must be passed in order to take the class. Class fee includes materials, book, and a resuscitation mask.

**PREREQUISITE:** Must be 15 years of age by the first day of class.

**INFORMATION:** poway.org/515/Lifeguard-Training or (858) 668-4683

CLASS #	DAY	TIME	DATES	FEE
0700.402	TU	5:00-8:00pm Pretest	Apr 7	\$170*
	M-F	8:00am-5:00pm	Apr 13-Apr 17	
0700.403	M	5:00-8:00pm Pretest	Apr 20	\$170*
	SA	8:00am-5:00pm	Apr 25, May 2	
	M/W	5:00-8:00pm	Apr 27, 29, May 4, 6	

\*There is a \$41 fee students pay directly to the American Red Cross.

Course reimbursement opportunity! The price of the Red Cross Lifeguard course will be refunded if hired as a Lifeguard by the City of Poway. Refunds will be given upon completion of 80 service hours.



# SUMMER CAMP PREVIEW

## Early Summer Camp Registration: April 7 at 7:30am

All camp participants should wear closed-toe shoes and bring water, a snack or lunch, and plenty of sunscreen (for outdoor camps).

### LAKE POWAY DAY CAMP AGES 6-12

Join us at Lake Poway Day Camp for a week of exciting fun! Each week, campers will have the opportunity to boat, fish, hike, create arts and crafts, play games, attend a variety of exciting field trips, and explore the great outdoors! During our adventure, campers will make new friends and create memories to last a lifetime. Extended care is available from 4:00-5:30pm, free of charge.

**INFORMATION:** [poway.org/daycamp](http://poway.org/daycamp) or (858) 668-4776

CLASS #	DAY	TIME	DATES	R/NR FEE
2934.100	M-F	8:00am-4:00pm	Jun 15-Jun 19	\$145/\$165
2934.101	M-F	8:00am-4:00pm	Jun 22-Jun 26	\$145/\$165
2934.102	M-F	8:00am-4:00pm	Jun 29-Jul 3	\$145/\$165
2934.103	M-F	8:00am-4:00pm	Jul 6-Jul 10	\$145/\$165
2934.104	M-F	8:00am-4:00pm	Jul 13-Jul 17	\$145/\$165
2934.105	M-F	8:00am-4:00pm	Jul 20-Jul 24	\$145/\$165
2934.106	M-F	8:00am-4:00pm	Jul 27-Jul 31	\$145/\$165
2934.107	M-F	8:00am-4:00pm	Aug 3-Aug 7	\$145/\$165
2934.108	M-F	8:00am-4:00pm	Aug 10-Aug 14	\$145/\$165

### LAKE POWAY DAY CAMP CIT

AGES 13-17

Calling all teens! Get ready to have a blast this summer with the Lake Poway Day Camp Counselor in Training (CIT) program! Each week, CIT's will lead campers in boating, fishing, hiking, games, attend exciting field trips, and more! This unique program provides CIT's the opportunity to build relationships and improve leadership and communication skills all while enjoying the adventure of camp! Extended care is available from 4:00-5:30pm, free of charge.

**INFORMATION:** [poway.org/daycamp](http://poway.org/daycamp) or (858) 668-4776

CLASS #	DAY	TIME	DATES	R/NR FEE
2935.100	M-F	8:00am-4:00pm	Jun 15-Jun 19	\$92/112
2935.101	M-F	8:00am-4:00pm	Jun 22-Jun 26	\$92/112
2935.102	M-F	8:00am-4:00pm	Jun 29-Jul 3	\$92/112
2935.103	M-F	8:00am-4:00pm	Jul 6-Jul 10	\$92/112
2935.104	M-F	8:00am-4:00pm	Jul 13-Jul 17	\$92/112
2935.105	M-F	8:00am-4:00pm	Jul 20-Jul 24	\$92/112
2935.106	M-F	8:00am-4:00pm	Jul 27-Jul 31	\$92/112
2935.107	M-F	8:00am-4:00pm	Aug 3-Aug 7	\$92/112
2935.108	M-F	8:00am-4:00pm	Aug 10-Aug 14	\$92/112



# Sports Camps

## INTRODUCTION TO FENCING

AGES 6-14

*En Garde!* Ready? Fence! Team Touche's fencing camp is a week of fun and engaging lessons in fencing that are sure to strengthen muscle and develop speed as participants learn to swing, carve, and strike with child-friendly fencing equipment. Equipment provided for camp use.

**INSTRUCTOR:** Team Touche

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6006.100	M-F	1:00-4:00pm	Jun 22-Jun 26	\$195/\$205
6006.101	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$195/\$205



## SOCCER SHOTS

AGES 3-8

Soccer Shots is all about getting young athletes excited about taking risks and creating confidence with the ball. Our professionally-trained, child-development experts teach Soccer Shots character traits, as well as soccer skills. Our goal is to have participants succeed on the soccer field and beyond the game!

**INSTRUCTOR:** Soccer Shots

**LOCATION:** Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6010.100	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$150/\$160*
6010.101	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$150/\$160*
6010.102	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$150/\$160*

\*\$25 materials fee due on the first day of class

## NEW! SKYHAWKS: VOLLEYBALL

AGES 7-12

Skyhawks takes the energy and excitement of volleyball and puts it together into one, fun-filled camp. Skills are taught through drills and exercises that focus on passing, setting, hitting, and serving. Instructors will assist each athlete in developing their volleyball skills through game-based drills and daily scrimmages aimed at developing the whole player. Participants receive a t-shirt and player evaluation.

**INSTRUCTOR:** Skyhawks Sports Academy

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6014.100	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$169/\$179

## NEW! SKYHAWKS: MINI-HAWK MULTI-SPORT AGES 4-6

This multi-sport program gives participants a positive first step into athletics. Baseball, basketball, and soccer are taught in a safe, structured environment filled with encouragement and fun. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. Participants receive a t-shirt and merit award.



**INSTRUCTOR:** Skyhawks Sports Academy

**LOCATION:** Community Park, Open Play Area

CLASS #	DAY	TIME	DATES	R/NR FEE
6014.101	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$169/\$179

## ARCHERY

AGES 7-17

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

**INSTRUCTOR:** Rick Harper

**LOCATION:** Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.100	M-F	8:00-9:30am	Jun 15-Jun 19	\$75/\$85*
6011.101	M-F	10:00-11:30am	Jun 15-Jun 19	\$75/\$85*
6011.102	M-F	8:00-9:30am	Jun 22-Jun 26	\$75/\$85*
6011.103	M-F	10:00-11:30am	Jun 22-Jun 26	\$75/\$85*
6011.104	M-F	8:00-9:30am	Jul 6-Jul 10	\$75/\$85*
6011.105	M-F	10:00-11:30am	Jul 6-Jul 10	\$75/\$85*
6011.106	M-F	8:00-9:30am	Jul 13-Jul 17	\$75/\$85*
6011.107	M-F	10:00-11:30am	Jul 13-Jul 17	\$75/\$85*
6011.108	M-F	8:00-9:30am	Jul 20-Jul 24	\$75/\$85*
6011.109	M-F	10:00-11:30am	Jul 20-Jul 24	\$75/\$85*
6011.110	M-F	8:00-9:30am	Jul 27-Jul 31	\$75/\$85*
6011.111	M-F	10:00-11:30am	Jul 27-Jul 31	\$75/\$85*
6011.112	M-F	8:00-9:30am	Aug 3-Aug 7	\$75/\$85*
6011.113	M-F	10:00-11:30am	Aug 3-Aug 7	\$75/\$85*
6011.114	M-F	8:00-9:30am	Aug 10-Aug 14	\$75/\$85*
6011.115	M-F	10:00-11:30am	Aug 10-Aug 14	\$75/\$85*

\*\$15 materials fee due on the first day of class



**SKATEBOARDING & SWIM**

**AGES 5-13**



Skateboarders of all levels are invited to come build their ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! Participants will receive an SD Skatelite sticker pack. All participants MUST have a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

**INSTRUCTOR:** SD Skatelite  
Andrew Barbosa: Andrew@sdskatelite.com  
**LOCATION:** Community Park, Skate Park

**Half Day: Skateboarding**

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.100	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$165/\$175
6004.101	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$165/\$175
6004.102	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$165/\$175
6004.103	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$165/\$175
6004.104	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$165/\$175

**Full Day: Skateboarding & Free Swim**

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.105	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$240/\$250*
6004.106	M-F	9:00am-3:00pm	Jun 29-Jul 3	\$240/\$250*
6004.107	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$240/\$250*
6004.108	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$240/\$250*
6004.109	M-F	9:00am-3:00pm	Aug 10-Aug 14	\$240/\$250*

\*\$15 materials fee due on the first day of class

**SWIM & TENNIS**

**AGES 8-15**

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool!

**INSTRUCTOR:** Art Christophiades  
**LOCATION:** Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.100	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$150/\$160*
6000.101	M-F	9:00am-3:00pm	Jun 22-Jun 26	\$150/\$160*
6000.102	M-F	9:00am-3:00pm	Jun 29-Jul 3	\$150/\$160*
6000.103	M-F	9:00am-3:00pm	Jul 6-Jul 10	\$150/\$160*
6000.104	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$150/\$160*
6000.105	M-F	9:00am-3:00pm	Jul 20-Jul 24	\$150/\$160*
6000.106	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$150/\$160*
6000.107	M-F	9:00am-3:00pm	Aug 3-Aug 7	\$150/\$160*
6000.108	M-F	9:00am-3:00pm	Aug 10-Aug 14	\$150/\$160*

\*\$20 materials fee due on the first day of class



**GWYNN BASEBALL:  
YOUTH BASEBALL CAMP**

**AGES 7-14**

Gwynn Baseball provides a safe, healthy, learning environment for athletes to develop their athletic skills. Participants watch demonstrations by professional staff and partake in drills covering hitting, infield and outfield play, base running, and pitching. Staff are dedicated to providing a fun and stimulating experience that will be remembered for years!

**INSTRUCTOR:** Gwynn Baseball Staff  
**LOCATION:** Community Park, Ball Field East & West

**Full Week:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.100	M-F	8:00am-2:00pm	Jun 22-Jun 27	\$300/\$310
	SA	10:00am-3:00pm		

**Half Week:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.101	W/F	8:00am-2:00pm	Jun 24, 26, 27	\$225/\$235
	SA	10:00am-3:00pm		

**One Day:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.102	SA	10:00am-3:00pm	Jun 27	\$75/\$85

**MASTER SPORTS: ADVENTURE LASERTAG**

**AGES 8-13**

Can you make it through basic training, conquer the obstacle course, and tackle rope swings? Participants learn to work as a team to prepare for new missions: protecting home base, capturing the enemy tank, and rescuing captured teammates! An advanced G14 laser tag system and a playing field that resembles a Hollywood set make this a one-of-a-kind camp experience!

**INSTRUCTOR:** Master Sports  
**LOCATION:** Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.100	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$225/\$235

**MASTER SPORTS: XTREME INDOOR GAMES AGES 6-12**

This camp features our most popular game ever invented: Xtreme Dodgeball! Campers will also enjoy classic indoor game favorites like capture the flag, line tag, ultimate football, indoor soccer, kick ball, home run derby and much more! Prepare yourself for an action-packed day of indoor games!

**INSTRUCTOR:** Master Sports

**LOCATION:** Twin Peaks Multipurpose Center

**Half Day:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.101	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$160/\$170
6008.102	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$160/\$170

**Full Day:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.103	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$190/\$200
6008.104	M-F	9:00am-3:00pm	Jul 6-Jul 10	\$190/\$200



**NEW! GYMNASTICS AGES 5+**

This camp combines gymnastics, games, arts and crafts, and group activities that will delight, excite, and motivate your gymnast all summer long! In addition to outstanding basic gymnastics training, participants learn new skills, jump on the trampoline, swing on the bars, balance on the beam, and conquer our G2N Ninja obstacle course and GIANT Warp Wall, all while making new friends! Wear comfortable clothes or a leotard with no snaps, zippers, or buttons.

**INSTRUCTOR:** Poway Gymnastics

**LOCATION:** Poway Gymnastics: 12850 Brookprinter Place

**Half Day:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6013.100	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$200/\$210
6013.101	M-F	12:30-3:30pm	Jun 22-Jun 26	\$200/\$210
6013.102	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$200/\$210
6013.103	M-F	12:30-3:30pm	Jun 29-Jul 3	\$200/\$210
6013.104	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$200/\$210
6013.105	M-F	12:30-3:30pm	Jul 6-Jul 10	\$200/\$210
6013.106	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$200/\$210
6013.107	M-F	12:30-3:30pm	Jul 13-Jul 17	\$200/\$210
6013.108	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$200/\$210
6013.109	M-F	12:30-3:30pm	Jul 20-Jul 24	\$200/\$210
6013.110	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$200/\$210
6013.111	M-F	12:30-3:30pm	Jul 27-Jul 31	\$200/\$210

**Full Day:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6013.112	M-F	9:00am-3:30pm	Jun 22-Jun 26	\$350/\$360
6013.113	M-F	9:00am-3:30pm	Jun 29-Jul 3	\$350/\$360
6013.114	M-F	9:00am-3:30pm	Jul 6-Jul 10	\$350/\$360
6013.115	M-F	9:00am-3:30pm	Jul 13-Jul 17	\$350/\$360
6013.116	M-F	9:00am-3:30pm	Jul 20-Jul 24	\$350/\$360
6013.117	M-F	9:00am-3:30pm	Jul 27-Jul 31	\$350/\$360



**MASTER SPORTS: SKILL BUILDER BASKETBALL AGES 6-13**

Build your physical and mental skills with this awesome camp that focuses on basketball essentials, giving every player the tools they need to succeed. This camp is filled with fun drills and games to improve your game. Incorporated into the curriculum is the Fitlight Trainer, to train your brain and your game! Participants are divided into groups by skill and age to maximize their workouts and scrimmages. All participants receive a dri-fit, basketball performance shirt.

**INSTRUCTOR:** Master Sports

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.105	M-F	9:00am-3:00pm	Jun 22-Jun 26	\$190/\$200
6008.106	M-F	9:00am-3:00pm	Aug 3-Aug 7	\$190/\$200

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.107	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$190/\$200

# Creative Arts Camps



## BEST OF BROADWAY & DISNEY AGES 6-12

Let's perform songs and scenes from your favorite shows! Develop skills in both acting and improv, take a fantastic dance class, and dive into vocal technique. We'll create a script together using our favorite musical theater songs and perform our show on the last day of camp! All participants receive show scripts and CDs.

**INSTRUCTOR:** Catherine Colby  
**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.100	M-F	9:00am-2:00pm	Jun 29-Jul 3	\$199/\$209*
5803.101	M-F	9:00am-2:00pm	Jul 27-Jul 31	\$199/\$209*

\*\$20 materials fee due on the first day of class

## NEW! MOVEMENT BE AGES 7-13

Participants will take self-expression to the next level by exploring their connection to an audience through poetic voice. Alongside our most pressing social issues, participants build the tools they need to become powerful voices for their generation. Through interactive exercises, writing prompts, and spoken word, participants get a firsthand look at how to create astonishing performance poems. If inspired, participants have the opportunity to perform on the last day of camp.

**INSTRUCTOR:** Movement BE  
**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5807.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$125/\$135

**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
5807.101	M-F	1:00-4:00pm	Jul 13-Jul 17	\$125/\$135
5807.1012	M-F	1:00-4:00pm	Aug 3-Aug 7	\$125/\$135

## CINEMATOGRAPHY AGES 7-13

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through still-image and short scenes. Participants create a portfolio of visual, non-narrative work by learning key cinematography concepts, such as composition, lighting, color, and tone. Discover the importance of camera angles, shot sizes, and camera movements, and learn basics of Go-Pros®, gimbals, and drones. Digital cameras and equipment provided for camp use.



**INSTRUCTOR:** Children's Film Academy: Valente Aranda  
**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
5806.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$165/\$175
5806.101	M-F	1:00-4:00pm	Jun 22-Jun 26	\$165/\$175

## PHOTOGRAPHY AGES 9-15

Express your creativity through photography! Participants create a portfolio, learning how to organize each picture to fully showcase it. Participants learn about lighting, glare, angles, cropping, framing, editing, and other details that can make a photo the best it can be! Cameras provided for camp use.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.100	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$155/\$165

## DIGITAL MUSIC CAMP AGES 9-16

Do you have ideas on how to make current songs sound even more awesome? Make your own rhythm by mixing songs and beats! Participants learn how to use music software, DJ software, and turntables to tweak timing and sound effects. Please Note: songs created at camp are for personal use only.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.101	M-F	1:00-4:00pm	Jul 6-Jul 10	\$140/\$150



# Dance Camps

## CHEERLEADING, DANCE & TUMBLE AGES 4-10

Learn the fundamentals of cheerleading and dance technique including: stretches, jumps/kicks, cheers, sideline dances, beginner stunting and tumbling, and a full routine, all of which are performed for families on the last day! FUN cheer-themed arts and crafts include: decorate your own hair bow, cheer camp t-shirt, water bottles, spirit sticks, posters, and more!

**INSTRUCTOR:** Charlene's Dance & Cheer: charlenesdance.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5703.100	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$160/\$170
5703.101	M-F	1:00-4:00pm	Jul 20-Jul 24	\$160/\$170

## DANCE TO EVOLVE: SUPERHEROES HIP HOP AGES 3-7

It's a bird, it's a plane, it's a dancing superhero! This non-stop camp is catered towards the energy of a hero or heroine! Superheroes show-off their hip hop dancing powers in this camp that includes a hip hop class, art projects, a superhero skit, and games. On Friday, these superheroes show off their awesome powers for family and friends! Wear dance attire and/or comfortable clothes and shoes.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.100	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$174/\$184



## DANCE TO EVOLVE: DANCE! DESIGN! DIRECT! AGES 8-15

Do it all in this unique camp that goes beyond traditional dance camps! We combine dance instruction with creative freedom, allowing participants to be the decision makers by exploring choreography, music selection, show management, and costume design. Participants use teamwork to build confidence and communication skills. On Friday, participants perform for family and friends. Wear dance attire and/or comfortable clothes and shoes.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.101	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$174/\$184

## DANCE TO EVOLVE: ROYALTY OF FAIRYLAND AGES 3-7

Dancing princes and princesses in an enchanted land far, far away! Have a ball in dance camp, a royal tea party for snack time, art projects suited for royalty, and much more! On Friday, participants show off their magical talents to family and friends! Wear dance attire and/or comfortable clothes and shoes.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.102	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$174/\$184

## DANCE TO EVOLVE: CREATIVE EXPLORERS AGES 3-7

Your little one will explore the world of dance, music, and art. Camp begins with dance games, exploring music through singing silly songs, and playing all kinds of fun instruments. Camp ends with fun and creative art projects. On Friday, participants show-off their talents and creations for family and friends. Wear dance attire and/or comfortable clothes and shoes.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.103	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$174/\$184

## DANCING FAIRYTALE PRINCESSES AGES 3-8

All dancers in the kingdom are invited to spend a week of dance and enchantment with some of our favorite fairytale princesses! Learn ballet, tap, tumbling, and jazz dances to beloved songs from "Under the Sea" all the way to "Wonderland" and more! A daily royal sparkly craft included. Fairy princess-themed attire encouraged; tap and ballet shoes required.

**INSTRUCTOR:** Debbora Childress

**LOCATION:** Ms. Debbora's School of Dance:  
14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.100	M-F	9:30am-12:00pm	Jul 13-Jul 17	\$125/\$135

## MAGICAL FAIRIES AND UNICORNS! AGES 3-8

Let's dance with fairies and unicorns during this whimsical week of magical fun! We'll tip-toe through the garden, wiggle and tumble with fairies, and twirl and tap with unicorns. A daily "magical" sparkly craft included! Magical fairy and unicorn-themed attire encouraged; tap and ballet shoes required.

**INSTRUCTOR:** Debbora Childress

**LOCATION:** Ms. Debbora's School of Dance:  
14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.101	M-F	9:30am-12:00pm	Jul 27-Jul 31	\$125/\$135



# Cooking Camps

## TOP CHEF: JUST DESSERTS

AGES 7-12

Cooking Camp has never been more delicious! Participants create amazing desserts from chocolates to frosting and bright colorful ingredients that keep your kids coming back for more. But wait! Before you think this is all about sugar, we'll be incorporating some scrumptious, healthy alternatives, as well. This is a not-to-be-missed camp for anyone who wants to cook the ultimate and final course.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$165/\$175
6700.101	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$165/\$175

## TOP CHEF: COOKING AROUND THE WORLD

AGES 7-12

In this camp, chefs learn how to make several delicious and fun dishes using a wide variety of cooking methods. We explore and learn how to cook foods from different countries and cultures, while also learning about the country's lifestyle.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.102	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$165/\$175
6700.103	M-F	1:00-4:00pm	Aug 10-Aug 14	\$165/\$175

## JR. CAKE BOSS

AGES 5-7

This camp is for all the little chefs out there who want to have a blast, eat delicious homemade treats, and exercise their creativity! Participants learn the fundamentals of preparation and decoration of a wide variety of sweet treats - and get to eat them, too!

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.104	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$165/\$175



## NEW! TEEN TOP CHEF

AGES 13-16

Teens can beat the heat and cook up something to eat! Our teen chefs will learn essential cooking techniques and work alongside peers and instructors to develop new culinary skills! Explore a variety of different cultural flavors, use more diverse kitchenware, and master delicious recipes!

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.105	M-F	1:00-4:00pm	Jul 13-Jul 17	\$165/\$175

## ITTY BITTY CHEFS

AGES 5-7

Does your little chef look on with envy as people do things in the kitchen? Encourage independence and self-confidence in the kitchen with Itty Bitty Chefs camp! Participants learn how to make a variety of treats that are as delicious as they are easy to make!

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
6700.106	M-F	1:00-4:00pm	Jul 27-Jul 31	\$165/\$175

# Technology Camps

## NEW! HOLLYWOOD SPECIAL EFFECTS AGES 7-13

In this exciting camp, participants learn all about movie magic and how to create special effects! First, learn some cool special effects including: forced perspective, "green screen" technology, CGI, making characters appear and disappear, etc. Then, create an original movie with a special effects feature. Be a part of movie history!

**INSTRUCTOR:** Movies by Kids

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.100	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$165/\$175*

\*\$30 materials fee due on the first day of class

## NEW! LEGO® STAR WARS ANIMATION AGES 7-13

Take your imagination to a galaxy far, far away... we'll supply the LEGOs® and a wide variety of Star Wars LEGO® minifigures to cast in your very own Star Wars themed movie! Participants lay down a voice-over and choose the perfect music to fit the mood. This class is the ultimate chance to bring your Star Wars LEGO® masterpiece to life using the art of stop-motion animation!

**INSTRUCTOR:** Movies by Kids

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.101	M-F	1:00-4:00pm	Jun 22-Jun 26	\$165/\$175*

\*\$30 materials fee due on the first day of class



## NEW! ACTION MOVIE WORKSHOP AGES 7-13

Are you a big fan of fast-paced movies loaded with action-packed scenes? In this exciting workshop, participants write, direct, and produce their own action sequence for the camera featuring stunt-fight training and film choreography. That's not all, wait until your footage hits the editing room where we dub in sizzling sound effects and voice-overs. Lights, camera, ACTION!

**INSTRUCTOR:** Movies by Kids

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.102	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$165/\$175*

\*\$30 materials fee due on the first day of class

## NEW! AVENGERS & JUSTICE LEAGUE ANIMATION

AGES 7-13

Are you a fan of the

Avengers movies?

What about DC

Universe movies?

We have all those

LEGO® characters

and more! Join Movies

by Kids in this classic

mash-up where participants

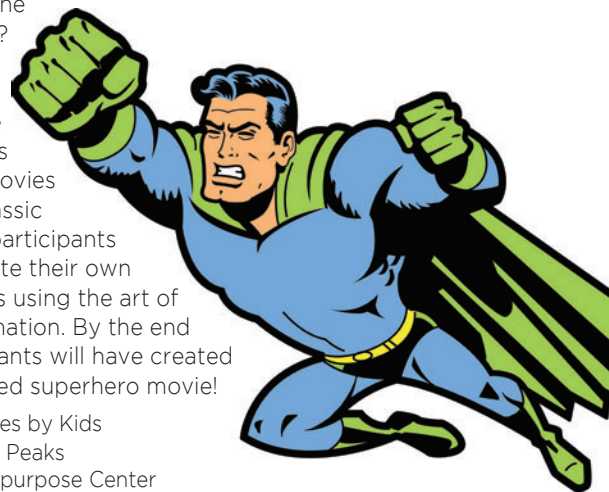
create and animate their own

superhero movies using the art of

stop-motion animation. By the end

of camp, participants will have created

their own animated superhero movie!



**INSTRUCTOR:** Movies by Kids

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.103	M-F	1:00-4:00pm	Jul 20-Jul 24	\$165/\$175*

\*\$30 materials fee due on the first day of class

## NEW! ADVENTURES IN STEM USING LEGO® AGES 5-9

Bring your craziest ideas to life with tens of thousands of LEGO® parts! Build engineer-designed projects such as chugging steamboats, enchanting moon bridges, and bustling airports. Design and build as never before and explore your craziest ideas.

**INSTRUCTOR:** Play-Well TEKologies

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.102	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$187/\$197

## NEW! MINECRAFT ENGINEERING USING LEGO® AGES 5-9

Bring Minecraft to life using tens of thousands of LEGO® parts! Build engineer-designed projects such as a Creeper, lava trap, and a Minecart. Create your favorite Minecraft mobs, tools, and objects with the guidance of an experienced Play-Well instructor.

**INSTRUCTOR:** Play-Well TEKologies

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.103	M-F	1:00-4:00pm	Jul 27-Jul 31	\$187/\$197

## NEW! ADVENTURES IN STEM AND MINECRAFT ENGINEERING USING LEGO® COMBO AGES 5-9

Sign up for both Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Play-Well TEKologies

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.104	M-F	9:00am-4:00pm	Jul 27-Jul 31	\$355/\$365

**ROBOTICS USING LEGO® WEDO****AGES 7-9**

Build and program robots in this introductory robotics class using the LEGO® WeDo System. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young robotics enthusiasts for our more advanced robotics programs.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.100	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$205/\$215

**ROBOTICS USING LEGO® EV3****AGES 10-14**

Build and program robots using the new LEGO® Mindstorms EV3 system! Learn about mechanical and software design, loops, problem solving, and teamwork skills. Work in groups, program and build your robot, and rise to the challenge! Control the robot to avoid obstacles, move objects, and play sounds.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.101	M-F	1:00-4:00pm	Jul 6-Jul 10	\$205/\$215

**NEW! POKEMON ENGINEERING USING LEGO®****AGES 5-9**

Join Ash and Pikachu as you build, capture, train, and explore the vast world of Pokémon. Explore engineering through the fun world of Pokémon as you design your own Poké Balls, explore the Kanto region, and fly with Charizard! with the guidance of a Play-Well instructor.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.105	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$187/\$197

**NEW! EWOK ENGINEERING USING LEGO®****AGES 5-9**

Explore the magical forest moon of Endor with the Ewoks. Build your palace in the trees, defend your village from the invading Scouts, and race speeder bikes through the forest. Travel to a galaxy far, far away and hone your engineering skills with the clever Ewoks.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.106	M-F	1:00-4:00pm	Aug 3-Aug 7	\$187/\$197

**NEW! POKEMON AND EWOK ENGINEERING USING LEGO® COMBO****AGES 5-9**

Sign up for both Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6600.107	M-F	9:00am-4:00pm	Aug 3-Aug 7	\$355/\$365

Tap into your imagination with tens of thousands of LEGOs®!

**MOVIE MAKERS****AGES 9-17**

This hands-on, interactive camp instructs participants in the world of digital video design and production. Participants film, direct, and edit their own digital video creations. Get ready to amaze your peers with green screen and special effects skills!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.100	M-TH	9:00am-12:00pm	Jun 15-Jun 18	\$150/\$160*

\*\$10 materials fee due on the first day of class

**VIDEO GAME DESIGN****AGES 10-17**

This camp provides participants with a fun, interactive look at the world of video game design and development. Participants enrolled in this camp learn the basics of video game design and produce several different interactive video games to share with their friends and family.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.101	M-TH	1:00-4:00pm	Jun 15-Jun 18	\$170/\$180*
6601.102	M-TH	9:00am-12:00pm	Jul 20-Jul 23	\$170/\$180*

\*\$10 materials fee due on the first day of class

**NEW! 3D GAME DESIGN****AGES 10-17**

Immerse yourself in a 3D world! This camp offers participants an interactive look at the world of 3D video game design and development. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this camp!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.103	M-TH	1:00-4:00pm	Jul 20-Jul 23	\$170/\$180*

\*\$10 materials fee due on the first day of class

**NEW! VIDEO GAME DESIGN AND 3D GAME DESIGN COMBO****AGES 10-17**

Sign up for both Youth Tech, Inc. camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.104	M-TH	9:00am-4:00pm	Jul 20-Jul 23	\$310/\$320*

\*\$10 materials fee due on the first day of class

**iCODE AGES 6-12**

Participants create virtual apps and write their own programs to share with friends and family. This interactive camp makes learning to code fun and explores problem solving and programming logic.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.105	M-TH	9:00am-12:00pm	Jun 22-Jun 25	\$160/\$170*
6601.106	M-TH	9:00am-12:00pm	Jul 13-Jul 16	\$160/\$170*

\*\$10 materials fee due on the first day of class

**iGAME CREATORS AGES 6-10**

Want to create video games? This is an introductory camp for younger participants who want to learn to build simple video games. This camp combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun, interactive games!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.107	M-TH	1:00-4:00pm	Jun 22-Jun 25	\$160/\$170*

\*\$10 materials fee due on the first day of class

**NEW! iCODE AND iGAME CREATORS COMBO AGES 6-12**

Sign up for both Youth Tech, Inc. camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.108	M-TH	9:00am-4:00pm	Jun 22-Jun 25	\$300/\$310*

\*\$10 materials fee due on the first day of class

**IMOBILE GAME DESIGN AGES 6-12**

Sketch, build, play! This camp offers participants with a big imagination a place to sketch and build their own video games on a mobile device. If you have a child who loves to play games on an iPad®, this camp will help them engineer and build games on a mobile platform. This cutting-edge camp engages both sides of the brain to create fun, engaging games for a mobile platform. Tablets provided for use during camp.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.109	M-TH	9:00am-12:00pm	Jul 6-Jul 9	\$150/\$160*

\*\$10 materials fee due on the first day of class

**APPLICATION DESIGN AGES 9-17**

This camp offers participants a hands-on look at the world of application design and development. Participants design their own app, which can be shared with friends and family with an Apple or Android device.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.110	M-TH	1:00-4:00pm	Jul 6-Jul 9	\$160/\$170*

\*\$10 materials fee due on the first day of class

**ROBLOX STUDIO-PROGRAMMING AND GAME DEVELOPMENT AGES 9-15**

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar - unlike any other software. This camp guides participants through concepts such as beginner physics, LUA programming, and game development. Participants build and publish games to share with friends and family!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.111	M-TH	1:00-4:00pm	Jul 13-Jul 16	\$165/\$175*

\*\$10 materials fee due on the first day of class

**WEB AND GRAPHIC DESIGN AGES 9-17**

This camp is an in-depth look at the world of web and graphic design. Participants enrolled in this session learn how to build and publish their own designs, as well as produce a website from start to finish using award-winning suite of products. The learning for this camp does not end at the door! Participants have access to their website with free hosting for one year.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.112	M-TH	9:00am-12:00pm	Jul 27-Jul 30	\$155/\$165*

\*\$10 materials fee due on the first day of class

**ANIMATION AGES 9-17**

In this camp, participants learn the basics of animation and digital design. Anyone who enjoys going to various sites to see fun, interactive animations will love this camp. This camp utilizes award-winning animation software and participants create amazing animations that they can share with the world.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.113	M-TH	1:00-4:00pm	Jul 27-Jul 30	\$160/\$170*

\*\$10 materials fee due on the first day of class

# Science Camps

## WONDERS! 50 EXPERIMENT SCIENCE CAMPS AGES 4-12

These science camps are hands-on fun from beginning to end! Participants engage in 50 different hands-on experiments each camp week!

**INSTRUCTOR:** Wonders! Science and Math

**LOCATION:** Lake Poway, Pavilion

### Camp 1

Experiments include: build electric bottles, make balloon helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band launcher, design invisible inks, fire rocket cars, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.100	M-TH	9:00am-12:00pm	Jun 15-Jun 18	\$150/\$160*

\*\$25 materials fee due on the first day of class

### Camp 2

Experiments include: make gold pennies, experiment with glowing rocks and amazing super magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make sounds appear out of nowhere, work hovercrafts, make underwater candles and high-powered marshmallow guns, crush cans with air pressure, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.101	M-TH	1:00-4:00pm	Jun 15-Jun 18	\$150/\$160*

\*\$25 materials fee due on the first day of class

### Camp 3

Experiments include: make fantastic rockets that shoot over buildings, fire the ultimate candy cannon and fly hot air balloons, concoct incredible super slimes, launch potatoes, make tornados, create ultraviolet light detectors, experiment with dry ice, experiment with the fantastic Wonders! anti-gravity trays, make eerie glow-in-the-dark tubes, build clowns that rise and fall on command, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.102	M-TH	9:00am-12:00pm	Jun 22-Jun 25	\$150/\$160*

\*\$25 materials fee due on the first day of class



### Camp 4

Experiments include: ride real hovercrafts, write with fascinating invisible inks, grow crystal gardens, steer floating 60-foot solar blimps, make rock board collections, float hot air balloons, launch giant smoke rings 100 feet, set-off the ultimate geysers, build lava lamps, make glow-in-the-dark signs, grow fantastic crystals, cast T-Rex dinosaur fossils, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.103	M-TH	1:00-4:00pm	Jun 22-Jun 25	\$150/\$160*

\*\$25 materials fee due on the first day of class

### Camp 5

Experiments include: build planes that fly over tall buildings, make wolf tooth necklaces, create glow-in-the-dark styrofoam, form amazing super-balls, create foot-long lightning balls, do never-seen-before dry ice experiments, construct electric buzzers and switches, build incredible candles, fire marshmallow cannons, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.104	M-TH	9:00am-12:00pm	Jun 29-Jul 2	\$150/\$160*

\*\$25 materials fee due on the first day of class

### Camp 6

Experiments include: ride real hovercrafts, launch amazing water rockets, fire balloon rockets, collect fossils, make amazing plaster animal footprints, make camera paper, build crystals, split water, make penny centrifugal experiments, create foot-long lighting balls, split light, launch rockets, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.105	M-TH	1:00-4:00pm	Jun 29-Jul 2	\$150/\$160*

\*\$25 materials fee due on the first day of class

### Camp 7

Experiments include: collect alligator bones, make 3D glow-in-the-dark crystals, experiment with amazing piezoelectricity, make a candle collection, dig real fossils, experiment with lasers and fiber-optics, create amazing bouncing slimes, work fascinating UV experiments, fire the incredible wonders launcher, and much more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.106	M-TH	9:00am-12:00pm	Jul 6-Jul 9	\$150/\$160*

\*\$25 materials fee due on the first day of class

## WONDERS! NASA ROCKET CAMP!

AGES 4-12

Join Wonders! Science in an unforgettable exploration of the furthest reaches of the universe! Build and launch a nearly three-foot tall rocket, experiment with the actual conditions found on the planets (super-cooled air and frozen gases), make paper airplanes that soar over buildings, fire turbo-charged rocket cars, launch a 60-foot solar blimp, eat astronaut treats, and much more!

**INSTRUCTOR:** Wonders! Science and Math

**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.107	M-TH	1:00-4:00pm	Jul 6-Jul 9	\$150/\$160*

\*\$25 materials fee due on the first day of class

# Amazing Science: Participants will take home two projects each day.

## NEW! AMAZING SCIENCE: STAR WARS SCIENCE

AGES 5-10

Feel the power of the force with the science behind Star Wars: light energy, flight forces, crystals, star constellations, robots, and plasma energy! Make mini jet fighters, constellation viewers, walking robots, magnet Jedi fighters, a light-saber, and more! Students of the Force use their learned science skills to perfect their Jedi Knight training skills.



**INSTRUCTOR:** Gina Brown  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.100	M-F	1:00-4:00pm	Jun 15-Jun 19	\$185/\$195*

\*\$30 materials fee due on the first day of class

## AMAZING SCIENCE: ROBOTIC ROBOTS

AGES 5-10

Calling all Robot Scientists! Come explore the world of robots: their parts, types, and functions as participants create their own walking robot, sketchbot, spinning robot, brushbot, a motorized robot, and more!

**INSTRUCTOR:** Gina Brown  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.101	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$185/\$195*

\*\$30 materials fee due on the first day of class

## AMAZING SCIENCE: SUPER STEM SCIENCE

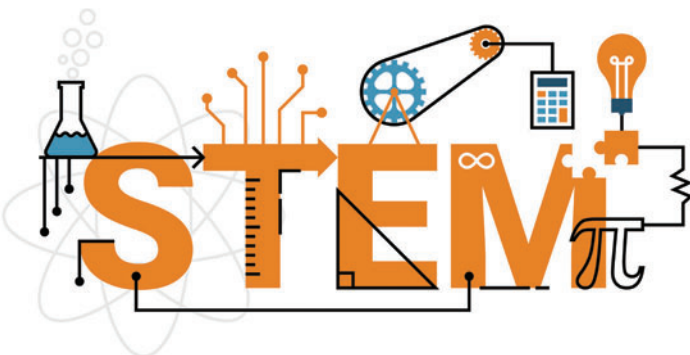
AGES 5-10

Participants enter the cool world of STEM as they learn about robotics, engineering, coding, animation, and inventions! They put STEM science to the test as they create their own robot, bridge, LEGO® WeDo creation, animation wheel, an invention, and more!

**INSTRUCTOR:** Gina Brown  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.102	M-F	1:00-4:00pm	Jul 20-Jul 24	\$185/\$195*

\*\$30 materials fee due on the first day of class



## NEW! AMAZING SCIENCE: ENGINEERING SCIENCE

AGES 5-10

Campers become real engineers as they learn and apply the engineering design process! Create and build bridges, marble roller coasters, catapults, robots, Lunar Landers, drag racers, and more! Test the durability of your designs, make improvements, and continue to enhance your ingenuity at home with your projects!

**INSTRUCTOR:** Gina Brown  
**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.103	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$185/\$195*

\*\$30 materials fee due on the first day of class

## NEW! AMAZING SCIENCE: INVENTOR'S WORKSHOP

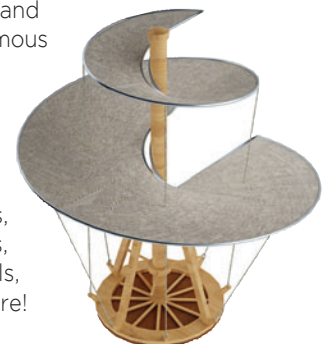
AGES 5-10

Become a real inventor by learning and modeling after some of the most famous creators and their life-changing inventions. Explore the investigation design process and what it takes to have a patented trademark. Amaze friends and family with a variety of incredible inventions: airplanes, cars, flashlights, buzzers, robots, rockets, roller coasters, catapults, Tesla Coils, one invention of your own, and more!

**INSTRUCTOR:** Gina Brown  
**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.104	M-F	1:00-4:00pm	Jun 29-Jul 3	\$185/\$195*

\*\$30 materials fee due on the first day of class



# Special Interest Camps

## AERIAL AND PARKOUR AGES 6-16

Come learn the latest trends in fun and fitness: aerial and parkour! Work with instructors on aerial silks, aerial hoops, and trapeze, along with free-running and parkour moves in a safe and progressive manner. Activities are designed to build strength, agility, confidence, and flexibility! Participants show-off what they've learned to their families in a Friday performance.

**INSTRUCTOR:** De Leon Dynamics

**LOCATION:** De Leon Dynamics:  
12335 World Trade Drive, Suite 8, San Diego

CLASS #	DAY	TIME	DATES	R/NR FEE
5901.100	M-F	9:00am-3:00pm	Jun 15-Jun 19	\$295/\$305

## FORT BUILDING AGES 6-13

Fort Building Camp lets participants use their creativity and problem-solving skills as they work in teams to build forts to survive the environment of the day. Participants are instructed on various types of knots and other building techniques to increase their odds of success in the environment challenges!

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.100	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$160/\$170

## FISHING AGES 8-12



Participants learn the fundamentals of fishing: how to put together the best line for the location and desired catch; how to safely handle a rod for your sake and those around you; and little tricks that better your chances of catching a fish! Don't have your own rod? No problem! While we encourage participants to bring their own rod, hooks, and other fishing gear, equipment is provided for camp use.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.101	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$150/\$160
5900.102	M-F	1:00-4:00pm	Aug 3-Aug 7	\$150/\$160

## NEW! BASIC WOODSHOP AGES 7-12

Participants learn how to use basic tools to make wonderful hand-crafted items such as book ends, tool boxes, bird houses, and more. All projects are painted, personalized, and taken home to treasure. Participants use only safe, age-appropriate hand tools.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.103	M-F	1:00-4:00pm	Jun 29-Jul 3	\$160/\$170

**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.104	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$160/\$170

## ZOOKEEPER AGES 6-13

We share the earth with some really amazing animals! Jr. Zookeeper participants learn to love and appreciate some fascinating creatures found in our world. Build habitats, prepare diets, and get the unique opportunity to meet many of our animal companions. A perfect camp for nature lovers and future zoo keepers!



**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Lake Poway, Pavilion

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.105	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$175/\$185

## SMASH LAB CAMP AGES 7-14

Work as a team to put together a variety of electronics and other structures and witness what happens when you SMASH them! Drop eggs, feathers, melons, and more, just to see what happens! This camp is the perfect combination of fun and learning for anyone interested in how things work. Please wear clothes you don't mind getting messy.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.106	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$160/\$170

## INTRODUCTION TO MYSTERIES OF MAGIC AGES 6-13

Learn all the skills you need to mystify an audience like a true Magician! Participants are introduced to the arts of illusion, mind reading, prestidigitation, and sleight of hand! Unlock the powers of your voice, your hands, and your mind. On Friday, we put on a Magic Show!

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Meadowbrook Gymnasium, Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.107	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$145/\$155

**RADICAL REPTILES & FRIENDS****AGES 5-11**

Join Radical Reptiles & Friends for an introduction to various live animals including reptiles, amphibians, arachnids, insects, invertebrates, and more! As participants explore the animal kingdom, hands-on experiences are enhanced by art, games, and projects. Participants also explore some of the natural wildlife around us!

**INSTRUCTOR:** Radical Reptiles & Friends, John Taibe**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5902.100	M-F	1:00-4:00pm	Aug 3-Aug 7	\$200/\$210

**CHALLENGE ISLAND: SLIME SQUAD****AGES 6-12**

Are you slime crazy? Do you love making squishy, squeezey stuff in addition to making rockets and landers, blasters and skyscrapers? Then this camp is the place for you! You and a tribeful of friends dive into a new slime-filled world each day from alien ooze, to ghostly goo, to monster muck and lava, too! No matter how you stretch it, this camp promises to be a STEAM-riffic adventure of a lifetime.

**INSTRUCTOR:** Challenge Island**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.100	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$179/\$189*

\*\$20 materials fee due on the first day of class

**NEW! CHALLENGE ISLAND: MINE ISLAND****AGES 6-12**

Grab your pickaxe and dig in the most exciting summer camp on the block! We'll swap computers for creativity, and keyboards for ingenuity and imagination as our STEAM-sational tribes teleport into action-packed Mine Island® hotspots. It's no wonder this camp is a kids' choice favorite!

**INSTRUCTOR:** Challenge Island**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.101	M-F	1:00-4:00pm	Jun 22-Jun 26	\$179/\$189*

\*\$20 materials fee due on the first day of class

**NEW! CHALLENGE ISLAND: ROAD TRIP USA****AGES 6-12**

Pack your suitcases for a cross-country STEAM adventure! From the Statue of Liberty to Yosemite to the Colorado Rockies to the Hawaiian Volcanoes, and more, play and engineer your way coast to coast with your tribe! This imagination-fueled, engineering-filled excursion promises to be a grand tour!

**INSTRUCTOR:** Challenge Island**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.102	M-F	1:00-4:00pm	Jul 6-Jul 10	\$179/\$189*

\*\$20 materials fee due on the first day of class

**NEW! CHALLENGE ISLAND: SLIME-TOPIA****AGES 6-12**

Introducing a brand new ooey, gooey, squishy, squashy, slime-drenched camp extravaganza! Learn the science behind the slime while you make different kinds of the addictively playful polymer. From butter to bubble; crunchy to munchy; and fluffy to foamy; we've got you and your tribe covered (in slime, that is)! Don't miss out!

**INSTRUCTOR:** Challenge Island**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.103	M-F	1:00-4:00pm	Jul 13-Jul 17	\$179/\$189*

**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.104	M-F	1:00-4:00pm	Aug 10-Aug 14	\$179/\$189*

\*\$20 materials fee due on the first day of class

**NEW! CHALLENGE ISLAND: STEAM ACROSS THE GALAXY****AGES 6-12**

3-2-1 Blast off! Soar through the universe with a tribe full of astronaut friends! Learn the spectacular science of space while taking on a galaxy of cosmically-cool challenges: from Rocket Launch Day to Planets Day to Aliens Day, and more. Don't miss out on an out-of-this-world Challenge Island adventure!

**INSTRUCTOR:** Challenge Island**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
5903.105	M-F	1:00-4:00pm	Aug 3-Aug 7	\$179/\$189*

\*\$20 materials fee due on the first day of class



Challenge Island is where engineering meets imagination!

# Art Camps

## ART START

AGES 7-14

Enjoy a week packed full of art in the most creative camp ever! Load up your provided sketchbook with fabulous drawings, create a mask cast from your own face, work with clay, tie-dye t-shirts, and explore a variety of media in a fun, relaxed atmosphere!

Full-day camp is designed for the enthusiastic student with a passion for art. In addition to enjoying all the activities of the half-day camp, full-day campers have the opportunity for more one-on-one instruction and more complex art projects.



All quality art materials are provided.

Campers should bring a healthy snack each day (full-day campers bring a lunch, as well) and a cotton t-shirt to the first class. Lessons will repeat from week to week.

**INSTRUCTOR:** Susan Bainbridge: [artstart1.com](http://artstart1.com)

**LOCATION:** Old Poway Park, Great Room

### Half Day: Ages 7-14

CLASS #	DAY	TIME	DATES	R/NR FEE
6500.100	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$155/\$165*
6500.101	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$155/\$165*
6500.102	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$155/\$165*
6500.103	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$155/\$165*

\*\$45 materials fee due on the first day of class

### Full Day: Ages 8-14

CLASS #	DAY	TIME	DATES	R/NR FEE
6500.104	M-F	9:00am-3:00pm	Jul 13-Jul 17	\$280/\$290*
6500.105	M-F	9:00am-3:00pm	Jul 20-Jul 24	\$280/\$290*
6500.106	M-F	9:00am-3:00pm	Jul 27-Jul 31	\$280/\$290*
6500.107	M-F	9:00am-3:00pm	Aug 3-Aug 7	\$280/\$290*

\*\$65 materials fee due on the first day of class

## ARTVENTURE: MERMAID WISHES AND FISH KISSES

AGES 4-6



Visit a magical world under the sea where mermaids and their sea friends play all day long! Paint, print, watercolor, collage, and design a dreamy underwater world in this camp devoted to the beautiful sea!

Along the way, participants play games, sing songs, and read tales of mermaid adventures. All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture

**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.100	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$189/\$199

## NEW! ARTVENTURE: ARTMAZING ART

AGES 7-12

Make amazing art with clay, paints, inks, watercolors, and more! Explore various art mediums, learn new techniques, and be amazed at your talent in this super fun camp for kids who love to create! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture

**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.101	M-F	9:00am-12:00pm	Jun 15-Jun 19	\$189/\$199
6501.102	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$189/\$199

## NEW! ARTVENTURE: SQUISH, SQUIGGLE, SPLAT

AGES 4-6

Stamp, stick, sculpt, paint, and print in this crazy, silly fun camp! With a new theme each day, you're in for a week full of surprises and smiles! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture

**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.103	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$189/\$199

## NEW! ARTVENTURE: ART EXPLOSION

AGES 7-12

Art is everywhere! Artists and art styles from around the world inspire our sculptures, canvas paintings, drawings, designs, and prints. Create a masterpiece (or two!) each day as we embark on our artistic adventure! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture

**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.104	M-F	9:00am-12:00pm	Jun 22-Jun 26	\$189/\$199



## NEW! ARTVENTURE: SUPER SUMMER STORIES

AGES 4-6

Everyone loves a good story! We paint, print, draw, sculpt, stamp, and create in this multi-media storybook art camp inspired by all of our favorites. Join us for a silly, funny, crazy literary art adventure! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture

**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.105	M-F	9:00am-12:00pm	Jun 29-Jul 3	\$189/\$199

**NEW! ARTVENTURE: MY SEA FRIENDS & ME** AGES 4-6

Meet sea turtles, sharks, stingrays, sea stars, and more in this art camp devoted to the underwater world! Join us as we paint, print, collage, stamp, stick, and sculpt to create artwork inspired by our ocean environment! Have a whale of a time! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.107	M-F	9:00am-12:00pm	Jul 6-Jul 10	\$189/\$199

**ARTVENTURE: PIRATE ADVENTURE** AGES 4-6

Ahoy Mateys! Come aboard as we travel to Pirate Island where we'll find treasure chests, sandy beaches, and colorful parrots! Create treasure maps, golden doubloons, sea monsters, ships, and more! Along the way, play games, sing songs, read pirate stories, and hunt for treasure! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.108	M-F	9:00am-12:00pm	Jul 13-Jul 17	\$189/\$199

**ARTVENTURE: OOEY GOOEY ICKY STICKY ART** AGES 4-6

Smush, mush, smash, and mash! Make a mess and don't clean it up! Experiment with all kinds of unusual materials to create colorful and creative works of art. Explore sculpture, painting, printing, and more as we celebrate our creativity! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture**LOCATION:** Old Poway Park, Parlour

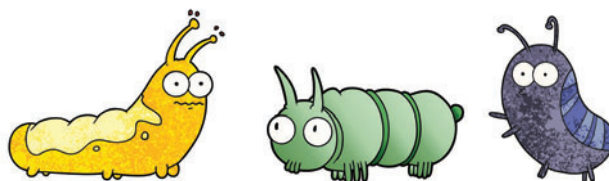
CLASS #	DAY	TIME	DATES	R/NR FEE
6501.109	M-F	9:00am-12:00pm	Jul 20-Jul 24	\$189/\$199

**NEW! ARTVENTURE: UNICORNS, FAIRIES, & DRAGONS** AGES 4-6

Magical, mythical creatures are the inspiration for our creations! Paint and print, design and decorate, and let your imagination run wild in this multi-media art camp full of stories, games, and surprises! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.110	M-F	9:00am-12:00pm	Jul 27-Jul 31	\$189/\$199

**ARTVENTURE: BUGS AND BUTTERFLIES** AGES 4-6

Explore nature through sculpture, painting, printing, collage, drawing, and much more! We use all kinds of art media to create stick bugs and "ick" bugs, as well as beautiful butterflies and shiny beetles! Join us as we design a garden of wonderful creatures! Along the way, play games, read stories, sing buggy songs, and have a great time buzzing around! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.111	M-F	9:00am-12:00pm	Aug 3-Aug 7	\$189/\$199

**ARTVENTURE: ART PALOOZA** AGES 7-12

Paint, sculpt, draw, watercolor, collage, print, and design! It's all about crazy creativity in this multi-media camp. Release your inner artist and have a blast! All materials and camp t-shirt provided.

**INSTRUCTOR:** ArtVenture**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
6501.112	M-F	9:00am-12:00pm	Aug 10-Aug 14	\$189/\$199

**NEW! YOUNG REMBRANDTS: ANIME & MANGA DRAWING** AGES 6-12

Join us for five, action-packed days as students create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off of the page! Create drawings that emulate the popular anime and manga art styles. Don't miss out!

**INSTRUCTOR:** Young Rembrandts**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6506.100	M-F	1:00-4:00pm	Jul 6-Jul 10	\$150/\$160*

\*\$20 materials fee due on the first day of class

**NEW! YOUNG REMBRANDTS: CARTOON ZOO** AGES 6-12

Do you love animals? Join us for a trip through the zoo as we learn to cartoon a variety of animals. Learn cartoon expressions, movement, exaggeration, and sequencing to tell a joke while drawing giraffes, elephants, bears, monkeys, and more! Participants will complete several cartoon drawings each day. Materials used include pencils, Sharpies, and markers.

**INSTRUCTOR:** Young Rembrandts**LOCATION:** Old Poway Park, Parlour

CLASS #	DAY	TIME	DATES	R/NR FEE
6506.101	M-F	1:00-4:00pm	Aug 10-Aug 14	\$120/\$130*

\*\$20 materials fee due on the first day of class



# POWAY PARKS & FACILITIES

## POWAY COMMUNITY PARK

13094 Civic Center Drive  
(858) 668-4671

[poway.org/communitypark](http://poway.org/communitypark)

### Hours

Daily | Sunrise-Sunset

**During construction, the following amenities are open:**



**Recreation Office** (located at Swim Center)  
Monday-Saturday | 8:00am-9:00pm  
Sunday | 12:00-9:00pm

**Ball Fields/Bocce Courts** Daily | 8:00am-9:00pm

**Dog Park/Tennis Courts/Basketball Court**  
Daily | Sunrise-10:00pm

**Unsupervised Skate Park** Daily | 8:00am-8:00pm

### IN THE PARK SERIES

ALL AGES

**FREE!**

Have an emu-sing time letting your creativity run wild, take a swing at a colorful fiesta piñata, challenge your friends to a life-size game of Connect Four, or let your imagination soar with your favorite stories! Community Park's In The Park Series is two hours of themed fun that's sure to provide exciting, unique experiences for the whole family. While the theme may change from month-to-month, one thing is guaranteed: **FUN!**

DAY	TIME	DATES	THEME	FEE
M	10:00am-12:00pm	Apr 13	Fairy Tales	FREE

## OLD POWAY PARK

14134 Midland Road  
(858) 668-4576

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)

### Hours

#### Farmers Market

Saturdays | 8:00am-1:00pm

#### Train Rides

[powaymidlandrr.org](http://powaymidlandrr.org)

### 42ND ANNUAL STANDARD FLOWER SHOW

ALL AGES

**FREE!**

The Poway Valley Garden Club will host the 42nd Annual Standard Flower Show with the theme of "Fantasy in the Garden". Enter your design or just come admire the numerous locally-grown horticultural entries.

**INFORMATION:** [powayvalleygardenclub.org](http://powayvalleygardenclub.org)

DAY	TIME	DATES	FEE
SA	9:00am-3:00pm	Apr 25	FREE

### 26TH ANNUAL COMMUNITY BAND FESTIVAL

ALL AGES

**FREE!**

Come listen to great music and amazing concert bands during the FREE 26th Annual California Band Festival and Arts and Crafts Market.

**INFORMATION:** [poway.org](http://poway.org) or (858) 668-4576

DAY	TIME	DATES	FEE
SA	10:00am-7:00pm	May 16	FREE
SU	11:00am-7:00pm	May 17	FREE

# LAKE POWAY

14644 Lake Poway Road  
(858) 668-4770

[poway.org/lakepoway](http://poway.org/lakepoway)

**Park Ranger Office** (858) 668-4772

**Lake Poway Concession** (858) 668-4778

## Hours

Daily | 6:00am-Sunset

### Lake Fishing and Boating Hours

Wednesday-Sunday | 6:00am-Sunset

### Entry Station

Open Weekends & Holidays

\$10 non-resident entry fee for vehicles

Active Military free with ID

## The Trout are Still Biting at Lake Poway!

Chaulk Mound Ranch will be stocking their famous "Tail Walking" rainbow trout through April. We have the best permit and boat prices in the area, along with a full-service concession. Come catch the "Big One" before the season is over.

**INFORMATION:** [poway.org/lakepoway](http://poway.org/lakepoway) or (858) 668-4772

### SPRING CAMPING SERIES

### ALL AGES

Spring is a beautiful time to camp at Lake Poway! Hike, fish, or simply relax by your campsite and enjoy all the natural beauty that the park has to offer. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event!

**TO REGISTER:** [poway.org/classes](http://poway.org/classes) or (858) 668-4772

CLASS #	DAY	TIME	DATES	FEE PER CAR
9039.400	F/SA	1:00pm-10:00am	Apr 10-11	\$25
9039.401	F/SA	1:00pm-10:00am	Apr 24-25	\$25
9039.402	F/SA	1:00pm-10:00am	May 8-9	\$25
9039.403	F/SA	1:00pm-10:00am	May 22-23	\$25

### JUNIOR PARK RANGER DAY

### ALL AGES

**FREE!**

Come explore the great outdoors and interact with Park Rangers! Learn about nature, animals, trail safety, local plants, conservation, and more in this exciting interactive hands-on experience! Participate in a Ranger led hike, crafts, games, and activities to be sworn in as an official Junior Park Ranger. Come hungry! Food trucks will be on-site selling delicious breakfast items. First 100 registered participants will receive an official Junior Ranger Badge!

**TO REGISTER:** (858) 668-4772 or email [lakerangers@poway.org](mailto:lakerangers@poway.org)

DAY	TIME	DATES	FEE
SA	9:00am-12:00pm	Apr 25	FREE*

\*Lake Poway Parking Fees Apply

# POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road  
(858) 668-4691

[PowayCenter.com](http://PowayCenter.com)



**Box Office** (858) 748-0505

## Hours

### Box Office Hours

Friday | 12:00pm-5:00pm

Saturday | 10:00am-3:00pm

Closed on major holidays.

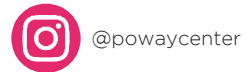
The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

### Art Gallery & Facility

Tuesday-Friday | 10:00am-2:00pm

Saturday | 10:00am-3:00pm

Closed on major holidays.



## Upcoming Art Exhibits

### MARCH



### "In Good Company"—

An inclusive art show featuring regional and international artists. Participating programs include The Art of Autism, Promising Futures, Revision, Sophie's Gallery, TERI Inc., and Good Society located in South Korea.

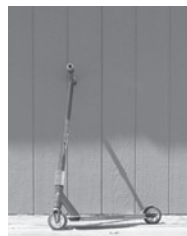
Good Society located in South Korea.

### APRIL

**Various Artists**—The April Art Exhibit will include artists Jorge Garza, Brandon Jameson, Eliana Iurato, and Jeannette Scollard utilizing acrylic and watercolor paint on a variety of mediums.



### MAY



### Learning To Love You More: A Group Show by Palomar College Department of Photographic Technology—

Learning to Love You More is a group exhibition of work by Palomar College Photography students based on artists Miranda July and Harrell Fletcher's assignment project at the San Francisco Museum of Modern Art.

# POWAY SWIM CENTER

13094 Civic Center Drive  
(858) 668-4680  
[poway.org/swim](http://poway.org/swim)

Lanes are set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times.

## Hours

**Spring** (Apr 6–Jun 14)

### Adult Lap Swim

Mon/Wed/Fri	6:30–8:30am 10:30am–7:00pm*
Tues/Thurs	6:30am–1:30pm (Long Course) 2:00–7:00pm
Sat/Sun	10:30am–5:00pm

### Recreational Swim/Splash Pad

(Splash Pad may be closed based on seasonal weather)

Mon/Wed/Fri	11:00am–12:00pm (Shallow square/Splash Pad only; Diving Board Closed) 12:00–7:00pm*
Tues/Thurs	8:00am–3:00pm (Shallow square/Splash Pad only; Diving Board Closed) 3:00–7:00pm
Sat/Sun	1:00–5:00pm

\*The Swim Center will be closed at 5pm on the 1st Friday of every month for Staff Training.

### Family Swim

Sat/Sun	10:30am–1:00pm
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### Holiday Hours and Closures

Easter | April 12 | Closed  
Memorial Day | May 25 | 10:30am–5:00pm  
Pre-Summer Lifeguard Training | June 13 | Closed

## Costs

DAILY ADMISSION	R/NR FEE
Adults (Ages 18+)	\$4.00/\$8.00
Youth & Seniors (Ages 55+)	\$3.00/\$6.00

A responsible adult who has paid the admission fee must accompany children 7 and under in the water.

**SEASON AND YEARY PASSES:** [poway.org/swim](http://poway.org/swim)

### WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission is required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

### FAMILY SWIM

ALL AGES

Bring your family and floaties to the pool! Family Swim is a designated time for families to come swim together and enjoy their toys, rafts, fins, snorkels, and inner tubes. Items not provided by Swim Center. Proof of residency will be required for the reduced family swim rate. Family rate includes two adults and two children.

DAYS	TIME	R/NR FEE
SA/SU	10:30am–1:00pm	\$11.00/\$15.00

### PARTY PACKAGES

ALL AGES

The Poway Community Swim Center is the best place to throw a party that really makes waves! Reservations for any party package must be done in person at the Swim Center during regular business hours.

Party Packages all include reserved picnic tables, public pool use, use of facility refrigerator and freezer, admission for 25 swimmers, and the option to add an inflatable of your choosing!

**INFORMATION:** [poway.org/poolpartypackages](http://poway.org/poolpartypackages) or (858) 668-4680

OPTIONS		R/NR FEE
Large Inflatable	Rec: ages 8+	\$300/\$310
Small Inflatable	Rec: ages 3–6	\$250/\$260
Picnic Tables	(Deep end or Splash Pad)	\$115/\$125



### INFLATABLE DAYS

ALL AGES

What better way to jump into the weekend? On select Friday afternoons, the Swim Center will have one of our large inflatable obstacle courses available to the public!

Swim test required for all swimmers; or use of a lifejacket. Daily admission not included in inflatable fee. Limited wristbands per session purchased 30 minutes prior to each session.

**INFORMATION:** (858) 668-4680

DAY	TIME	DATES	R/NR FEE
F	3:30/4:30/5:30pm	May 15, 29, Jun 12	\$5/\$7

# KUMEYAAY-IPAI INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail

(858) 668-4781

Parking located at 13104 Carriage Road, Poway

[poway.org/kiic](http://poway.org/kiic)

## Hours

Open second and fourth Saturday of each month  
10:00am-1:00pm

## Group Tours

Free and available by calling: (858) 668-4781

### SCHOOL TOURS

GRADE 3

#### Offered Thursday and Friday mornings

Experience the life of the Kumeyaay, discover artifacts and ancient milling sites, and participate in hands-on traditional activities.

**SCHEDULE YOUR TOUR ONLINE:** [poway.org/kiic](http://poway.org/kiic) \$4 per student

### GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI



Long before the Spanish arrived in the 1500s, thriving communities of native people populated Pauwai. Visit us the second and fourth Saturday of each month and take a guided tour. Experience artifacts, 'ewaas, milling and grinding stations, and more.

### VOLUNTEER TODAY, INSPIRE FOR A LIFETIME AGES 18+

Looking for a unique volunteer opportunity? We have it! Support the tour program at the Kumeyaay-Ipai Center. We need docents to lead tours for third grade students. Absolutely no experience is required, and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

**INFORMATION:** [poway.org/kiic](http://poway.org/kiic) or (858) 668-4781

### WATERCOLOR CLASS

AGES 8+

Join us in capturing the beauty of this authentic Native American site in watercolor. Artists of every skill level are welcome to experience creating en plein air ("in the open air"). Pick a painting spot around the site that inspires you! Instruction in basic skills and all materials will be provided. Limited to 25 participants.

**REGISTER ONLINE:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.301	SA	9:00am-12:00pm	Mar 21	\$5

# BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road

1 mile north of Lake Poway Road

(858) 668-4781

[poway.org/bluesky](http://poway.org/bluesky)

## Hours

Daily | Sunrise-Sunset

### FREE! DOCENT-LED NATURE WALKS

ALL AGES

Find our Activities Schedule online or at Blue Sky Reserve, City Hall, or Lake Poway.

### SCHOOL TOURS & OUTREACH PROGRAM

GRADES 2-5

The Outdoor Tour program and In-Classroom program introduce important scientific concepts as outlined in Science Content Standards for grades 2-5. Tours in the Reserve last approximately two hours and cost \$4 per student. The one-hour Outreach Program at your school is available mornings only for \$4 per student. Book both at the same time: \$6 per student.

**FOR RESERVATIONS:** [poway.org/bluesky](http://poway.org/bluesky)

### JOIN OUR TEAM OF DOCENTS

AGES 18+

As a docent, you will meet people with similar interests, make a positive impact, and contribute to the preservation and enjoyment of Blue Sky. Docents assist in leading nature hikes, habitat restoration, and at special events. No experience is needed. Training is self-paced and free.

**INFORMATION:** [aransom@poway.org](mailto:aransom@poway.org) or

**REGISTER ONLINE:** [poway.org/volunteer](http://poway.org/volunteer)

### SOLAR WALK/STARGAZING

ALL AGES

Join us on a journey into outer space and view our nighttime skies! We will travel through the solar system as we hike 1.5 miles into the Reserve to meet up with Curiosity Peak Observatory astronomers. Their powerful telescopes will be focused on a distant constellation or planet so that you can experience it up-close. This program is suitable for all ages, and everyone should dress warmly. Space is limited to 100 participants.



**REGISTER ONLINE:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1600.401	SA	6:00pm	Apr 18	\$5
1600.402	SA	6:15pm	Apr 18	\$5
1600.403	SA	6:30pm	Apr 18	\$5
1600.404	SA	6:45pm	Apr 18	\$5

# POWAY LIBRARY

13137 Poway Road  
(858) 513-2900

[sdcl.org](http://sdcl.org)

## Hours

Monday-Thursday | 9:30am-8:00pm  
Friday-Saturday | 9:30am-5:00pm  
Sunday | 12:00-5:00pm

### FREE! CHILDREN'S PROGRAMS BIRTH TO GRADE 5

**STEAM Kids Afterschool Program:** Mondays | 3:30pm  
**Kids' Craft Corner:** Fridays | 3:00pm  
**Family Storytime:** Saturdays | 10:30am

### FREE! TEEN PROGRAMS GRADES 6-12

**Teen Tuesdays** | 4:00pm  
(schedule varies—check with library)  
**Tween/Teen Ukulele for Beginners:** Last Wednesday  
monthly | 3:30pm

### FREE! ADULT PROGRAMS AGES 18+

**Gentle Yoga:** Second Thursday monthly | 10:00am  
**Second Saturday Concerts:** Second Saturday  
monthly | 2:00pm  
**Raising Smart Money Kids:** Wednesday, March 18 | 6:00pm

# POWAY SENIOR CENTER

## New location!

16315 Pomerado Road  
(858) 618-5545

## Hours

Monday-Friday | 8:00am-4:00pm

### LUNCH

**Monday-Friday** | 11:15am-12:15pm

\$4.00 suggested donation for those 60+.  
\$7.00 for those under 60. Check out our menu on our  
website, or just stop by and enjoy the special of the day.

### BINGO

AGES 18+

**Tuesdays** | 12:00pm  
**Saturdays** | 5:00pm

Open to the public.  
Come play and  
bring your friends!  
Progressive game  
is \$1,199.00.



# POWAY ONSTAGE

**WINTER DANCE PARTY:**  
A Tribute to Buddy Holly,  
Richie Valens and  
the Big Bopper  
FEB 29

Presented by GVCA  
[www.gvca.org](http://www.gvca.org)

**ROSANNE CASH**  
MAR 7

Presented by Dr. David Rauterkus  
CENTER FOR ALL AGES  
SPECIAL PROGRAMS DIVISION

Poway OnStage Youth Theater  
**SLEEPING BEAUTY**  
MAR 14

A Poway OnStage Arts in Education Initiative Program

**CATAPULT SHADOW  
DANCE COMPANY**  
MAR 27

Presented by GVCA  
[www.gvca.org](http://www.gvca.org)

**DRUM TAO 2020**  
APR 10

Presented by GVCA  
[www.gvca.org](http://www.gvca.org)

**LEAHY**  
MAY 17

Presented by GVCA  
[www.gvca.org](http://www.gvca.org)

15498 Espola Road, Poway, CA 92064  
858.748.0505 | [www.PowayOnStage.org](http://www.PowayOnStage.org)

Presenters of World-Class Talent at the  
Poway Center for the Performing Arts





# CLASS REGISTRATION

Spring Registration Begins March 3 at 7:30am

Early Summer Camp Registration begins April 7 at 7:30am. 3 convenient ways to register for classes:

**1** Online registration is available by visiting the City of Poway website: [poway.org/classes](http://poway.org/classes). A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.

**2** Walk-in registration is available at the Community Services Department during business hours.

**Location**  
13325 Civic Center Drive

**Hours**  
Monday–Thursday | 7:30am–5:30pm  
Friday | 8:00am–5:00pm  
(closed every other Friday)

**3** Mail-in registration is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.

**Mail to**  
P.O. Box 789, Poway, CA 92074-0789

## Class and Camp Refund/Transfer Policy

### 1. Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

### 2. All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to [Activenet@poway.org](mailto:Activenet@poway.org), or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$15 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$15 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared.

3. Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department.

## Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

## Financial Assistance

### Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at [poway.org/play](http://poway.org/play).

### Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.



**City of Poway**  
 13325 Civic Center Drive  
 Poway, CA 92064

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City of Poway



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poway.org/connectwithus

\*\*\*\*\*ECRWSEDDM\*\*\*\*

**POSTAL CUSTOMER**

Poway, CA 92064

# SPRING 2020 EVENTS AT A GLANCE

## SPRING CAMPOUTS

Lake Poway  
 April 10-11  
 April 24-25  
 May 8-9  
 May 22-23



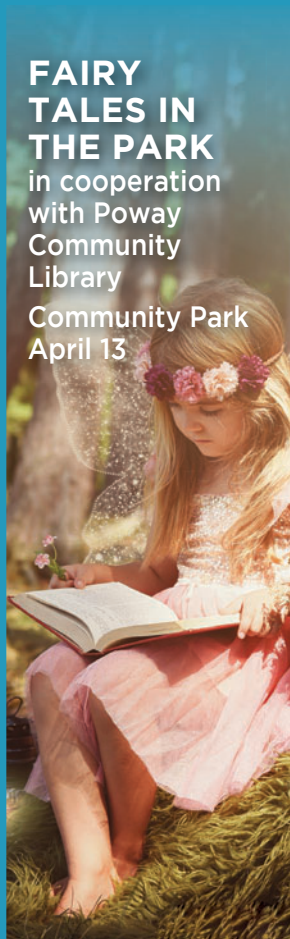
## SAVE THE DATE: EASTER EGG HUNT

Community Park  
 April 11



## FAIRY TALES IN THE PARK

in cooperation with Poway Community Library  
 Community Park  
 April 13



## SOLAR WALK

Blue Sky Ecological Reserve  
 April 18



## JUNIOR RANGER PROGRAM

Lake Poway  
 April 25



## Poway City Council

Mayor: STEVE VAUS  
 Deputy Mayor: CAYLIN FRANK  
 Councilmember: DAVE GROSCH  
 Councilmember: BARRY LEONARD  
 Councilmember: JOHN MULLIN

## SAVE THE DATE!

Registration begins March 3 at 7:30am.  
 See page 33 for details,  
 or visit [poway.org/classes](http://poway.org/classes).