

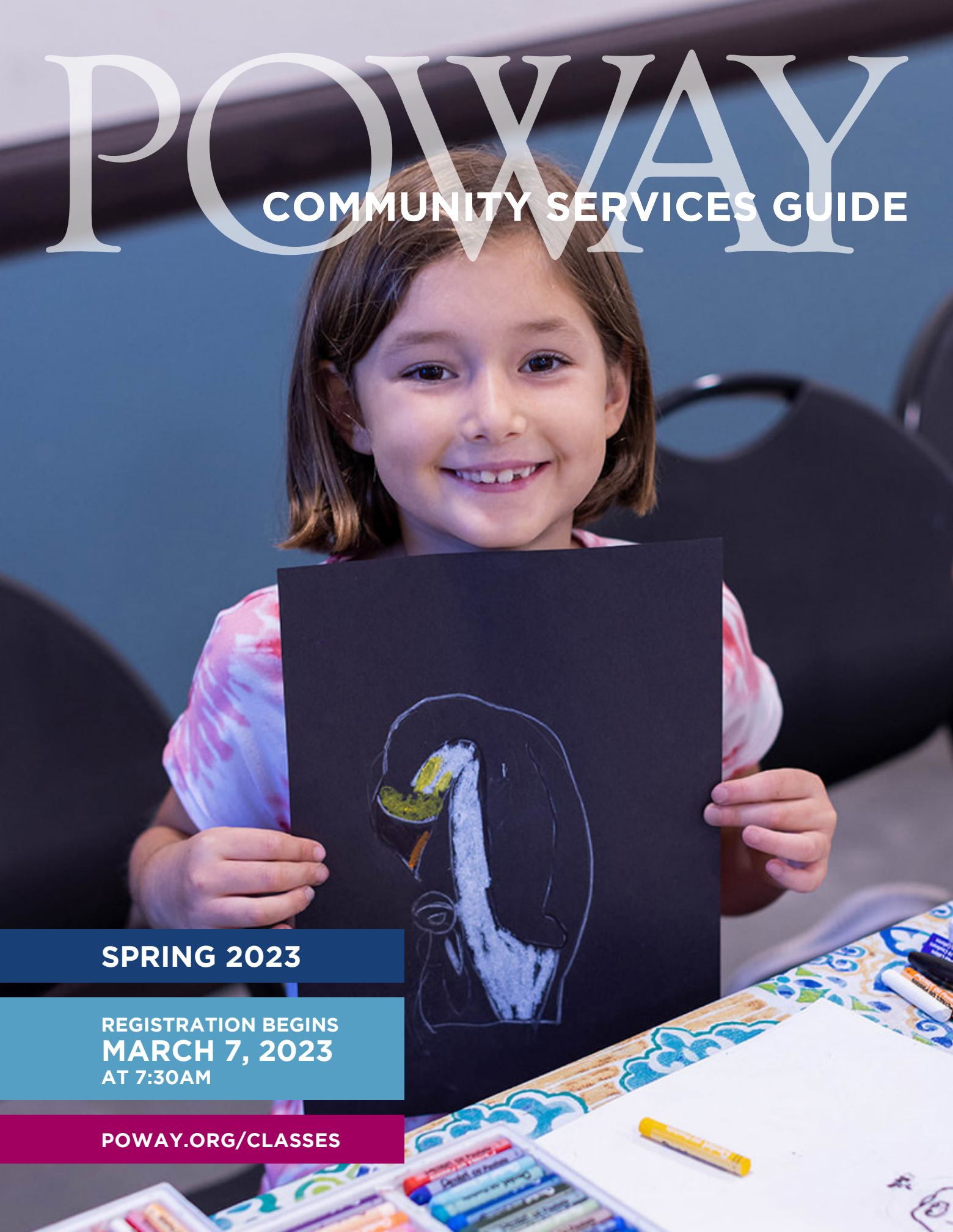
# POWAY

## COMMUNITY SERVICES GUIDE

**SPRING 2023**

REGISTRATION BEGINS  
**MARCH 7, 2023**  
AT 7:30AM

[POWAY.ORG/CLASSES](https://poway.org/classes)





# SPRING & SUMMER CAMPS GALORE!

## 2023 Spring Break Camps

School is out and the weather is warm. Don't sit at home! Take your spring break to the next level with one of our cool camps. Get outside, learn new skills, make friends, and get psyched about summer because it's right around the corner! **See page 2 for a full list of our spring break camps.** Registration begins Tuesday, March 7 at 7:30am.



## 2023 Summer Camp Preview

Can you believe that summer is almost here!? If you love summer as much as we do, then you're already looking for summer fun! In addition to the traditional and well-loved Lake Poway Day Camp, we're bringing you an amazing line-up of specialty camps sure to delight the aspiring film makers, curious scientists, creative artists, and talented athletes in your family. **See page 15 for the 2023 summer camp line-up.**

Early Summer Camp Registration begins Tuesday, April 4 at 7:30am.



## Looking For a Summer Job?

Look no further than your Community Services Department! We hire enthusiastic, qualified candidates to work with fun, outdoor, rewarding programs that enrich our community! These amazing seasonal employment opportunities include:

### CAMP COUNSELORS

Without dedicated counselors to foster community, a love of nature, and inspire outdoor play, Lake Poway Day Camp wouldn't be the premiere summer camp it is today! Apply if you enjoy working with children, being part of a team, and spending your summer outside.

### LIFEGUARDS/SWIM INSTRUCTORS

Lifeguards are integral to ensuring the safety of all pool guests during the busy summer! And what is summer without swim lessons? Our Swim Instructors instill confidence in swimmers of all ability levels. Combine your love of swimming and the water to land a job that pays you to do what you love!

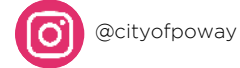
**See Page 36 for information on Certified Lifeguard Training Courses.**

### RECREATION LEADERS

Recreation Leaders provide invaluable assistance with special events, city programs, customer service, and more. It's the perfect introduction to the recreation field!

**These jobs are posted online as early as February at: [poway.org/jobs](http://poway.org/jobs)**

Connect with us and never miss a recreation opportunity again!



### SAVE THE DATE:

**Spring Registration: March 7 at 7:30am**  
**Early Summer Camp Registration: April 4 at 7:30am**

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# SPRING BREAK CAMPS

Registration: March 7 at 7:30am

## CAMP! SKATEBOARDING

AGES 5-13



Skateboarders of all levels are invited to come build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! All participants MUST wear a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day.

**INSTRUCTOR:** SD Skatelife, Andrew Barbosa:  
Andrew@sdskatelife.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.400	M-F	9:00am-12:00pm	Apr 10-Apr 14	\$165/\$176

## CAMP! WONDERS!

AGES 4-12

### 50 EXPERIMENT SCIENCE CAMP 1

These science camps are hands-on fun from beginning to end! Participants engage in 50 different hands-on experiments, including: build electric bottles, make balloon-helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band sponge rocket, design invisible inks, fire rocket balloons, and much more!

**INSTRUCTOR:** Wonders! Science and Math  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.400	M-TH	9:00am-12:00pm	Apr 10-Apr 13	\$150/\$161*

\*\$25 materials fee due on the first day of camp

## CAMP! WONDERS!

AGES 4-12

### 50 EXPERIMENT SCIENCE CAMP 2

These science camps are hands-on fun from beginning to end! Participants engage in 50 different hands-on experiments, including: make gold pennies, experiment with glowing rocks and amazing super-magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make sounds appear out of nowhere, work hovercrafts, make high-powered marshmallow guns, crush cans with air pressure, and much more!

**INSTRUCTOR:** Wonders! Science and Math  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.401	M-TH	1:00-4:00pm	Apr 10-Apr 13	\$150/\$161*

\*\$25 materials fee due on the first day of camp

## CAMP! SWIM & TENNIS

AGES 8-14

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool.

**INSTRUCTOR:** Art Christophiades  
**LOCATION:** Community Park, Tennis Courts

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.400	M-F	9:00am-3:00pm	Apr 10-Apr 14	\$150/\$161*

\*\$15 materials fee due on the first day of camp

## CAMP! ARCHERY

AGES 7-17

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

**INSTRUCTOR:** Rick Harper  
**LOCATION:** Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.400	M-F	8:00-9:30am	Apr 10-Apr 14	\$75/\$86*
6011.401	M-F	10:00-11:30am	Apr 10-Apr 14	\$75/\$86*

\*\$10 materials fee due on the first day of camp

## CAMP! CLICBITZ: SEWING BASICS: BUCKET HATS & BEACH BAGS

AGES 8-16

Add some flare to your perfect beach day! New to sewing or need a refresher? Learn sewing basics such as how to thread a machine, measure, read and cut out a basic pattern, and follow grainlines. Sewing machines provided or bring your own. No experience necessary.



**INSTRUCTOR:** Clicbitz San Diego  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5906.400	M-F	9:00am-12:00pm	Apr 10-Apr 14	\$210/\$221*

\*\$20 materials fee due on the first day of camp

## CAMP! CLICBITZ: FASHION DESIGN: BELL BOTTOMS

AGES 9-16

Upcycle old jeans into fashionable bell bottoms! Learn basic sewing techniques, practice design and drawing skills, and then bring your idea to life in a wearable work of art. Sewing machines provided or bring your own. No experience necessary.

**INSTRUCTOR:** Clicbitz San Diego  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5906.401	M-F	1:00-4:00pm	Apr 10-Apr 14	\$210/\$221*

\*\$20 materials fee due on the first day of camp

# CITY PROGRAMS

## Kid's Night Out

### KID'S NIGHT OUT

GRADES 1-5

Kid's Night Out is a win-win for everyone! Parents, take the night off because Kid's Night Out is all about the kids. Kids enjoy a themed night of recreation games, arts and crafts, special presenters, movies, and so much more. It's not your average night... it's Kid's Night Out!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Oak Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1000.400	F	4:30-9:00pm	Apr 7	\$10/\$21
1000.401	F	4:30-9:00pm	May 5	\$10/\$21
1000.402	F	4:30-9:00pm	Jun 2	\$10/\$21

## Teen Programs

### TEEN GLOW-IN-THE-DARK EGG HUNT

GRADES 6-9

When is an egg hunt not just an egg hunt? When it's a slammin' jammin' GLOW-IN-THE-DARK egg hunt! Join the quest for over one thousand glow-in-the-dark eggs filled with candy, kickin' gift cards, and tons of boss prizes. Don't miss out on the fun—bring your friends and get your hunt on!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.400	SA	5:00-9:00pm	Apr 15	\$5

### NEW! TEEN NEON NIGHTZ

GRADES 6-9

Here we glow again! Break out your fave fluorescent threads and grab your friends because the ultimate neon party is heading your way! Get your glow on with funky UV crafts and activities, shine bright like a neon sign on the dance floor, glow crazy taste-testing colorful treats, rave your way to brilliant prizes, and more! Bring on the night, the neon lights, and get ready to boldly glow where no one has glowed before!

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	FEE
1001.401	SA	5:00-9:00pm	May 20	\$5

### NEW! TEEN EXCURSION:

#### UNIVERSAL STUDIOS HOLLYWOOD

GRADES 6-9

Lights, camera, ADVENTURE! We're celebrating the end of school by rolling film on FUN—Hollywood style! We're heading to Universal Studios Hollywood where you can channel your inner wizard at Hogwarts, come face to face with a ginormous T-Rex, escape the bandaged claws of a vengeful Mummy, and join the battle to save the human race from vicious Decepticons! Whatever you and your friends can dream, you can be! Admission, transportation, and supervision are included.

**INSTRUCTOR:** Community Park Staff

**LOCATION:** Community Park, Sycamore Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
1001.402	SA	8:00am-11:00pm	Jun 10	\$110/\$169



# SPRING CLASSES

Registration: March 7 at 7:30am

## Preschool Activities

### TINY TOTS

AGES 3-5

This education program teaches participants valuable learning skills through play, songs, games, structured learning, and crafts in a fun and engaging atmosphere. Participants learn concepts such as letters, numbers, writing, and math skills, social skills, and more. Participants must be potty-trained and able to participate independently. Please bring a snack and drink each day.

**INSTRUCTOR:** Charlene Donovan

**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
1500.400	TU/TH	9:00am-12:00pm	Mar 28-Apr 20	\$190/\$201*
1500.401	TU/TH	9:00am-12:00pm	Apr 25-May 18	\$190/\$201*
1500.402	TU/TH	9:00am-12:00pm	May 23-Jun 8	\$143/\$154*

\*\$10 materials fee due on the first day of class



## Creative Arts

### MUSICAL THEATER AND DANCE: SING 2

AGES 5-12

Let your inner star shine while being introduced to the world of musical theater and dance! Participants build confidence and performance skills through fun drama games and exercises. Get cast parts and learn lines, scenes, songs, and a dance routine from the hit musical *Sing 2* in preparation for a family showcase on the last day of class. Costumes to borrow included.

**INSTRUCTOR:** Charlene's Dance & Cheer

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1810.400	TH	4:30-5:30pm	Mar 30-May 18	\$120/\$131



## Art

### GET SMART WITH ART

AGES 2-5

A unique beginners class for children to learn about artists and techniques, and create a new masterpiece each week! Children explore their creativity through carefully-designed lessons that ignite the imagination and encourage skill development.

**INSTRUCTOR:** Ms. Vivian

**LOCATION:** Community Park, Willow Room 306

**NO CLASS:** May 29

CLASS #	DAY	TIME	DATES	R/NR FEE
2505.400	M	10:00-10:45am	Mar 27-Apr 24	\$75/\$86
2505.401	M	10:00-10:45am	May 1-Jun 5	\$75/\$86

### ART SMARTS: DRAWING & PAINTING

AGES 5-17

Using a positive, uplifting environment of creativity, we generate the "wow factor" using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils. With over 200 lesson plans, participants enjoy drawing and painting animals, landscapes, portraiture, manga, birds, flowers, abstract design, and more. All materials provided.

**INSTRUCTOR:** Art Smarts

**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
2508.400	TU	4:00-5:00pm	Mar 28-May 2	\$102/\$113
2508.401	TU	4:00-5:00pm	May 9-Jun 6	\$85/\$96

# Dance

Try high-quality, fun Dance To EvOLvE classes without obligation on March 27 & 29 & April 1. Liability waiver required. Classes are designed to be progressive. All participants are invited to be part of the annual recital in June 2023. Affordable participant fee required; includes a costume participants keep.

Try it before you buy it!

## YOU&ME CREATIVE MOVEMENT

AGES 1.2-2.2

Spend a magical time with your little mover while they move to music, enhance motor skills, and develop listening skills in a fun environment. This class is designed for an adult and child to interact together while moving creatively and interacting with others. Adult participation is required per each child. No dance shoes or dance attire are required.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.400	M	10:00-10:45am	Mar 27-May 1	\$107/\$118
1702.401	M	10:00-10:45am	May 8-Jun 5	\$90/\$101

## MAGICAL MUNCHKINS

AGES 2-3.2

This gentle introductory combination dance class of tap or ballet, hip hop, and dance games is energetic, expressive, and fun. It will have your Magical Munchkin learning dance basics in an age-appropriate way. Classes start with tap or hip hop and transition into ballet each week. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance to EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

### Tap/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.402	M	10:50-11:35am	Mar 27-May 1	\$107/\$118
1702.403	M	10:50-11:35am	May 8-Jun 5	\$90/\$101

### Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.404	SA	8:30-9:15am	Apr 1-May 6	\$107/\$118
1702.405	SA	8:30-9:15am	May 13-Jun 10	\$90/\$101



## TINY MOVERS

AGES 3-4

A combination dance class of tap or hip hop, ballet, and dance games for kids. This energetic and expressive class will have your Tiny Mover learning age-appropriate dance and motor skills, musicality, and rhythm to reach class goals in fun, creative ways. Classes start with tap or hip hop and transition into ballet each week. This is the first big kids class as parents watch from outside of the room.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

### Tap/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.406	M	11:40am-12:35pm	Mar 27-May 1	\$107/\$118
1702.407	M	11:40am-12:35pm	May 8-Jun 5	\$90/\$101
1702.408	M	3:15-4:10pm	Mar 27-May 1	\$107/\$118
1702.409	M	3:15-4:10pm	May 8-Jun 12	\$107/\$118

### Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.410	SA	9:20-10:15am	Apr 1-May 6	\$107/\$118
1702.411	SA	9:20-10:15am	May 13-Jun 10	\$90/\$101

## STAR SHINERS

AGES 4.5-6

Keep your Star Shiner moving in this tap or hip hop and ballet combination dance class. This class introduces curriculum goals through fun movement allowing your dancer to be challenged while expressing themselves. Dancers develop dance, listening, and coordination skills, including an emphasis on ballet terminology and technique. Classes start with tap or hip hop, transition into ballet each week, and include a touch of jazz monthly.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

### Tap/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.412	M	4:15-5:10pm	Mar 27-May 1	\$107/\$118
1702.413	M	4:15-5:10pm	May 8-Jun 12	\$107/\$118

### Hip Hop/Ballet

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.414	SA	10:20-11:15am	Apr 1-May 6	\$107/\$118
1702.415	SA	10:20-11:15am	May 13-Jun 10	\$90/\$101

## DREAM DANCERS BALLET

AGES 6-10

A beginner ballet class focusing on learning fundamental ballet technique through a structured yet exciting class. This class starts developing your young dancer's grace, strength, flexibility, and musicality while always having fun.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com

**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.416	SA	11:20am-12:15pm	Apr 1-May 6	\$107/\$118
1702.417	SA	11:20am-12:15pm	May 13-Jun 10	\$90/\$101

**PRE-TEEN BALLET/JAZZ****AGES 7-12**

A beginner/intermediate ballet and jazz dance class focusing on ballet technique through barre and center work, which is fundamental to turn, kick, and leap your way into jazz. This class begins a young dancer's training by developing grace, strength, balance, rhythm, coordination, and flexibility, while always having fun.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.418	M	5:15-6:10pm	Mar 27-May 1	\$107/\$118
1702.419	M	5:15-6:10pm	May 8-Jun 12	\$107/\$118

**BITTY BOPPERS HIP HOP****AGES 2-3**

Calling all Bitty Boppers! This class is a fusion of basic hip hop and creative movement to get all the dancing wiggles out. Through creativity, classes focus on muscle development, coordination, and musicality. Participants should wear comfortable clothing and shoes they can move in. Adult participation is required per each child as needed.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.420	W	3:25-4:10pm	Mar 29-May 3	\$107/\$118
1702.421	W	3:25-4:10pm	May 10-Jun 14	\$107/\$118

**BEAT BREAKERS & HIP HOP****AGES 4-18**

These fun, high-energy classes will definitely have you movin' to the beats. Let loose while developing musicality, confidence, coordination, and creativity. No need to be intimidated. These classes are great for those who want to enhance their hip hop groove. All music and moves are age appropriate.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303**Beat Breakers**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.422	4-7	W	4:15-5:10pm	Mar 29-May 3	\$107/\$118
1702.423	4-7	W	4:15-5:10pm	May 10-Jun 14	\$107/\$118

**Hip Hop: Pre-Teen**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.424	8-12	W	5:15-6:10pm	Mar 29-May 3	\$107/\$118
1702.425	8-12	W	5:15-6:10pm	May 10-Jun 14	\$107/\$118

**Hip Hop: Teen**

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1702.426	13-18	W	6:15-7:10pm	Mar 29-May 3	\$107/\$118
1702.427	13-18	W	6:15-7:10pm	May 10-Jun 14	\$107/\$118



Come get your groove on!

**ADULT HIP HOP****AGES 18+**

Come get your groove on! This non-intimidating dance class based on basic hip hop will help you get your sweat on while having fun. All levels are welcome to find your inner groove using the rhythms of fun, high energy music.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.428	W	7:15-8:15pm	Mar 29-May 3	\$107/\$118
1702.429	W	7:15-8:15pm	May 10-Jun 14	\$107/\$118

**ADULT TAP****AGES 18+**

Come get your tap on! Create rhythm with tried-and-true tap steps in this fun, low-impact tap class that is sure to show results. Give yourself the gift of time! No experience necessary.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com**LOCATION:** Community Park, Willow Room 303

CLASS #	DAY	TIME	DATES	R/NR FEE
1702.430	M	6:15-7:15pm	Mar 27-May 1	\$107/\$118
1702.431	M	6:15-7:15pm	May 8-Jun 12	\$107/\$118

**CHEERLEADING, DANCE & TUMBLE****AGES 3-12**

In this high-energy class, participants use pom-poms and learn the fundamentals of cheer, dance, and tumbling techniques including voice projection, stretching, jumps, kicks, beginner tumbling and stunting, cheers, and sideline dances. Participants perform a full routine at the San Diego County Fair.

**INSTRUCTOR:** Charlene's Dance & Cheer**LOCATION:** Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
1703.400	3-5	TH	5:30-6:00pm	Mar 30-May 18	\$104/\$115
1703.401	6-12	TH	6:00-6:50pm	Mar 30-May 18	\$120/\$131

# Health & Wellness

## POUND

AGES 12+

Participants release their inner rockstar while engaging in this exhilarating, full-body workout that combines cardio, conditioning, and strength training with the rhythm and motions of drumming. POUND uses slightly-weighted drumsticks to provide an effective way to work out, relieve stress, and have fun. Yoga mats are required.

**INSTRUCTOR:** Brittanie Arnett

**LOCATION:** TU: Community Park, Willow Room 303

TH: Community Park, Sycamore Hall

**NO CLASS:** Apr 11 & 13

CLASS #	DAY	TIME	DATES	R/NR FEE
1608.400	TU	5:30-6:15pm	Mar 28-May 30	\$72/\$83
1608.401	TH	5:30-6:15pm	Mar 30-Jun 1	\$72/\$83



# FREE OLDER ADULT PROGRAMS!

INFORMATION: [poway.org/olderadults](http://poway.org/olderadults)

## FEELING FIT

ALL AGES

Feeling Fit offers a safe, comfortable environment to engage in physical activity, social interaction, and fun. Learn about the benefits of exercise, health, and fitness components. All moves and exercises are designed to be adapted to various physical abilities and can be performed from a seated or standing position. Equipment provided for class use.

**INSTRUCTOR:** Feeling Fit

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
M	10:00-11:00am	FREE
TH	10:00-11:00am	FREE

## LINE DANCING

ALL AGES

Do you love music, like to dance, but don't have a partner? Learn to line dance! Each dance is a pattern of steps that repeats throughout the song. We'll learn a new dance each week to different music. Wear soft-soled shoes and bring water.

**INSTRUCTOR:** Duffy

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
W	1:00-3:00pm	FREE
F	1:00-3:00pm	FREE

## SILVER AGE YOGA

ALL AGES

Silver Age Yoga is designed to reach the entire bell curve of the older adult population so that adults from beginner to advanced can safely participate at their own level of comfort. Can be performed from a seated or standing position.

**INSTRUCTOR:** Silver Age Yoga

**LOCATION:** Community Park, Sycamore Hall

DAY	TIME	R/NR FEE
F	9:30-10:45am	FREE

# Sports

## SOCCER SHOTS MINIS

AGES 2-3



This high-energy program introduces children to fundamental soccer principles such as using their feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children begin to experience the joy of playing soccer and being active. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots  
**LOCATION:** W: 2010.400: Old Poway Park, Green Park  
 2010.401: Valle Verde Park, Soccer Field  
 SA: Community Park, Open Play Area  
**NO CLASS:** May 27

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.400	W	9:00-9:30am	Apr 5-Jun 7	\$170/\$181*
2010.401	W	4:00-4:30pm	Apr 5-Jun 7	\$170/\$181*
2010.402	SA	9:00-9:30am	Apr 15-Jun 17	\$153/\$164*

\*\$30 materials fee due on the first day of class

## SOCCER SHOTS CLASSIC

AGES 4-6

Using imaginative games, we focus on basic soccer skills like dribbling, passing, and shooting. Positive character traits such as respect, teamwork, and appreciation are highlighted. Soccer Shots introduces your child to the fun of soccer and provides the foundation needed to get started in the sport. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots  
**LOCATION:** W: 2010.403: Old Poway Park, Green Park  
 2010.404: Valle Verde Park, Soccer Field  
 SA: Community Park, Open Play Area  
**NO CLASS:** May 27

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.403	W	9:35-10:20am	Apr 5-Jun 7	\$170/\$181*
2010.404	W	4:35-5:20pm	Apr 5-Jun 7	\$170/\$181*
2010.405	SA	9:40-10:25am	Apr 15-Jun 17	\$153/\$164*
2010.406	SA	10:35-11:20am	Apr 15-Jun 17	\$153/\$164*

\*\$30 materials fee due on the first day of class

## SOCCER SHOTS PREMIER

AGES 7-10

Premier classes focus on individual skill, fitness, and sportsmanship, providing an opportunity for participants to be challenged through fun games and team interaction. Participants are also introduced to competition in a developmentally-appropriate manner. All participants receive a Soccer Shots jersey.

**INSTRUCTOR:** Soccer Shots  
**LOCATION:** Community Park, Open Play Area  
**NO CLASS:** May 27

CLASS #	DAY	TIME	DATES	R/NR FEE
2010.407	SA	11:30am-12:25pm	Apr 15-Jun 17	\$153/\$164*

\*\$30 materials fee due on the first day of class



## TAEKWONDO

AGES 5+



This is a complete martial arts program designed to help participants of all ages develop respect, self-control, strength, speed, coordination, endurance, and confidence. Learn Taekwondo kicks, blocks, and punches through self-defense skills. A white Taekwondo uniform is required and may be purchased from the instructor for \$45. Attend the first day of class for free! Liability waiver required.

**INSTRUCTOR:** Master Chen  
**LOCATION:** Community Park, Sycamore Hall  
**BELT TESTING:** May 22—Participants will be notified if they're eligible to attend; \$45 belt testing fee required.

### Youth Taekwondo

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.400	5+	M/W	5:00-6:00pm	Mar 27-Jun 7	\$129/\$140

### Junior/Adult Taekwondo

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.401	11+	M/W	6:05-7:05pm	Mar 27-Jun 7	\$129/\$140

### Junior/Adult Taekwondo—Black Belt Participants

This program is for black belt participants only. Combined with class 2001.401 for the first hour, black belt participants stay an extra 25 minutes for individual instruction.

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2001.402	11+	M/W	6:05-7:30pm	Mar 27-Jun 7	\$129/\$140

**SKATEBOARDING: BEGINNER****AGES 6-13**

This beginner's class is designed to help build balance, confidence, and coordination. Participants learn the fundamentals of riding, skateboarding safety, and early trick development. All participants **MUST** wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelife, Andrew Barbosa:  
Andrew@sdkatelife.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.400	W	5:00-6:00pm	Mar 29-May 3	\$102/\$113
2004.401	W	5:00-6:00pm	May 10-Jun 14	\$102/\$113

**SKATEBOARDING: INTERMEDIATE/ADVANCED AGES 6-13**

Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions. Participants must have at least one year of experience **OR** have participated in the Skateboarding: Beginner class before enrolling. All participants **MUST** wear a helmet, elbow pads, and knee pads each class. Bring a skateboard or contact the instructor for options prior to the first class.

**INSTRUCTOR:** SD Skatelife, Andrew Barbosa:  
Andrew@sdkatelife.com

**LOCATION:** Community Park, Skate Park

CLASS #	DAY	TIME	DATES	R/NR FEE
2004.402	W	4:00-5:00pm	Mar 29-May 3	\$102/\$113
2004.403	W	4:00-5:00pm	May 10-Jun 14	\$102/\$113



Participants develop flowing runs, focus on the principles of getting air, flip tricks, and grinding, meet professionals, and participate in mock competitions.

## YOUTH VOLLEYBALL

AGES 9-14

### Meet the Instructor!



Susie Gehrke is a volleyball enthusiast! She coached freshman volleyball in the past and currently plays herself, indoor and at the beach five days per week. She's excited to teach new and growing volleyball players who enroll in our Youth Volleyball classes.

Looking for a fun sport? Come and play volleyball on Monday nights. Boys and girls are invited to participate in this fun, recreational activity. Volleyball play is mixed with the learning of fundamental volleyball skills, including serving, passing, setting, and hitting.

**INSTRUCTOR:** Susie Gehrke

**LOCATION:** Meadowbrook Gymnasium

**NO CLASS:** May 1 & 29 & Jun 5

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2002.400	9-12	M	5:30-6:30pm	Apr 3-Jun 12	\$75/\$86
2002.401	12-14	M	6:30-7:30pm	Apr 3-Jun 12	\$75/\$86



## ADULT VOLLEYBALL

AGES 16+

All players are divided into divisional four-person teams on the first night. This is followed by seven weeks of league play and a championship tournament night on the ninth week beginning at 6:00pm. Referees, roster/schedules, and prizes are included. New players must attend the starting orientation night. **Past volleyball experience is required.**

**INSTRUCTOR:** Dick Leatherman

**LOCATION:** Twin Peaks Multipurpose Center

**NO CLASS:** May 29

### Coed Intermediate

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.400	Men	TH	6:30-9:30pm	Apr 13-Jun 8	\$80/\$91
2005.401	Women	TH	6:30-9:30pm	Apr 13-Jun 8	\$80/\$91

### Coed Advanced

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.402	Men	TU	6:30-9:30pm	Apr 11-Jun 6	\$80/\$91
2005.403	Women	TU	6:30-9:30pm	Apr 11-Jun 6	\$80/\$91

### Women

CLASS #	GENDER	DAY	TIME	DATES	R/NR FEE
2005.404	Women	M	6:30-9:30pm	Apr 10-Jun 12	\$80/\$91



## TENNIS

AGES 6-14

Come learn tennis from beginner to advanced! Start by learning skills such as forehand and backhand groundstrokes, volleys, and a good first serve in the Beginner class. After attending two sessions of the Beginner class, participants can register for the Intermediate class. In the Intermediate class, learn court positioning, footwork drills, scoring system, and court etiquette while fine-tuning strokes. Enthusiasts enhance their ability in the Advanced Juniors class, preparing them for tournaments, league play, and high school teams. Advanced Juniors class placement is determined by the instructor.

**INSTRUCTOR:** Art Christophiades

**LOCATION:** Community Park, Tennis Courts

### Beginner

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.400	9-14	TU/TH	4:00-5:00pm	Mar 28-Apr 27	\$70/\$81
2000.401	6-8	SA	9:00-10:00am	Apr 1-Apr 29	\$35/\$46
2000.402	9-14	SA	10:00-11:00am	Apr 1-Apr 29	\$35/\$46
2000.403	9-14	TU/TH	4:00-5:00pm	May 9-Jun 8	\$70/\$81
2000.404	6-8	SA	9:00-10:00am	May 13-Jun 10	\$35/\$46
2000.405	9-14	SA	10:00-11:00am	May 13-Jun 10	\$35/\$46

### Intermediate

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.406	10-14	TU/TH	5:00-6:00pm	Mar 28-Apr 27	\$70/\$81
2000.407	10-14	SA	11:00am-12:00pm	Apr 1-Apr 29	\$35/\$46
2000.408	10-14	TU/TH	5:00-6:00pm	May 9-Jun 8	\$70/\$81
2000.409	10-14	SA	11:00am-12:00pm	May 13-Jun 10	\$35/\$46

### Advanced Juniors

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
2000.410	10-14	M/W	4:00-5:30pm	Mar 27-Apr 26	\$90/\$101
2000.411	10-14	M/W	4:00-5:30pm	May 8-Jun 7	\$90/\$101

# Open Play Sports

## OPEN PLAY SPORTS

ALL AGES

The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults. Open play basketball, volleyball, badminton, and pickleball are available during the week for your recreation needs at no charge.

During the spring months, free open gym times are as follows:

### Twin Peaks Multipurpose Center

14640 Tierra Bonita Road

ACTIVITY	DAY	OPEN GYM HOURS
Open Badminton	F	6:00-9:00pm
Open Volleyball	SU	6:00-9:00pm

### Meadowbrook Gymnasium

12320 Meadowbrook Lane

ACTIVITY	DAY	OPEN GYM HOURS
Open Basketball	TU	6:00-9:00pm
Open Basketball	TH	6:00-9:00pm
Open Pickleball	F	6:00-9:00pm
Open Adult Basketball	SU	8:00-11:00am
Open Basketball	SU	11:00am-2:00pm

Hours are subject to change without notice. For current operating hours, please visit our website at [poway.org/gyms](http://poway.org/gyms).

# Safety Training

## CHILD & BABYSITTING SAFETY

AGES 10-17



This hands-on, community education program teaches basic care techniques and child safety for infants and children. Participants practice infant care skills on dolls and manikins, as well as other babysitter activities. Topics

include: playtime safety, infant and child feeding, recognizing emergencies, and more. Upon completion of the course, participants receive a Babysitting Certificate from the American Safety & Health Institute and a Pediatric CPR participant card. Participants should bring a snack and water.

**INSTRUCTOR:** Lockhart Training

**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
2100.400	SA	9:30am-1:30pm	Apr 8	\$59/\$70*
2100.401	SA	9:30am-1:30pm	Jun 10	\$59/\$70*

\*\$10 materials fee due on the first day of class



The City of Poway operates two gymnasiums that provide a variety of activities for youth and adults.

# Special Needs

**NEW! SPORTS & GAMES**

**AGES 18+**

Packed with sports and fun games, this class teaches participants the importance of being a team player, stretching, rules of the game, basic athletic skills, and building sportsmanship! Experience a different sport/game each week such as soccer, corn hole, basketball, bocce ball, and more.



**INSTRUCTOR:** Villa de Vida, Inc.

**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.400	TH	4:00-5:00pm	Mar 30-Jun 1	\$60/\$71



**NEW! ARTS & CRAFTS**

**AGES 18+**

Are you ready to express your creative side? Join us for an arts and crafts extravaganza filled with painting, drawing, and mixed media projects. Let your artistic mind loose on a different project each week!

**INSTRUCTOR:** Villa de Vida, Inc.

**LOCATION:** Villa de Vida, Inc.: 12939 Pomerado Road

CLASS #	DAY	TIME	DATES	R/NR FEE
2201.401	TU	4:00-5:00pm	Mar 28-May 30	\$60/\$71*

\*\$15 materials fee due on the first day of class



## Dog Training

Proof of current vaccinations must be shown at first class. An adult must accompany all dog handlers 16 and younger. No metal choke chains or pinch collars; they are not needed!

**TRAINING CLASSES**

**DOGS 12 WEEKS+**



Training classes are the best thing you can do for you and your dog. Basic commands are taught in the Basic Obedience classes along with walking politely on leash. As the curriculum advances in the Intermediate Obedience classes, your dog works towards obtaining a Canine Good Citizen Title (AKC certified), which includes greeting other dogs politely on leash and coming when called. Take your dog training one step further in Advanced Obedience classes, which includes obeying off-leash commands and playing with other dogs.

**INSTRUCTOR:** Good Dog Training School, Lynne Moore

**LOCATION:** TU: Old Poway Park, Gazebo

W: Community Park, Dog Pen 2

SA: Garden Road Park, Open Area

### Basic Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.400	TU	6:30-7:30pm	Mar 28-May 2	\$95/\$106*
2300.401	SA	9:30-10:30am	Apr 1-May 6	\$95/\$106*
2300.402	TU	6:30-7:30pm	May 9-Jun 13	\$95/\$106*
2300.403	SA	9:30-10:30am	May 13-Jun 17	\$95/\$106*

\*\$25 material fees due on the first day of class

### Intermediate Obedience: Canine Good Citizen

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.404	SA	10:45-11:45am	Apr 1-May 6	\$95/\$106
2300.405	SA	10:45-11:45am	May 13-Jun 17	\$95/\$106

### Advanced Obedience

CLASS #	DAY	TIME	DATES	R/NR FEE
2300.406	W	6:30-7:30pm	Mar 29-May 3	\$95/\$106
2300.407	W	6:30-7:30pm	May 10-Jun 14	\$95/\$106

# Swim Classes

## Swim Lesson Registration

Please note the age, skill level requirements, and times for each class. Students enrolled either above or below their ability level may be dropped if unable to transfer into an appropriate class. If you cannot make the first day of class, please call (858) 668-4680 prior to the start of the class to ensure that you are not dropped.

## Swim Lesson Assessments

If you are unsure which level to enroll in, please make an appointment for a free swim lesson assessment! It is highly recommended for determining the correct placement level for participants.

INFORMATION: (858) 668-4680

## Waitlists

Can't find space in the class you're looking for? Make sure to add yourself to the waitlist and we'll contact you if space becomes available.

### PRE-GRUNION AGE 2

Designed for young children who are ready to begin learning basic swimming skills, but not ready to participate without their parents. Skills introduced are water entry, breath control, floats, and beginning swim strokes. Parents **must** accompany their children in the water.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 2</b> 0020.430	M/W	5:20-6:00pm	May 8-May 31*	\$54/\$81

### GRUNION 1 AGES 3-4

A beginning class for children with limited or no swimming experience to become comfortable in the water. Skills range from submerging underwater, front and back floats, front and back kicking, and beginning swim strokes.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b> 0101.410	M/W	4:30-5:10pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b> 0101.430	M/W	4:30-5:10pm	May 8-May 31*	\$54/\$81
0101.440	TU/TH	4:30-5:10pm	May 9-Jun 1	\$62/\$93



\*PLEASE NOTE: There will be no class on Monday, May 29



### GRUNION 2 AGES 3-5

Introductory class for children who have successfully completed the Grunion 1 class or who are very comfortable in the water. Reinforces basic swim skills learned in Grunion 1, with a greater emphasis on independence.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b> 0102.410	M/W	4:30-5:10pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b> 0102.430	M/W	4:30-5:10pm	May 8-May 31*	\$54/\$81
0102.440	TU/TH	4:30-5:10pm	May 9-Jun 1	\$62/\$93

### GRUNION 3 AGES 3-5

Designed for swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasized skills include front and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b> 0103.410	M/W	5:20-6:00pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b> 0103.430	M/W	4:30-5:10pm	May 8-May 31*	\$54/\$81
0103.440	TU/TH	5:20-6:00pm	May 9-Jun 1	\$62/\$93

### STARFISH AGES 6-12

Designed for older swimmers with limited or no swimming experience to gain confidence in the water. Students will learn fundamentals of submerging, floating, kicking, and swim strokes. Orientation to four feet of water is also introduced.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b> 0201.410	M/W	6:10-6:50pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b> 0201.430	M/W	6:10-6:50pm	May 8-May 31*	\$54/\$81
0201.440	TU/TH	6:10-6:50pm	May 9-Jun 1	\$62/\$93



### SEAHORSE

AGES 6-12

This class is for older swimmers who are able to float, kick, and swim a few front crawl strokes on their own. Emphasis is placed on improving the front crawl and back crawl. Students should feel comfortable in at least four feet of water.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0202.410	M/W	6:10-6:50pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b>				
0202.430	M/W	6:10-6:50pm	May 8-May 31*	\$54/\$81
0202.440	TU/TH	6:10-6:50pm	May 9-June 1	\$62/\$93

### OTTER

AGES 6-14

This class improves technique, promotes self-proficiency, and increases endurance of front crawl and back crawl. Additionally, focuses on side-breathing, and passing the Swim Test.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0203.410	M/W	5:20-6:00pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b>				
0203.430	M/W	6:10-6:50pm	May 8-May 31*	\$54/\$81
0203.440	TU/TH	5:20-6:00pm	May 9-Jun 1	\$62/\$93

### SEAL

AGES 6-15

Must be able to swim 15 yards of front crawl with side breathing, back crawl, and elementary backstroke. Skills introduced are dolphin and breaststroke kick, and continued emphasis on stroke efficiency.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0204.410	M/W	7:00-7:40pm	Apr 10-May 3	\$62/\$93
<b>Session 2</b>				
0204.430	M/W	5:20-6:00pm	May 8-May 31*	\$54/\$81
0204.440	TU/TH	7:00-7:40pm	May 9-Jun 1	\$62/\$93

\*PLEASE NOTE: There will be no class on Monday, May 29

### STINGRAY

AGES 6-15

This class continues to develop technique and endurance of front crawl, back crawl, and elementary backstroke. Introduced skills are breaststroke and sidestroke.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 2</b>				
0205.430	M/W	5:20-6:00pm	May 8-May 31*	\$54/\$81

### DOLPHIN

AGES 6-15

Focuses on stroke refinement and increased swimming endurance. Proficiency in front crawl with side-breathing, back crawl, elementary backstroke, sidestroke, and breaststroke are expected. Participants must be able to swim at least 50 yards of front crawl and back crawl without stopping prior to taking this class. New skills introduced are butterfly and flip turns.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 2</b>				
0206.430	M/W	7:00-7:40pm	May 8-May 31*	\$54/\$81

### ADULT BEGINNER

AGES 16+

It's never too late to learn to swim! For adults who desire to become confident in the water and learn basic swimming skills.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 1</b>				
0301.410	M/W	7:00-7:40pm	Apr 3-Apr 26	\$62/\$93
<b>Session 2</b>				
0301.430	M/W	7:00-7:40pm	May 8-May 31*	\$54/\$81
0301.440	TU/TH	7:00-7:40pm	May 9-Jun 1	\$62/\$93

### ADULT INTERMEDIATE

AGES 16+

For adults who are comfortable in the water and have basic swimming skills. Focuses on increased endurance, stroke refinement, and improvement.

CLASS #	DAY	TIME	DATES	R/NR FEE
<b>Session 2</b>				
0302.430	M/W	7:00-7:40pm	May 8-May 31*	\$54/\$81





# SUMMER CAMP PREVIEW

Early Summer Camp Registration:  
April 4 at 7:30am

## LAKE POWAY DAY CAMP

AGES 6-12



Join us at Lake Poway Day Camp for a week of exciting fun! Each week, campers will have the opportunity to boat, fish, hike, create arts and crafts, play games, attend a variety of exciting field trips, and explore the great outdoors! During our adventure, campers will make new friends and create memories to last a lifetime. Extended care is available from 4:00-5:30pm, free of charge.

**INFORMATION:** poway.org/daycamp or (858) 668-4776

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2934.100	M-F	8:00am-4:00pm	Jun 12-Jun 16	\$153/\$174
2934.101	M-F	8:00am-4:00pm	Jun 19-Jun 23	\$153/\$174
2934.102	M-F	8:00am-4:00pm	Jun 26-Jun 30	\$153/\$174
2934.103	M-F	8:00am-4:00pm	Jul 3-Jul 7	\$123/\$144
2934.104	M-F	8:00am-4:00pm	Jul 10-Jul 14	\$153/\$174
2934.105	M-F	8:00am-4:00pm	Jul 17-Jul 21	\$153/\$174
2934.106	M-F	8:00am-4:00pm	Jul 24-Jul 28	\$153/\$174
2934.107	M-F	8:00am-4:00pm	Jul 31-Aug 4	\$153/\$174
2934.108	M-F	8:00am-4:00pm	Aug 7-Aug 11	\$153/\$174

All camp participants should wear closed-toe shoes and bring water, a snack or lunch, and plenty of sunscreen (for outdoor camps).



## LAKE POWAY DAY CAMP CIT

AGES 13-17

Calling all teens! Get ready to have a blast this summer with the Lake Poway Day Camp Counselor in Training (CIT) program! Each week, CIT's will lead campers in boating, fishing, hiking, games, attend exciting field trips, and more! This unique program provides CIT's the opportunity to build relationships and improve leadership and communication skills all while enjoying the adventure of camp! Extended care is available from 4:00-5:30pm, free of charge.

**INFORMATION:** poway.org/daycamp or (858) 668-4776

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
2935.100	M-F	8:00am-4:00pm	Jun 12-Jun 16	\$97/\$118
2935.101	M-F	8:00am-4:00pm	Jun 19-Jun 23	\$97/\$118
2935.102	M-F	8:00am-4:00pm	Jun 26-Jun 30	\$97/\$118
2935.103	M-F	8:00am-4:00pm	Jul 3-Jul 7	\$78/\$99
2935.104	M-F	8:00am-4:00pm	Jul 10-Jul 14	\$97/\$118
2935.105	M-F	8:00am-4:00pm	Jul 17-Jul 21	\$97/\$118
2935.106	M-F	8:00am-4:00pm	Jul 24-Jul 28	\$97/\$118
2935.107	M-F	8:00am-4:00pm	Jul 31-Aug 4	\$97/\$118
2935.108	M-F	8:00am-4:00pm	Aug 7-Aug 11	\$97/\$118

# Come Join Us for Lunch!

## SUMMER CAMP LUNCH HOUR

## ALL AGES



Create a full-day camp experience by taking advantage of Summer Camp Lunch Hour! Participants who register for a morning half-day camp and an afternoon half-day camp during the same week in the same location (does not have to be in the exact same area/room), can

register for Summer Camp Lunch Hour. Locations include: Community Park, Meadowbrook, Twin Peaks, and Old Poway Park. Participants will be supervised by staff and will be escorted to and from camp areas/rooms. All participants should bring a sack lunch and water to camp each day.

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	FEE
5003.100	M-F	12:00-1:00pm	Jun 12-Jun 16	\$25
5003.101	M-F	12:00-1:00pm	Jun 19-Jun 23	\$25
5003.102	M-F	12:00-1:00pm	Jun 26-Jun 30	\$25
5003.103	M-F	12:00-1:00pm	Jul 3-Jul 7	\$20
5003.104	M-F	12:00-1:00pm	Jul 10-Jul 14	\$25
5003.105	M-F	12:00-1:00pm	Jul 17-Jul 21	\$25
5003.106	M-F	12:00-1:00pm	Jul 24-Jul 28	\$25
5003.107	M-F	12:00-1:00pm	Jul 31-Aug 4	\$25
5003.108	M-F	12:00-1:00pm	Aug 7-Aug 11	\$25



# Sports Camps



## INTRODUCTION TO FENCING

## AGES 8-14

*En Garde!* Ready? Fence! Team Touche's fencing camp is a week of fun and engaging lessons in fencing that are sure to strengthen muscle and develop speed as participants learn to swing, carve, and strike with child-friendly fencing equipment. Equipment provided for camp use.

**INSTRUCTOR:** Team Touche

**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6006.100	M-F	1:00-4:00pm	Jul 17-Jul 21	\$225/\$236
6006.101	M-F	1:00-4:00pm	Aug 7-Aug 11	\$225/\$236

## SOCCER SHOTS

## AGES 4-6

Soccer Shots is all about getting young athletes excited about taking risks and creating confidence with the ball. Our professionally-trained, child-development experts teach Soccer Shots character traits, as well as soccer skills. Our goal is to have participants succeed on the soccer field and beyond the game!

**INSTRUCTOR:** Soccer Shots

**LOCATION:** Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6010.100	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$150/\$161*
6010.101	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$150/\$161*
6010.102	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$150/\$161*

\*\$30 materials fee due on the first day of camp

## FIT KIDS AMERICA: MULTI-SPORT

## AGES 5-12

Having trouble deciding which sport camp to choose? Never get bored in this Multi-Sport camp. Experience the fun of trying out a new sport every day and practicing with speed drills, scrimmaging, endurance training, agility obstacles, balance testing, experienced-based learning, and more. Traditional sports like flag football, basketball, and soccer are included, as well as dodgeball, field games, and more to mix up the fun.

**INSTRUCTOR:** Fit Kids America

**LOCATION:** Hilleary Soccer Field

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6016.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$189/\$200
6016.101	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$189/\$200
6016.102	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$151/\$162
6016.103	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$189/\$200
6016.104	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$189/\$200

**FIT KIDS AMERICA: VOLLEYBALL****AGES 7-12**

This camp is designed to help players learn and develop a basic understanding of volleyball. Participants learn the skills of serving, passing, setting, attacking, and blocking. Instruction also includes tactical skills of volleyball offensive and defensive play, as well as the rules and scoring.

**INSTRUCTOR:** Fit Kids America**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6016.105	M-F	1:00-4:00pm	Jun 19-Jun 23	\$229/\$240

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6016.106	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$229/\$240

**ARCHERY****AGES 7-17**

Come enjoy a fun-filled week of archery! Learn archery basics and shoot with surprising accuracy in this week-long camp. Instructor works with participants at their individual skill level, making this camp perfect for beginners and skilled archers alike. Please do not bring personal equipment; equipment provided for camp use.

**INSTRUCTOR:** Rick Harper**LOCATION:** Lake Poway, Archery Range

CLASS #	DAY	TIME	DATES	R/NR FEE
6011.100	M-F	8:00-9:30am	Jun 12-Jun 16	\$75/\$86*
6011.101	M-F	10:00-11:30am	Jun 12-Jun 16	\$75/\$86*
6011.102	M-F	8:00-9:30am	Jun 19-Jun 23	\$75/\$86*
6011.103	M-F	10:00-11:30am	Jun 19-Jun 23	\$75/\$86*
6011.104	M-F	8:00-9:30am	Jun 26-Jun 30	\$75/\$86*
6011.105	M-F	10:00-11:30am	Jun 26-Jun 30	\$75/\$86*
6011.106	M-F	8:00-9:30am	Jul 10-Jul 14	\$75/\$86*
6011.107	M-F	10:00-11:30am	Jul 10-Jul 14	\$75/\$86*
6011.108	M-F	8:00-9:30am	Jul 17-Jul 21	\$75/\$86*
6011.109	M-F	10:00-11:30am	Jul 17-Jul 21	\$75/\$86*
6011.110	M-F	8:00-9:30am	Jul 24-Jul 28	\$75/\$86*
6011.111	M-F	10:00-11:30am	Jul 24-Jul 28	\$75/\$86*
6011.112	M-F	8:00-9:30am	Jul 31-Aug 4	\$75/\$86*
6011.113	M-F	10:00-11:30am	Jul 31-Aug 4	\$75/\$86*
6011.114	M-F	8:00-9:30am	Aug 7-Aug 11	\$75/\$86*
6011.115	M-F	10:00-11:30am	Aug 7-Aug 11	\$75/\$86*

\*\$10 materials fee due on the first day of camp

**SKATEBOARDING & SWIM****AGES 5-13**

Skateboarders of all levels are invited to come build your ramp skills, develop tricks, learn safety techniques, meet guest pros, and make new friends! All participants MUST wear a helmet, elbow pads, and knee pads each day. Bring a skateboard or contact the instructor for options prior to the first day. After lunch, participants cool off with free swim in the pool.

**INSTRUCTOR:** SD Skatelite, Andrew Barbosa:  
Andrew@sdskatelite.com**LOCATION:** Community Park, Skate Park**NO CAMP:** Jul 4**Half Day: Skateboarding**

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$165/\$176
6004.101	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$165/\$176
6004.102	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$135/\$146
6004.103	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$165/\$176
6004.104	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$165/\$176
6004.105	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$165/\$176

**Full Day: Skateboarding & Free Swim**

CLASS #	DAY	TIME	DATES	R/NR FEE
6004.106	M-F	9:00am-3:00pm	Jun 12-Jun 16	\$250/\$261*
6004.107	M-F	9:00am-3:00pm	Jun 19-Jun 23	\$250/\$261*
6004.108	M-F	9:00am-3:00pm	Jul 3-Jul 7	\$200/\$211*
6004.109	M-F	9:00am-3:00pm	Jul 10-Jul 14	\$250/\$261*
6004.110	M-F	9:00am-3:00pm	Jul 24-Jul 28	\$250/\$261*
6004.111	M-F	9:00am-3:00pm	Aug 7-Aug 11	\$250/\$261*

\*\$15 materials fee due on the first day of camp

**SWIM & TENNIS****AGES 8-14**

This camp consists of court etiquette, scoring system, footwork drills, forehand and backhand groundstroke drills, volley drills, serving drills, games, doubles strategy, court positioning, and conditioning. These techniques are designed to form a well-rounded tennis enthusiast with enhanced abilities. After lunch, participants cool off with free swim in the pool.

**INSTRUCTOR:** Art Christophiades**LOCATION:** Community Park, Tennis Courts**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6000.100	M-F	9:00am-3:00pm	Jun 12-Jun 16	\$150/\$161*
6000.101	M-F	9:00am-3:00pm	Jun 19-Jun 23	\$150/\$161*
6000.102	M-F	9:00am-3:00pm	Jun 26-Jun 30	\$150/\$161*
6000.103	M-F	9:00am-3:00pm	Jul 3-Jul 7	\$120/\$131*
6000.104	M-F	9:00am-3:00pm	Jul 10-Jul 14	\$150/\$161*
6000.105	M-F	9:00am-3:00pm	Jul 17-Jul 21	\$150/\$161*
6000.106	M-F	9:00am-3:00pm	Jul 24-Jul 28	\$150/\$161*
6000.107	M-F	9:00am-3:00pm	Jul 31-Aug 4	\$150/\$161*
6000.108	M-F	9:00am-3:00pm	Aug 7-Aug 11	\$150/\$161*

\*\$15 materials fee due on the first day of camp

**GWYNN BASEBALL: YOUTH BASEBALL** AGES 7-14



Gwynn Baseball provides a safe, healthy, learning environment for athletes to develop their athletic skills. Participants watch demonstrations by professional staff and partake in drills covering hitting, infield and outfield play, base running, and pitching. We are dedicated

to providing a fun and stimulating experience that will be remembered for years!

**INSTRUCTOR:** Gwynn Baseball Staff  
**LOCATION:** Community Park, Ball Field East & West

**Full Week:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.100	M-F	8:00am-2:00pm	Jun 12-Jun 17	\$300/\$311
	SA	10:00am-3:00pm		

**Half Week:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.101	W/F	8:00am-2:00pm	Jun 14, 16, 17	\$225/\$236
	SA	10:00am-3:00pm		

**One Day:**

CLASS #	DAY	TIME	DATES	R/NR FEE
6007.102	SA	10:00am-3:00pm	Jun 17	\$75/\$86

**MASTER SPORTS: ADVENTURE LASERTAG** AGES 8-12

Can you make it through basic training, conquer the obstacle course, and tackle rope swings? Participants learn to work as a team to prepare for new missions: protecting home base, capturing the enemy tank, and rescuing captured teammates! This one-of-a-kind playing field brings the enjoyment to another level. The day is filled with fast and fun sports, games, and of course—Laser Tag!

**INSTRUCTOR:** Master Sports  
**LOCATION:** Hilleary Soccer Field

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.100	M-F	9:00am-3:00pm	Jul 24-Jul 28	\$250/\$261



**MASTER SPORTS: XTREME DODGEBALL & GAMES** AGES 6-12

This camp features our most popular game ever invented: Xtreme Dodgeball! Participants also enjoy classic indoor game favorites like capture the flag, line tag, ultimate football, indoor soccer, kick ball, home run derby, and much more. Prepare yourself for an action-packed week of indoor games!

**INSTRUCTOR:** Master Sports  
**LOCATION:** Twin Peaks Multipurpose Center  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.101	M-F	9:00am-3:00pm	Jul 3-Jul 7	\$200/\$211

**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.102	M-F	9:00am-3:00pm	Jul 17-Jul 21	\$250/\$261

This awesome camp gives every player the tools they need to succeed.



**MASTER SPORTS: SKILL BUILDER BASKETBALL** AGES 6-12

Build your physical and mental skills with this awesome camp that focuses on basketball essentials, giving every player the tools they need to succeed. Incorporated into the curriculum along with drills and games is the Fitlight Trainer, to train your brain and your game. Participants are divided into groups by skill and age to maximize their workouts and scrimmages. All participants receive a camp shirt.

**INSTRUCTOR:** Master Sports  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.103	M-F	9:00am-3:00pm	Jun 19-Jun 23	\$250/\$261
6008.104	M-F	9:00am-3:00pm	Jul 31-Aug 4	\$250/\$261

**LOCATION:** Twin Peaks Multipurpose Center

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.105	M-F	9:00am-3:00pm	Jul 10-Jul 14	\$250/\$261

**MASTER SPORTS: SWIM & SPORTS****AGES 6-12**

Everyday feels like a field trip without ever having to go anywhere! Enjoy non-stop, activity-filled days that include traditional sports, Xtreme Dodgeball, Rally Pedal Kart Racing, Laser Tag, and so much more! After lunch, participants cool off with free swim in the pool.

**INSTRUCTOR:** Master Sports**LOCATION:** Community Park, Open Play Area**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6008.106	M-F	9:00am-3:00pm	Jun 12-Jun 16	\$250/\$261*
6008.107	M-F	9:00am-3:00pm	Jun 19-Jun 23	\$250/\$261*
6008.108	M-F	9:00am-3:00pm	Jun 26-Jun 30	\$250/\$261*
6008.109	M-F	9:00am-3:00pm	Jul 3-Jul 7	\$200/\$211*
6008.110	M-F	9:00am-3:00pm	Jul 10-Jul 14	\$250/\$261*
6008.111	M-F	9:00am-3:00pm	Jul 17-Jul 21	\$250/\$261*
6008.112	M-F	9:00am-3:00pm	Jul 24-Jul 28	\$250/\$261*
6008.113	M-F	9:00am-3:00pm	Jul 31-Aug 4	\$250/\$261*
6008.114	M-F	9:00am-3:00pm	Aug 7-Aug 11	\$250/\$261*

\* \$15 materials fee due on the first day of camp

**BEGINNER GYMNASTICS****AGES 4-10**

Jump, spin, swing, balance, tumble, play, and more! Participate in noncompetitive gymnastics, energizing fitness games, and themed fun that motivates and excites your gymnast all summer long! Each camp is uniquely designed to teach gymnastics fundamentals while keeping participants moving and active. With an overall emphasis on physical development and personal success, this camp is action packed! Please wear comfortable clothes or a leotard with no snaps, zippers, or buttons.

**INSTRUCTOR:** My Gym Poway**LOCATION:** Community Park, Willow Rooms 302 & 303

CLASS #	DAY	TIME	DATES	R/NR FEE
6017.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$200/\$211
6017.101	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$200/\$211
6017.102	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$200/\$211

**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6017.103	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$200/\$211
6017.104	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$200/\$211



# Creative Arts Camps



## BEST OF BROADWAY & DISNEY

AGES 7-14

Join us on the big stage! Participants develop skills in both acting and improv, take a fantastic dance class, and dive into vocal technique! Learn songs, dances, and roles with lines while creating 10-minute mini-Broadway musicals.

**INSTRUCTOR:** Catherine Colby

**LOCATION:** Poway Center for the Performing Arts:  
15498 Espola Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.100	M-F	9:00am-12:30pm	Jul 10-Jul 14	\$175/\$186*
5803.101	M-F	9:00am-12:30pm	Jul 17-Jul 21	\$175/\$186*
5803.102	M-F	9:00am-12:30pm	Jul 31-Aug 4	\$175/\$186*

\*\$20 materials fee due on the first day of camp

## ACTING & IMPROV

AGES 7-14



Learn the secrets to sparkle onstage! Influenced by Viola Spolin's philosophy of imaginative play, we play fun acting games that focus on creating a character, telling a story, staging, acting technique, and more! Laugh and learn

while we develop confidence and creativity! Beginners to advanced actors welcome!

**INSTRUCTOR:** Catherine Colby

**LOCATION:** Poway Center for the Performing Arts:  
15498 Espola Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5803.103	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$165/\$176*
5803.104	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$165/\$176*

\*\$15 materials fee due on the first day of camp

## CINEMATOGRAPHY

AGES 7-13

An introduction to digital photography and cinematography. Learn the aesthetics of visual arts by telling a story through still-image and short scenes. Participants create a portfolio of visual, non-narrative work by learning key cinematography concepts, such as composition, lighting, color, and tone. Discover the importance of camera angles, shot sizes, and camera movements, and learn basics of Go-Pros®, gimbals, and drones. Digital cameras and equipment provided for camp use.



**INSTRUCTOR:** Children's Film Academy: Valente Aranda

**LOCATION:** Old Poway Park, Great Room

CLASS #	DAY	TIME	DATES	R/NR FEE
5806.100	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$205/\$216
5806.101	M-F	1:00-4:00pm	Jun 19-Jun 23	\$205/\$216
5806.102	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$205/\$216
5806.103	M-F	1:00-4:00pm	Jun 26-Jun 30	\$205/\$216

## PHOTOGRAPHY

AGES 9-15

Express your creativity through photography! Participants create a portfolio, learning how to organize each picture to fully showcase it. Participants learn about lighting, glare, angles, cropping, framing, editing, and other details that can make a photo the best it can be! Cameras provided for camp use.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Old Poway Park, Templars Hall

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.100	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$165/\$176
5800.101	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$165/\$176

## DIGITAL MUSIC

AGES 9-16

Do you have ideas on how to make current songs sound even more awesome? Make your own rhythm by mixing songs and beats! Participants learn how to use music software, DJ software, and turntables to tweak timing and sound effects. Please Note: songs created at camp are for personal use only.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com

**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
5800.102	M-F	1:00-4:00pm	Jul 10-Jul 14	\$150/\$161



# Cooking Camps

COOKING ROUND THE WORLD is a fun and delicious way to introduce participants to food and cooking. Learn recipes from a chef and make two themed dishes from scratch every day.

All fresh ingredients and cookware are included! The “ew” and “gross” around nutritious food is replaced with curiosity and tasting bravery. Learn measuring skills and how to read recipes to maximize deliciousness.

**INSTRUCTOR:** Cooking Round the World  
**LOCATION:** Community Park, Willow Room 304 & Kitchen



## STAR WARS: MAY THE FORK BE WITH YOU! AGES 6-14

Visit the dark side and light side of the galaxy with imaginative food creations from *Star Wars* characters like Chewbacca, BB8, Princess Leia, Yoda, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## A DISH OF DISNEY AGES 6-14

Cook, eat, and have fun with Disney interpretations, such as Pizza Planet pizza from *Toy Story*, grubs and bugs from *Lion King*, meatball stroganoff from *Anastasia*, and more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.101	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$275/\$286*
6701.102	M-F	1:00-4:00pm	Jun 19-Jun 23	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## HARRY POTTER: TASTE THE MAGIC! AGES 6-14

From butterbeer pancakes to double-double chocolate cauldron cake, participants enjoy Hogwarts culinary delights.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.103	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$275/\$286*
6701.104	M-F	1:00-4:00pm	Jun 26-Jun 30	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## NEW! CELEBRITY CHEFS AGES 6-14

Recreate the dishes of TV Network Celebrity chefs like Bobby Flay, Rachel Ray, Gordon Ramsey, Giada De Laurentiis, and Ree Drummond.

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.105	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$220/\$231*

\*\$40 materials fee due on the first day of camp

## NEW! INTERNATIONAL BAKING AGES 6-14

Explore and dive into aspects of baking techniques and baked dishes from around the world. Breads, pies, cookies, cakes, and baked savory dishes. Yum!

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.106	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$275/\$286*
6701.107	M-F	1:00-4:00pm	Jul 10-Jul 14	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## NEW! COOKING ROUND THE USA AGES 6-14

Visit a different US state each day, learn about what that state is distinctly known for, and eat delicious foods associated with that state.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.108	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$275/\$286*
6701.109	M-F	1:00-4:00pm	Jul 17-Jul 21	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## NEW! INTERNATIONAL PIES AGES 6-14

From Irish Shepard's pie, to Greek spanakopita, from French quiche to Filipino buko pies, learn pie making techniques with an international twist. Both sweet and savory pies will be included. We'll make the dough and fillings and ... eat the pies as well!

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.110	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## NEW! OODLES OF NOODLES AGES 6-14

From your typical bowtie noodles and spaghetti, to the more unusual pizza topped linguini and stuffed pasta. Oodles of Noodles will introduce participants to a variety of sweet and savory pastas and sauces.

CLASS #	DAY	TIME	DATES	R/NR FEE
6701.111	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$275/\$286*
6701.112	M-F	1:00-4:00pm	Jul 31-Aug 4	\$275/\$286*

\*\$50 materials fee due on the first day of camp

## NEW! BREAKFAST ROUND THE WORLD AGES 6-14

Try breakfast tostadas from Argentina, falafels from Morocco, egg and potato curry from Bangladesh, and much more! Participants get an international culinary education as they explore breakfast from different countries.



CLASS #	DAY	TIME	DATES	R/NR FEE
6701.113	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$275/\$286*

\*\$50 materials fee due on the first day of camp

# Dance Camps

## DANCING FAIRYTALE PRINCESSES

AGES 3-8

All dancers in the kingdom are invited to spend a week of dance and enchantment with some of our favorite fairytale princesses! Learn ballet, tap, tumbling, and jazz dances to beloved songs from *Under the Sea* all the way to *Neverland* and more. A daily “royal” sparkly craft included. Fairy princess-themed attire encouraged; tap and ballet shoes required.

**INSTRUCTOR:** Debbora Childress:  
contact@msdebborasschoolofdance.com

**LOCATION:** Ms. Debbora’s School of Dance:  
14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.100	M-F	9:30am-12:00pm	Jul 10-Jul 14	\$145/\$156
5700.101	M-F	9:30am-12:00pm	Jul 31-Aug 4	\$145/\$156

## DANCING FAIRIES & UNICORNS!

AGES 3-8

Let’s dance with fairies and unicorns during this whimsical week of magical fun! We’ll tip-toe through the garden, wiggle and tumble with fairies, and twirl and tap with unicorns. A daily “magical” sparkly craft included! Magical fairy and unicorn-themed attire encouraged; tap and ballet shoes required.

**INSTRUCTOR:** Debbora Childress:  
contact@msdebborasschoolofdance.com

**LOCATION:** Ms. Debbora’s School of Dance:  
14005-B Midland Road

CLASS #	DAY	TIME	DATES	R/NR FEE
5700.102	M-F	9:30am-12:00pm	Jul 24-Jul 28	\$145/\$156



Dance with fairies and unicorns!



## CHEERLEADING, DANCE & TUMBLE

AGES 5-12

Learn the fundamentals of cheerleading and dance technique including: stretches, jumps/kicks, cheers, sideline dances, beginner stunting and tumbling, and a full routine, all of which are performed for families on the last day! FUN cheer-themed arts and crafts include: decorate your own hair bow, cheer camp t-shirt, friendship bracelets, spirit sticks, posters, and more.

**INSTRUCTOR:** Charlene’s Dance & Cheer: charlenesdance.com

**LOCATION:** Community Park, Willow Room 303

CLASS #	AGE	DAY	TIME	DATES	R/NR FEE
5703.100	5-10	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$180/\$191
5703.101	8-12	M-F	1:00-4:00pm	Jun 26-Jun 30	\$180/\$191
5703.102	5-10	M-F	1:00-4:00pm	Jul 24-Jul 28	\$180/\$191
5703.103	5-10	M-F	1:00-4:00pm	Aug 7-Aug 11	\$180/\$191



# Art Camps

## NEW! FIT KIDS AMERICA: ARTS & CRAFTS AGES 5-11

Express your talent and love for art in this creative, fun camp! Make arts and crafts, paint, work with clay, and so much more. Develop creativity and imagination as well as learning skills. Take home everything made and display it with pride. All materials provided.

**INSTRUCTOR:** Fit Kids America  
**LOCATION:** Community Park, Willow Room 306  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6509.100	M-F	1:00-4:00pm	Jun 19-Jun 23	\$229/\$240
6509.101	M-F	1:00-4:00pm	Jul 3-Jul 7	\$183/\$194
6509.102	M-F	1:00-4:00pm	Jul 24-Jul 28	\$229/\$240
6509.103	M-F	1:00-4:00pm	Jul 31-Aug 4	\$229/\$240

## ART SMARTS AGES 5-16

USING A POSITIVE UPLIFTING ENVIRONMENT of creativity, we generate the “wow factor” while drawing and painting using a variety of mediums, including colored pencils, oil pastels, watercolors, aqua crayons, and watercolor pencils. All materials are provided.

**INSTRUCTOR:** Art Smarts  
**LOCATION:** Community Park, Willow Room 306

## ART SMARTS: ANIMAL DRAWING & PAINTING ART AGES 5-16

There are so many animals to choose from—which will you draw and paint?

CLASS #	DAY	TIME	DATES	R/NR FEE
6508.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$225/\$236
6508.101	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$225/\$236
6508.102	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$225/\$236
6508.103	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$225/\$236

## ART SMARTS: CARTOONS, COMICS, MANGA/ANIME & PORTRAITS AGES 5-16

Have fun drawing your own portrait, cartoon and comic book characters, and some Japanese wide-eyed manga and anime.

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6508.104	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$180/\$196

## ART SMARTS: DRAWING & PAINTING ART AGES 5-16

Draw a stuffed animal (that you get to take home), flowers, landscapes, and more!

CLASS #	DAY	TIME	DATES	R/NR FEE
6508.105	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$225/\$236
6508.106	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$225/\$236
6508.107	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$225/\$236
6508.108	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$225/\$236

## DANCE TO EVOLVE:

Wear dance attire and/or comfortable clothes and shoes. On Friday, participants show off their talents and creations to family and friends.

**INSTRUCTOR:** Dance To EvOLvE: dancetoevolve.com  
**LOCATION:** Community Park, Willow Room 303

## DANCE TO EVOLVE: CALLING ALL SUPERHEROES AGES 3-7

It's a bird, it's a plane, it's a dancing superhero! Superheroes show-off their hip hop dancing powers in this camp that includes a hip hop class, art projects, a superhero skit, and games.

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.100	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$194/\$205

## NEW! DANCE TO EVOLVE: TIKTOK DANCE AGES 7-13

Channel your inner TikTok dance celeb! Learn the most popular dances from TikTok while exploring your own creative movements. Take your favorite TikTok moves and shape them into a full-on dance performance, create art projects that will surely go viral, and act in TikTok-inspired skits.

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.101	M-F	1:00-4:00pm	Jul 17-Jul 21	\$194/\$205

## DANCE TO EVOLVE: RAINBOW UNICORNS AGES 3-7

Dance, leap, and soar to create a true unicorn experience! With glittery crafts, rainbow-filled activities, mystical songs, and more, participants stay magically moving all week long!

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.102	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$194/\$205

## NEW! DANCE TO EVOLVE: ROCKSTAR ROYALTY AGES 3-7

Join groovy fairies and hard-core princes and princesses in an enchanted land far, far away! Have a rockin' time dancing at the ball, creating art projects suited for royalty, rocking out in a skit, and playing noble dance games.

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.103	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$194/\$205

## NEW! DANCE TO EVOLVE: DANCING DESCENDANTS AGES 3-7

Are you *Rotten To The Core?*, *Chillin' Like a Villain*? Participants take a magical adventure to Auradon Prep! Dance like Evie and Mal and leap and soar like Carlos and Jay to create a true *Descendants* experience. With unique crafts, whimsical skits and activities, mystical songs from the movies and more, participants stay magically moving.

CLASS #	DAY	TIME	DATES	R/NR FEE
5702.104	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$194/\$205

# Technology Camps

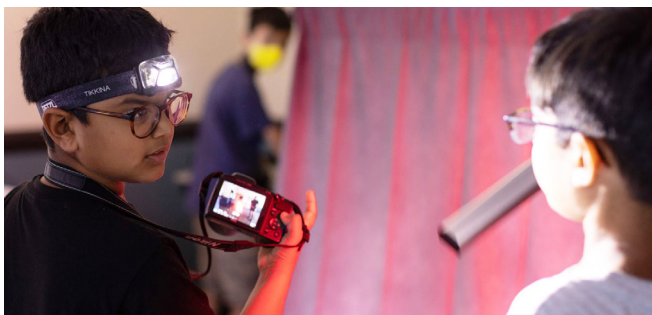
## NEW! MOVIES BY KIDS: HOLLYWOOD SPECIAL EFFECTS AGES 7-13

In this exciting camp, participants learn all about "Movie Magic" and how to create easy special effects! Learn forced perspective, "Green Screen" technology, CGI, making characters appear and disappear, etc.! Then, select a special effect and create an original movie. Be a part of movie history!

**INSTRUCTOR:** Movies by Kids  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.100	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$185/\$196*

\*\$30 materials fee due on the first day of camp



## NEW! MOVIES BY KIDS: LEGO® STAR WARS AGES 7-13

Take your imagination to a galaxy far far away... We'll supply the LEGOS® and a wide variety of *Star Wars* LEGO® mini figures to cast in your very own *Star Wars* themed movie. Participants lay down a voice-over and choose the perfect music to fit the mood. This camp is the ultimate chance to bring your *Star Wars* LEGO® masterpiece to life using the art of stop-motion animation!

**INSTRUCTOR:** Movies by Kids  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.101	M-F	1:00-4:00pm	Jun 19-Jun 23	\$185/\$196*

\*\$30 materials fee due on the first day of camp

## NEW! MOVIES BY KIDS: YOUTUBE VLOGGING AGES 7-13

Online and social media vlogging has taken the entertainment industry by storm. It's time to turn the camera on yourself! Participants film about 5-7 assigned shorts or vlogs using a variety of topics and filming techniques to get the job done. Vlogs will be made available to parents once finished and nothing will be posted on YouTube.

**INSTRUCTOR:** Movies by Kids  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.102	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$185/\$196*

\*\$30 materials fee due on the first day of camp

## NEW! MOVIES BY KIDS: AVENGERS & JUSTICE LEAGUE ANIMATION AGES 7-13

Are you a fan of the *Avengers* or *Justice League* movies? In this classic mash-up camp, we have all these LEGO® characters and more! Create and animate your own superhero movies using the art of stop-motion animation. By the end of camp, participants will create and take home their own animated superhero movie!



**INSTRUCTOR:** Movies by Kids  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6602.103	M-F	1:00-4:00pm	Jul 17-Jul 21	\$185/\$196*

\*\$30 materials fee due on the first day of camp

## MOVIE MAKERS AGES 9-17

This hands-on, interactive camp instructs participants in the world of digital video design and production. Participants film, direct, and edit their own digital video creations. Get ready to amaze your peers with green screen and special effects skills!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.100	M-TH	9:00am-12:00pm	Jun 26-Jun 29	\$160/\$171*

\*\$10 materials fee due on the first day of camp

## VIDEO GAME DESIGN AGES 10-17

This camp provides participants with a fun, interactive look at the world of video game design and development. Participants learn the basics of video game design and produce several different interactive video games to share with their friends and family.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.101	M-TH	1:00-4:00pm	Jun 26-Jun 29	\$175/\$186*

\*\$10 materials fee due on the first day of camp



**NEW! GAMING AND CODING****AGES 6-12**

This camp combines two unbelievable experiences for participants—gaming and coding. Build simple video games by combining the art of video game design and animation to create characters that fly around the screen. Take an interactive look at coding and building virtual apps to share with friends.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.102	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$160/\$171*

\*\$10 materials fee due on the first day of camp

**ROBLOX STUDIO-PROGRAMMING & GAME DEVELOPMENT****AGES 9-15**

Calling all ROBLOX users! Join in with millions of gamers and immerse yourself in your own 3D world! ROBLOX Studio is a 3D-based program that uses physics, LUA programming, and individual creativity to build a world around you, and your avatar—unlike any other software. This camp guides participants through concepts such as beginner physics, LUA programming, and game development. Participants build and publish games to share with friends and family!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.103	M-F	1:00-4:00pm	Jul 3-Jul 7	\$165/\$176*
6601.104	M-TH	1:00-4:00pm	Jul 31-Aug 3	\$165/\$176*

\*\$10 materials fee due on the first day of camp

**NEW! WEB & APPLICATION DESIGN****AGES 9-17**

This camp offers participants a hands-on look at the world of application design and web development. Participants design and develop their own website and application that they can share with family and friends.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.105	M-TH	9:00am-12:00pm	Jul 10-Jul 13	\$160/\$171*

\*\$10 materials fee due on the first day of camp

**IGAME CREATORS****AGES 6-10**

Want to create video games? This is an introductory camp for beginners who want to learn to build simple video games.

This camp combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun, interactive games!

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.106	M-TH	1:00-4:00pm	Jul 10-Jul 13	\$155/\$166*

\*\$10 materials fee due on the first day of camp

**GRAPHIC DESIGN****AGES 9-17**

This camp covers the basics of digital imaging, as well as key concepts in the world of graphic design. Participants work with photos and learn how to manipulate images using powerful image editing software to create the image they envision.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.107	M-TH	9:00am-12:00pm	Jul 24-Jul 27	\$160/\$171*

\*\$10 materials fee due on the first day of camp

**ANIMATION****AGES 9-17**

In this camp, participants learn the basics of animation and digital design. Anyone who enjoys going to various sites to see fun, interactive animations will love this camp. This camp utilizes award-winning animation software and participants create amazing animations that they can share with the world.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.108	M-TH	1:00-4:00pm	Jul 24-Jul 27	\$160/\$171*

\*\$10 materials fee due on the first day of camp

**GAMERS PARADISE****AGES 6-15**

This is the ultimate camp for gamers who want to learn how to build and play. This camp is a combination of our most popular gaming camps. Participants design games using multiple platforms and create gaming experiences to share with friends and family.

**INSTRUCTOR:** Youth Tech, Inc.: youthtechinc.com**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6601.109	M-TH	9:00am-12:00pm	Jul 31-Aug 3	\$160/\$171*

\*\$10 materials fee due on the first day of camp

# Science Camps

## WONDERS! 50 EXPERIMENT SCIENCE CAMPS

THESE SCIENCE CAMPS are hands-on fun from beginning to end! Participants engage in 50 different hands-on experiments each week.

**INSTRUCTOR:** Wonders! Science and Math  
**LOCATION:** Community Park, Oak Hall East

### WONDERS! CAMP 1 AGES 4-12

Experiments include: build electric bottles, make balloon-helicopters, make glow-in-the-dark rising and falling octopi, create UV detectors, build rock collections, put together amazing slimes, make a rubber-band sponge rocket, design invisible inks, fire rocket balloons, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.100	M-TH	9:00am-12:00pm	Jun 12-Jun 15	\$150/\$161*

\*\$25 materials fee due on the first day of camp

### WONDERS! CAMP 2 AGES 4-12

Experiments include: make gold pennies, experiment with glowing rocks and amazing super-magnets, mix incredible slime collections, mold candles, create surfboard styrofoam, make sounds appear out of nowhere, work hovercrafts, make underwater candles and high-powered marshmallow guns, crush cans with air pressure, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.101	M-TH	1:00-4:00pm	Jun 12-Jun 15	\$150/\$161*

\*\$25 materials fee due on the first day of camp

### WONDERS! CAMP 3 AGES 4-12

Experiments include: make fantastic rockets that shoot over buildings, fire the ultimate candy cannon and fly hot air balloons, concoct incredible super slimes, launch potatoes, make tornados, create ultraviolet light detectors, experiment with dry ice, experiment with the fantastic Wonders! anti-gravity trays, make eerie glow-in-the-dark tubes, build clowns that rise and fall on command, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.102	M-TH	9:00am-12:00pm	Jun 19-Jun 22	\$150/\$161*

\*\$25 materials fee due on the first day of camp

### WONDERS! CAMP 4 AGES 4-12

Experiments include: ride real hover-crafts, write with fascinating invisible inks, grow crystal gardens, steer floating 60-foot solar blimps, make rock board collections, float hot air balloons, launch giant smoke rings 100 feet, set-off the ultimate geysers, build lava lamps, make glow-in-the-dark signs, grow fantastic crystals, cast T-Rex dinosaur fossils, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.103	M-TH	1:00-4:00pm	Jun 19-Jun 22	\$150/\$161*

\*\$25 materials fee due on the first day of camp



### WONDERS! CAMP 5

AGES 4-12



Experiments include: build planes that fly over tall buildings, make wolf tooth necklaces, create glow-in-the-dark styrofoam, form amazing super-balls, do never-seen-before dry ice experiments, construct

electric buzzers and switches, build incredible candles, fire marshmallow cannons, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.104	M-TH	9:00am-12:00pm	Jun 26-Jun 29	\$150/\$161*

\*\$25 materials fee due on the first day of camp

### WONDERS! CAMP 6

AGES 4-12

Experiments include: ride real hovercrafts, launch amazing rockets, fire balloon rockets, collect fossils, make amazing plaster animal footprints, make camera paper, build crystals, split water, make penny centrifugal experiments, create foot-long lighting balls, split light, launch rockets, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.105	M-TH	1:00-4:00pm	Jun 26-Jun 29	\$150/\$161*

\*\$25 materials fee due on the first day of camp



### WONDERS! CAMP 7

AGES 4-12

Experiments include: collect alligator bones, make 3D glow-in-the-dark crystals, experiment with amazing piezoelectricity, make a candle collection, dig real fossils, experiment with lasers and fiber-optics, create amazing bouncing slimes, work fascinating UV experiments, fire the incredible wonders launcher, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.106	M-TH	9:00am-12:00pm	Jul 10-Jul 13	\$150/\$161*

\*\$25 materials fee due on the first day of camp

### WONDERS! NASA ROCKET CAMP!

AGES 4-12

Join Wonders! Science in an unforgettable exploration of the furthest reaches of the universe! Build and launch a nearly three-foot-tall rocket, experiment with the actual conditions found on the planets (super-cooled air and frozen gases), make paper airplanes that soar over buildings, fire turbo-charged rocket cars, launch a 60-foot solar blimp, eat astronaut treats, and much more.

CLASS #	DAY	TIME	DATES	R/NR FEE
6402.107	M-TH	1:00-4:00pm	Jul 10-Jul 13	\$150/\$161*

\*\$25 materials fee due on the first day of camp



**AMAZING SCIENCE: STAR WARS SCIENCE** AGES 5-10

Feel the power of the “Force” with the science behind *Star Wars* light energy, flight forces, crystals, star constellations, robots, and plasma energy! Make mini jet fighters, constellation viewers, walking robots, magnet Jedi fighters, a lightsaber, and more! Students of the “Force” use their learned science skills to perfect their Jedi Knight training skills. Participants take home two projects each day.

**INSTRUCTOR:** Gina Brown  
**LOCATION:** Community Park, Willow Room 301  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.100	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$156/\$167*

\*\$24 materials fee due on the first day of camp



**NEW! AMAZING SCIENCE: ROBOTIC ROBOTS** AGES 5-10

Explore and learn the parts and functions of robots! Play with various robots including moving-robots, COJI, Robosapien, LEGO® *Star Wars* droids, and more. Participants build robots to take home each day such as a Brushbot, Spinbot, Sketchbot, and their very own LEGO® robot.

**INSTRUCTOR:** Gina Brown  
**LOCATION:** Community Park, Willow Room 301  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6403.101	M-F	1:00-4:00pm	Jul 3-Jul 7	\$156/\$167*

\*\$24 materials fee due on the first day of camp

**NEW! MAD SCIENCE: ADVENTURES IN THE WILD** AGES 6-10

Take a walk on the wild side as we explore animals, birds, bugs, and beast for an out-of-this-world adventure! Have some creepy, crawly fun building a bug house and fill it with new friends to take home. Explore the amazing ways animals adapt in the wilderness as you hunt down their tracks and make an animal track of your own.



**INSTRUCTOR:** Mad Science of San Diego  
**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.100	M-F	1:00-4:00pm	Jul 17-Jul 21	\$195/\$206*

\*\$30 materials fee due on the first day of camp

**NEW! MAD SCIENCE: SECRET AGENT** AGES 6-10



Become a Mad Science Secret Agent and take a fascinating journey into the world of detection, forensics and classified information. Learn code language to send secret messages as part of your mission. Use special spyglasses to help learn about surveillance and the important role it plays in security. Investigate a

pretend crime scene and sift through clues to crack the case. As part of the Mad Science Bureau of Investigation you will gain observational skills that are used by secret agents.

**INSTRUCTOR:** Mad Science of San Diego  
**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.101	M-F	1:00-4:00pm	Jul 24-Jul 28	\$195/\$206*

\*\$30 materials fee due on the first day of camp

**NEW! MAD SCIENCE: RED HOT ROBOTS** AGES 6-10

Join Mad Science for an introduction to robots! Throughout the week, campers will become robot engineers as they build a unique motorized robot that transforms into four unique creatures, each increasing in difficulty. Discover the inner workings of robots by experimenting with circuits, gears, sensors and power supplies. Learn about robot programming and the different tasks robots perform in our world. Experiment with infrared sensing and solar powered robots. Build your own robot that campers get to take home.

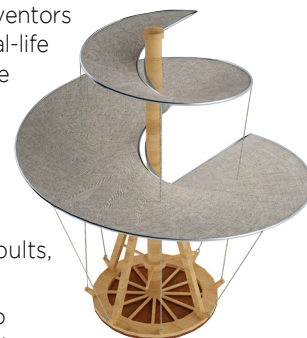
**INSTRUCTOR:** Mad Science of San Diego  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.102	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$195/\$206*

\*\$30 materials fee due on the first day of camp

**MAD SCIENCE: OPERATION INVENTION** AGES 6-10

Join Mad Science as we take junior inventors on a journey of discovery from the real-life inventions of da Vinci, Edison, and the Wright brothers to Isaac Asmiov’s dreams of future inventions. With a little bit of ingenuity, participants will be challenged to recreate some of the most important and exciting inventions of all time, including catapults, bridges, circuits, and light bulbs!



**INSTRUCTOR:** Mad Science of San Diego  
**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.103	M-F	1:00-4:00pm	Jul 31-Aug 4	\$195/\$206*

\*\$30 materials fee due on the first day of camp



**NEW! MAD SCIENCE: NASA SPACE ACADEMY** AGES 7-11

Mad Science and NASA have teamed up to bring you the excitement and wonder of space in the NASA Space Academy camp. This is your chance to be a rocket scientist! Explore the science involved in rocket construction as you build your own rocket. Watch an amazing rocket launch as it soars to the sky. Use teamwork to complete an important space mission and build a model space station. Explore the farthest reaches of our solar system and create a lunar eclipse in our Mad Science planetary tour. This stellar camp is your ticket to the stars as you journey through the galaxy.

**INSTRUCTOR:** Mad Science of San Diego  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.104	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$195/\$206*

\*\$30 materials fee due on the first day of camp

**NEW! MAD SCIENCE: CRAZY CHEM LAB** AGES 7-11

Shake up a flask of fun in the lab and become a junior chemist! Learn to recognize chemical reactions and mix up a few reactive ingredients for some sensational results. Check out the colors of chemistry with the power of pH paper and create a stopper-popping reaction. Probe the properties of light and discover some unusual applications of glow-in-the-dark technology. Campers have a blast as they make some crazy concoctions.



**INSTRUCTOR:** Mad Science of San Diego  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6400.105	M-F	1:00-4:00pm	Aug 7-Aug 11	\$195/\$206*

\*\$30 materials fee due on the first day of camp

# Special Interest Camps

**CLICBITZ: SEWING BASICS** AGES 8-16

New to sewing or need a refresher? Learn sewing basics such as how to thread a machine, measure, read and cut out a basic pattern, and follow grainlines. Sewing machines provided or bring your own. No experience necessary.

**INSTRUCTOR:** Clicbitz San Diego  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5906.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$210/\$221*
5906.101	M-F	1:00-4:00pm	Jul 10-Jul 14	\$210/\$221*
5906.102	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$210/\$221*

\*\$20 materials fee due on the first day of camp



**CLICBITZ: FASHION DESIGN & SEWING** AGES 9-16

Design and sew your own clothing! Learn basic sewing techniques, practice design and drawing skills, and then bring your idea to life in a wearable work of art. Sewing machines provided or bring your own. No experience necessary.

**INSTRUCTOR:** Clicbitz San Diego  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
5906.103	M-F	1:00-4:00pm	Jun 12-Jun 16	\$210/\$221*
5906.104	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$210/\$221*
5906.105	M-F	1:00-4:00pm	Jul 31-Aug 4	\$210/\$221*

\*\$20 materials fee due on the first day of camp





**JR. ZOOKEEPER** AGES 6-13

We share the earth with some really amazing animals! Jr. Zookeeper participants learn to love and appreciate some fascinating creatures found in our world. Build habitats, prepare diets, and get the unique opportunity to meet many of our animal companions. A perfect camp for nature lovers and future zookeepers.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.100	M-F	1:00-4:00pm	Jun 12-Jun 16	\$185/\$196

**LOCATION:** Community Park, Oak Hall East

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.101	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$185/\$196

**BASIC WOODSHOP** AGES 7-12



Participants learn how to use basic tools to make wonderful hand-crafted items such as book ends, toolboxes, bird houses, and more. All projects are painted, personalized, and taken home to treasure. Participants use only safe, age-appropriate hand tools.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Meadowbrook Gymnasium

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.102	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$170/\$181
5900.103	M-F	1:00-4:00pm	Jun 26-Jun 30	\$170/\$181

**FISHING** AGES 8-12

Participants learn the fundamentals of fishing: how to put together the best line for the location and desired catch; how to safely handle a rod for your sake and those around you; and little tricks that better your chances of catching a fish! Don't have your own rod? No problem! While we encourage participants to bring their own rod, hooks, and other fishing gear, equipment is provided for camp use.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Lake Poway, Pavilion



CLASS #	DAY	TIME	DATES	R/NR FEE
5900.104	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$160/\$171
5900.105	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$160/\$171
5900.106	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$160/\$171

**FORT BUILDING** AGES 6-13

Participants use their creativity and problem-solving skills as they work in teams to build forts to survive the environment of the day. Learn various types of knots and other building techniques to increase their odds of success in the environment challenges.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Community Park, Oak Hall East  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.107	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$136/\$147
5900.108	M-F	1:00-4:00pm	Jul 24-Jul 28	\$170/\$181

**INTRODUCTION TO MYSTERIES OF MAGIC** AGES 6-13

Learn all the skills you need to mystify an audience like a true magician! Participants are introduced to the arts of illusion, mind reading, prestidigitation, and sleight of hand! Unlock the powers of your voice, your hands, and your mind. On Friday, we put on a magic show for friends and family.



**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Community Park, Willow Room 304  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.109	M-F	1:00-4:00pm	Jul 3-Jul 7	\$124/\$135

**ITTY BITTY SMASH LAB** AGES 5-7

Everyone knows that there's one thing kids are great at—destruction! In this camp, participants can channel their inner destructive nature and have a blast in the process! Build a variety of structures, tear them down, take apart electronic devices, look at how they work, put them back together, and SMASH them. Please wear clothes you don't mind getting messy.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.110	M-F	9:00am-12:00pm	Jun 19-Jun 23	\$170/\$181

**SMASH LAB** AGES 7-14

Work as a team to put together a variety of electronics and other structures and witness what happens when you SMASH them! Drop eggs, feathers, melons, and more, just to see what happens! This camp is the perfect combination of fun and learning for anyone interested in how things work. Please wear clothes you don't mind getting messy.

**INSTRUCTOR:** Arimaw Productions: info@arimaw.com  
**LOCATION:** Community Park, Oak Hall East  
**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.111	M-F	1:00-4:00pm	Jul 3-Jul 7	\$136/\$147

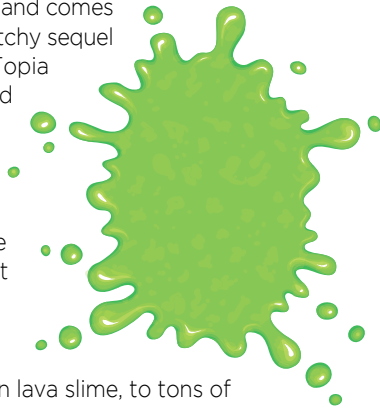
**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
5900.112	M-F	1:00-4:00pm	Aug 7-Aug 11	\$170/\$181

# STEAM & STEM Camps

## NEW! CHALLENGE ISLAND: SLIME-TOPIA 2: TOTAL SLIME TAKEOVER AGES 7-12

By colossally popular demand comes this squishy, squashy, stretchy sequel to our bestselling Slime-Topia camp. This time, the world is being taken over by slime! You and your STEAM Team will ooze with excitement as you visit countries across the globe, making a different kind of slime at each destination. From Italian pizza slime, to Antarctic penguin slime, to Hawaiian lava slime, to tons of other slippy, drippy, gooey, global slimes in between.



**INSTRUCTOR:** Challenge Island  
**LOCATION:** Community Park, Willow Room 306

CLASS #	DAY	TIME	DATES	R/NR FEE
6900.100	M-F	1:00-4:00pm	Jul 17-Jul 21	\$208/\$219*

\*\$30 materials fee due on the first day of camp

Challenge Island is where engineering meets imagination!

## CHALLENGE ISLAND: STEAM TANK ENTREPRENEUR AGES 7-12

Calling all innovative and inventive participants to an adventure in STEAM and entrepreneurship! You and your tribe design, create, and open a business every day: from SWEETrepreneur, to SLIMErepreneur, to PETrepreneur, to HAUNTrepreneur. Can you convince the island sharks that your tribe's business belongs in the Challenge Island Mall? Don't miss out on this one-of-a-kind entrepreneurial experience!

**INSTRUCTOR:** Challenge Island  
**LOCATION:** Community Park, Willow Room 305

CLASS #	DAY	TIME	DATES	R/NR FEE
6900.101	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$208/\$219*

\*\$25 materials fee due on the first day of camp

## NEW! CHALLENGE ISLAND: RACE ACROSS THE RAINFOREST AGES 7-12

Race into an unforgettable journey through the amazing Amazon Rainforest with Challenge Island book characters Daniel, Joy, Kimani, and DaVinci. You and your STEAM Team will zip through the jungle's action-packed layers, taking on challenges inspired by the rainforest's awesome animal inhabitants—from the playful monkeys to the hungry jaguars to the slithering anacondas on the dark and creepy forest floor. This magical camp is a must for all participants who love animals, books, and endless adventure!

**INSTRUCTOR:** Challenge Island  
**LOCATION:** Community Park, Willow Room 301

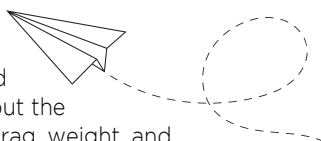
CLASS #	DAY	TIME	DATES	R/NR FEE
6900.102	M-F	9:00am-12:00pm	Jul 31-Aug 4	\$208/\$219*

\*\$25 materials fee due on the first day of camp



### NEW! KID LABORATORIES: 3, 2, 1... TAKEOFF! AGES 6-12

Join us for some high in the sky fun. Work with everything from paper airplanes, solar gliders, and water bottle rockets to learn about the dynamics of flight and how lift, drag, weight, and thrust all play a part. Don't miss this aero-mazing camp!



**INSTRUCTOR:** Kid Laboratories

**LOCATION:** Community Park, Willow Room 304

CLASS #	DAY	TIME	DATES	R/NR FEE
6902.100	M-F	1:00-4:00pm	Jun 12-Jun 16	\$170/\$181*

\*\$25 materials fee due on the first day of camp

### NEW! KID LABORATORIES: BRAIN POWER AGES 6-12

Curious about computer science and don't know where to start? This camp kicks off using unique learning robots designed to introduce participants to the fundamentals of computational thinking, STEAM, and computer science principles. Code robots and end with creating command line code in a fun drawing project!

**INSTRUCTOR:** Kid Laboratories

**LOCATION:** Community Park, Willow Room 305

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6902.101	M-F	9:00am-12:00pm	Jul 3-Jul 7	\$136/\$147

### NEW! KID LABORATORIES: SAIL AWAY AGES 6-12

Jump on board and sail away. Learn about the forces that make boats float and the history of boatmakers from years past. Use your knowledge to create your own boat, test it to failure, and put it to sail! Its time to shove off!

**INSTRUCTOR:** Kid Laboratories

**LOCATION:** Community Park, Willow Room 305

**NO CAMP:** Jul 4

CLASS #	DAY	TIME	DATES	R/NR FEE
6902.102	M-F	1:00-4:00pm	Jul 3-Jul 7	\$136/\$147*
6902.103	M-F	1:00-4:00pm	Jul 24-Jul 28	\$170/\$181*

\*\$20 materials fee due on the first day of camp

### NEW! KID LABORATORIES: SPACE CADET AGES 6-12



Ever look up at the stars and wonder how it all began? Become a space cadette and learn about the amazing history of how earth and the solar system came to be. Discover what causes the moon to change shapes and create a multimedia presentation to share.

**INSTRUCTOR:** Kid Laboratories

**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6902.104	M-F	9:00am-12:00pm	Jul 10-Jul 14	\$170/\$181



### YOUNG ENGINEERS AGES 5-12

YOUNG ENGINEERS specializes in an experiential and challenging learning environment, with games and scientific experiments that visualize natural phenomena and the forces acting around them. Learn the engineering behind the machines we use every day and perform science experiments and art projects to take home! Participants build exciting, motorized LEGO® bricks models, reflecting STEM theories learned together!

**INSTRUCTOR:** Young Engineers of Greater San Diego

### YOUNG ENGINEERS: ADVENTURE AGES 5-12

Join us on this adventure as we experience mental challenges, through the exercise of finding creative solutions to problems. Participate in physical and sport challenges, while creating LEGO® constructions that can be used to make the obstacles easier.

**LOCATION:** Community Park, Willow Room 302

CLASS #	DAY	TIME	DATES	R/NR FEE
6901.100	M-F	1:00-4:00pm	Jun 19-Jun 23	\$192/\$203

### YOUNG ENGINEERS: TREASURE HUNTERS AGES 5-12

X marks the spot for this adventure! Explore the fun and games to find what lies at the end of the treasure hunt. Hint: You may need to an expert at rock, paper, scissors; or hit a bulls eye; or even come across Hansel and Gretel!

**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6901.101	M-F	1:00-4:00pm	Jul 10-Jul 14	\$192/\$203

### YOUNG ENGINEERS: ENGINEER ACADEMY AGES 5-12

Recruitment for Engineer Academy has begun! Become an all-star today through STEM. Uncover the concepts of molecules, illusions, secret codes, and more!

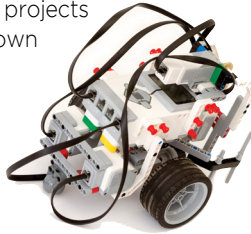
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6901.102	M-F	1:00-4:00pm	Jul 31-Aug 4	\$192/\$203



**NEW! ADVENTURES IN STEM WITH LEGO® AGES 5-9**

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects and use special pieces to create your own unique designs! Projects are rotated seasonally to ensure that both new and returning participants can explore the endless creative possibilities of the LEGO® building system.



**INSTRUCTOR:** Play-Well TEKologies  
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.100	M-F	9:00am-12:00pm	Jun 12-Jun 16	\$225/\$236
6903.101	M-F	9:00am-12:00pm	Jul 24-Jul 28	\$225/\$236

**ANIMAL ADVENTURES WITH LEGO® AGES 5-9**

Let your imagination run wild with tens of thousands of LEGO® parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes. Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

**INSTRUCTOR:** Play-Well TEKologies  
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.102	M-F	1:00-4:00pm	Jun 12-Jun 16	\$225/\$236

**NEW! ADVENTURES IN STEM & ANIMAL ADVENTURES WITH LEGO® AGES 5-9**

**SIGN UP FOR BOTH** Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Play-Well TEKologies  
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.103	M-F	9:00am-4:00pm	Jun 12-Jun 16	\$385/\$396

**NEW! MANDALORIAN MISSIONS WITH LEGO® AGES 7-12**

Master the way of the Mandalorian in this *Star Wars* inspired LEGO® Engineering experience. Venture through the galaxy in your custom gauntlet fighter to rescue Baby Yoda, build grappling hooks to pull ourselves to safety, or rescue an ally from the treacherous Sarlacc Pit. Get ready to complete multiple missions all over the galaxy.

**INSTRUCTOR:** Play-Well TEKologies  
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.104	M-F	9:00am-12:00pm	Jun 26-Jun 30	\$225/\$236

**NEW! MINECRAFT MASTER ENGINEERING WITH LEGO® AGES 7-12**

Bring your favorite Minecraft adventures to life! In a Minecraft world powered by LEGO® resources, build shelters to keep out Creepers, craft mystical items that only true masters can wield, and perfect our crossbow skills to stop the Wither from taking over! If you can imagine it, we can build it.

**INSTRUCTOR:** Play-Well TEKologies  
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.105	M-F	1:00-4:00pm	Jun 26-Jun 30	\$225/\$236



**NEW! MANDALORIAN MISSIONS & MINECRAFT MASTER WITH LEGO® AGES 7-12**

**SIGN UP FOR BOTH** Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Play-Well TEKologies  
**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.106	M-F	9:00am-4:00pm	Jun 26-Jun 30	\$385/\$396

**ROBOTICS USING LEGO® WEDO****AGES 6-10**

Build and program robots in this introductory robotics camp using the LEGO® WeDo System. Learn basic programming skills, simple engineering concepts, and the names of robot

components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young robotics enthusiasts for our more advanced robotics programs.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.107	M-F	9:00am-12:00pm	Jul 17-Jul 21	\$225/\$236

**ROBOTICS USING LEGO® EV3****AGES 10-14**

Build and program robots using the new LEGO® Mindstorms EV3 system! Learn about mechanical and software design, loops, problem solving, and teamwork skills. Work in groups, program and build your robot, and rise to the challenge! Control the robot to avoid obstacles, move objects, and play sounds.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.108	M-F	1:00-4:00pm	Jul 17-Jul 21	\$225/\$236

**NEW! POKEMON ENGINEERING WITH LEGO®****AGES 5-9**

Calling all Pokémon trainers! With the Pokémon Championship approaching, build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.109	M-F	1:00-4:00pm	Jul 24-Jul 28	\$225/\$236

**NEW! ADVENTURES IN STEM & POKEMON ENGINEERING WITH LEGO®****AGES 5-9**

**SIGN UP FOR BOTH** Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.110	M-F	9:00am-4:00pm	Jul 24-Jul 28	\$385/\$396

**NEW! STEM EXPLORATIONS USING LEGO®****AGES 6-10**

Master your engineering skills with tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that both new and returning participants get to design and build as never before and explore their craziest ideas.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.111	M-F	9:00am-12:00pm	Aug 7-Aug 11	\$225/\$236

**NEW! MARVELOUS ENGINEERING USING LEGO®****AGES 6-10**

LEGO® builders assemble to save the world. Use LEGO® to build our strongest Avengers to defeat Thanos, help Thor retrieve Mjolnir, swing through the city with Spider-Man, and tell Hulk to....Smash! Our journey will take us to battles on this world and beyond; are you up to the challenge?

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.112	M-F	1:00-4:00pm	Aug 7-Aug 11	\$225/\$236

**NEW! STEM EXPLORATIONS & MARVELOUS ENGINEERING USING LEGO®****AGES 6-10**

**SIGN UP FOR BOTH** Play-Well TEKologies camps at a discounted rate! Bring a sack lunch to camp each day.

**INSTRUCTOR:** Play-Well TEKologies**LOCATION:** Community Park, Willow Room 301

CLASS #	DAY	TIME	DATES	R/NR FEE
6903.113	M-F	9:00am-4:00pm	Aug 7-Aug 11	\$385/\$396

# POWAY PARKS & FACILITIES



## POWAY COMMUNITY PARK

13094 Civic Center Drive  
(858) 668-4671

[poway.org/communitypark](http://poway.org/communitypark)

### Hours

Daily | Sunrise-Sunset

#### Office

Daily | 8:00am-9:00pm

**Ball Fields | Bocce Courts** Daily | 8:00am-sunset  
(10:00pm with reservation)

#### **Dog Park | Tennis Courts | Basketball Court**

Daily | Sunrise-10:00pm

#### **Skate Park**

Daily | 8:00am-8:00pm

### IN THE PARK SERIES

ALL AGES

**FREE!** Have an emu-sing time letting your creativity run wild, use your wily wits to find buried treasure, bug out with creepy crawly friends, or rock out with fossils! Community Park's In The Park Series is two hours of themed-fun that's sure to provide exciting, unique experiences for the whole family. While the theme may change from month-to-month, one thing is guaranteed: **FUN!**

DAY	TIME	DATES	THEME	FEE
M	10:00am-12:00pm	Apr 10	Creepy Crawlers	FREE

### CONGREGATE MEAL PROGRAM FOR OLDER ADULTS

Join us for a delicious and nutritious lunch served Monday through Friday from 11:00am-12:30pm at the Mickey Cafagna Community Center. Lunch is \$5.00 for adults 50+. Reservations are required and must be made in-person by 1:00pm the day before. Payment is due at the time of reservation. Reservations can be made up to a month in advance. For more information and to see the monthly menu, visit [poway.org/olderadults](http://poway.org/olderadults) or call (858) 668-4671.

### BINGO

AGES 18+



B-4! N-36! Whether you're a seasoned pro or new to the game, come test your luck. With multiple winners, everybody has a chance to win cash, jackpot prizes, bonus rewards, and more. Brought to you by the Friends of Poway Seniors.

For more information, visit: [friendsofpowayseniors.org](http://friendsofpowayseniors.org).

**LOCATION:** Community Park, Sycamore Hall

DAY	DOORS OPEN	STARTS
TU	9:30am	11:30am
SU	10:30am	12:30pm

### FREE EQUIPMENT

ALL AGES

Visit the Mickey Cafagna Community Center to borrow basketballs, bocce balls, footballs, and other cool recreation equipment! Be sure to bring a valid photo ID or keys to exchange.



# OLD POWAY PARK

14134 Midland Road  
(858) 668-4576

[poway.org/oldpowaypark](http://poway.org/oldpowaypark)

## Hours

### Railroad Info:

[powaymidlandrr.org](http://powaymidlandrr.org)

### Farmers Market

Saturdays | 8:00am-1:00pm

### HISTORICAL TOURS

ALL AGES

Experience Poway history firsthand during our Historical Tours program. Providing the perfect combination of fun and education, this program is ideal for 20 or more participants. This program runs March through June, Tuesday through Thursday by reservation only. \$4 per person.

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576



FARMERS MARKET

ALL AGES

### Saturdays | 8:00am-1:00pm

Find the best locally and organically grown, farm-fresh produce and artisan foods at our "City in the Country" Farmers Market on Midland Road. Rain or shine!

INFORMATION: [poway.org/oldpowaypark](http://poway.org/oldpowaypark) or (858) 668-4576



44TH ANNUAL STANDARD FLOWER SHOW

ALL AGES

### Saturday, April 15 | 9:00am-3:00pm

The Poway Valley Garden Club will host the 44th Annual Standard Flower Show "Blooms & Tunes". Enter your design or just come admire the numerous locally-grown horticultural entries.

INFORMATION: [powayvalleygardenclub.org](http://powayvalleygardenclub.org)



COMMUNITY BAND FESTIVAL

ALL AGES

### Saturday, May 20 | 10:00am-7:00pm

### Sunday, May 21 | 10:00am-7:00pm

Come listen to great music and amazing concert bands during the FREE 27th Annual California Band Festival and Arts and Crafts Market.

INFORMATION: [poway.org](http://poway.org) or (858) 668-4576

# POWAY SWIM CENTER

13094 Civic Center Drive  
 (858) 668-4680  
[poway.org/swim](http://poway.org/swim)

The Swim Center includes a 50-meter by 25-yard pool with attached diving well and shallow children's area.

The facility also features:

- One- and three-meter diving boards
- Lap swimming lanes
- Full locker rooms with private shower stalls and changing areas
- Family/single-use restrooms
- Splash Pad with geysers, overhead buckets, water tunnel, and more!
- Water maintained between 80 and 84 degrees

Lanes will be set aside during recreational swim for those interested in swimming laps. Some recreational swim times will be shared with City programs and facility rentals. Portions of the pool and diving boards may not be available for use by the public during these times. Splash pad may be closed due to seasonal weather.

## Seasonal Information

### Spring Schedule (April 10–June 9)

#### Adult Lap Swim

Mon/Wed/Fri	Short Course:	10:30am–1:30pm
Tues/Thurs	Long Course:	8:00am–1:30pm
Mon–Fri	Short Course:	4:15–7:00pm*
Sat/Sun	Short Course:	10:30am–5:00pm

#### Recreational Swim

Mon–Fri	Shallow Square/ Splash Pad only:	10:30am–1:30pm
	All Areas and Diving Boards:	4:15–7:00pm*
Sat/Sun	Family Swim:	10:30am–1:00pm
	All areas and diving boards:	1:00–5:00pm

\*The Swim Center will be closed at 1:30pm on the 1st Friday of every month for Staff Training.

#### Holiday Hours and Closures

Memorial Day | May 29 | 10:30am–4:00pm  
 Pre-Summer Lifeguard Training | June 10 | CLOSED

## Costs

Please visit [poway.org/swim](http://poway.org/swim) for current user fees.



### WATER EXERCISE

AGES 16+

Water exercise is a low-impact exercise for any ability. Classes are held in four feet of water. Advanced swimming skills are not required. Daily admission and reservations are required.

DAYS	TIME	FEE
M/W/F	11:00am–12:00pm	Daily Admission Fee

### RED CROSS LIFEGUARD TRAINING

AGES 15+

Lifeguard training course teaches the necessary skills to become a professional lifeguard. Upon successful completion of the course, participants will earn their certifications for Lifeguarding/First Aid/CPR/AED/Title 22.

Portions of this class are taught online in between listed class meetings. 100% attendance and participation is required. There is a water skills pre-test on the first day of class that must be passed in order to continue the rest of the course. Class fee includes materials, book, and a resuscitation mask. Must be 15 years of age by the first day of class.

CLASS #	DAY	TIME	DATES	FEE
0700.402	W	5:00–8:00pm	Pretest	\$210
	M–F	8:00am–5:00pm	Apr 10–Apr 14	
0700.403	W	5:00–8:00pm	Pretest	\$210
	SA	8:00am–5:00pm	Apr 22, Apr 29	
	M/W	5:00–8:00pm	Apr 24, 26, May 1, 3	

**INFORMATION:** [poway.org/515/Lifeguard-Training](http://poway.org/515/Lifeguard-Training) or (858) 668-4683

# LAKE POWAY

14644 Lake Poway Road  
(858) 668-4770

[poway.org/lakepoway](http://poway.org/lakepoway)

**Park Ranger Office** (858) 668-4772

**Lake Poway Concession** (858) 668-4778

## Hours

Daily | 6:00am-Sunset

### Lake Fishing and Boating Hours

Wednesday-Sunday | 6:00am-Sunset

### Entry Station

Open Weekends & Holidays

\$10 non-resident entry fee for vehicles

Active Military free with ID



### The Trout are Still Biting at Lake Poway!

Wright's Rainbows will be stocking their famous Idaho rainbow trout through April. We have the best permit and boat prices in the area, along with a full-service concession. Come catch the "Big One" before the season is over.

**INFORMATION:** [poway.org/lakepoway](http://poway.org/lakepoway) or (858) 668-4772

### SPRING CAMPING SERIES ALL AGES

Spring is a beautiful time to get away from home and camp at Lake Poway! Hike, fish, or simply relax by your campsite and enjoy all the natural beauty that the park has to offer. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event!

**INFORMATION/TO REGISTER:** [poway.org/classes](http://poway.org/classes) or (858) 668-4772

CLASS #	DAY	TIME	DATES	FEE PER CAR
9039.400	F/SA	1:00pm-10:00am	Mar 31-Apr 1	\$26
9039.401	F/SA	1:00pm-10:00am	Apr 7-Apr 8	\$26
9039.402	F/SA	1:00pm-10:00am	May 5-May 6	\$26
9039.403	F/SA	1:00pm-10:00am	May 19-May 20	\$26

### EARTH DAY CAMPOUT ALL AGES

Come join us at Lake Poway to learn and celebrate the outdoors at our special Earth Day Campout! Little sprouts of all ages and their families can participate in special crafts, take a guided nature hike, learn about our local wildlife from our Interpretative Services booth, and more! Come hungry as our famous food truck Born in Brooklyn will be onsite serving up delicious food for purchase. Fishing permits and boat rentals are not included; but may be purchased for a nominal fee. This is a rain or shine event! (5 campers per registration).

**INFORMATION/TO REGISTER:** [poway.org/classes](http://poway.org/classes) or (858) 668-4772

CLASS #	DAY	TIME	DATES	R/NR FEE PER CAR
9039.404	SA/SU	1:00pm-10:00am*	Apr 22-Apr 23	\$55/\$66

\*Activities will be held from 4:30-8:30pm.

# BLUE SKY ECOLOGICAL RESERVE

16275 Espola Road

1 mile north of Lake Poway Road

(858) 668-4781

[poway.org/bluesky](http://poway.org/bluesky)

## Hours

Daily | Sunrise-Sunset



### FREE! DOCENT-LED NATURE WALKS ALL AGES

Find our Activities Schedule on the website or at Blue Sky Reserve, City Hall, or Lake Poway. Please dress appropriately and carry plenty of water. Scout and group tours are available by reservation. All hikes meet at the bus shelter in the parking lot.

### SCHOOL TOURS & OUTREACH PROGRAM GRADES 2-5

The Outdoor Tour program and In-Classroom program introduce important scientific concepts as outlined in Science Content Standards for grades 2-5. Tours in the Reserve last approximately two hours for \$4 per student. The one-hour Outreach Program at your school is available mornings only for \$4 per student. A reduced fee of \$6 per student is offered when both a Tour and Outreach program are scheduled at the same time. Teachers/Chaperones are free.

**FOR RESERVATIONS:** [poway.org/bluesky](http://poway.org/bluesky)

### NEW! PLANTS & POLLINATORS AGES 4-10

Join us for an educational hike through Blue Sky Reserve to discover local plants and pollinators. Create crafts to learn how you can support native plants and wildlife. Sample local honey and enjoy a delicious snack in the great outdoors! Limited to 25 children.

**REGISTER ONLINE:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.400	SA	10:00am-12:00pm	Apr 29	\$3





# KUMEYAAY-IPAII INTERPRETIVE CENTER

13104 Ipai Waaypuk Trail

(858) 668-4781

Parking located at 13104 Carriage Road, Poway

[poway.org/kiic](http://poway.org/kiic)

## Hours

Open third Saturday of each month | 10:00am-1:00pm

### GUIDED TOURS OF THE ANCIENT COMMUNITY OF PAUWAI

ALL AGES

Visit us on the third Saturday morning of each month for a docent-led tour. Experience artifacts, 'ewaas, milling and grinding stations. If you prefer to wander the trail at your own pace, our easy-to-navigate, self-guided tour brochure is available at the Interpretive Center.



### VOLUNTEER TODAY, INSPIRE FOR A LIFETIME AGES 18+

Kumeyaay-Ipai Interpretive Center volunteers are Poway's greatest cultural resource. You can be, too! We need docents to lead tours for third grade students. Absolutely no experience is required, and our self-paced training is completely free! Lead just one tour a month and you will impact young lives for a lifetime.

**INFORMATION:** [kfox@poway.org](mailto:kfox@poway.org) or (858) 668-4781

### SCHOOL TOURS

GRADE 3

Offered the second and third Thursday and Friday mornings each month. Experience the life of the Kumeyaay, discover artifacts and ancient milling sites, and participate in hands-on traditional activities.

**SCHEDULE YOUR TOUR ONLINE:** [poway.org/kiic](http://poway.org/kiic)

#### FEE

\$4 per student



### WATERCOLOR CLASS

AGES 8+

Join us in capturing the beauty of this authentic Native American site in watercolor. Artists of every skill level are welcome to experience creating en plein air ("in the open air"). Pick a painting spot around the site that inspires you! Instruction in basic skills and all materials will be provided. Limited to 25 participants.

**REGISTER ONLINE:** [poway.org/classes](http://poway.org/classes)

CLASS #	DAY	TIME	DATES	FEE
1200.402	SA	9:00am-12:00pm	Mar 25	\$5



Spring brings live performances to the stage! In February, *One Night of Queen* recreates the look, sound, and showmanship of arguably the greatest rock band of all time and a modern spin on a beloved fairy tale is brought to life in *Cenicienta: A Bilingual Cinderella Story*. In March, Poway Symphony's *An American Extravaganza* features the Chestnut Brass Company and full orchestra. In April, we look forward to enjoying the Southern California Ballet and a four-day PUSD orchestra festival.

TICKETS AND INFORMATION: [powaycenter.com](http://powaycenter.com)

## POWAY CENTER FOR THE PERFORMING ARTS

15498 Espola Road  
[PowayCenter.com](http://PowayCenter.com)



### Rental Requests

[business@powaycenter.com](mailto:business@powaycenter.com)

### Administration

(858) 668-4693

Tuesday through Thursday | 10:00am-2:00pm

### Box Office

(858) 748-0505

Friday | 1:00-6:00pm

Saturday | 1:00-6:00pm

Closed on major holidays

The Box Office opens one hour before scheduled performance times and remains open 30 minutes after performances begin.

### Art Gallery & Facility

Tuesday-Thursday | 10:00am-2:00pm

Friday | 1:00-6:00pm

Saturday | 1:00-6:00pm

Closed on major holidays



## POWAY ONSTAGE



Presenters of World-Class Talent at the  
Poway Center for the Performing Arts  
[powayonstage.org](http://powayonstage.org)

## POWAY UNIFIED SCHOOL DISTRICT

Photo Credit: PHS Symphony Orchestra



Student stars of all ages sing, act,  
dance and show off their talents.  
[powayusd.com](http://powayusd.com)

## COMMUNITY PRESENTERS

Photo Credit: Wa-kushmaa



Talented groups bring a diverse lineup of live performances to the stage including ballet, orchestra, youth theatre, musicals and more. [powaycenter.com](http://powaycenter.com)

## ART SHOWS

Art Credit: Nancy Wise



Rotating exhibits and "Art On View" receptions. Feb: Plein Air Artists Griego & Larlahm, Mar: PUSD Visual Art Exhibit, Apr: Surfing Madonna Oceans Project [powaycenter.com](http://powaycenter.com)



## POWAY LIBRARY

13137 Poway Road  
(858) 513-2900

Please watch our website for future programming: [sdcl.org](http://sdcl.org)

### Hours

Monday & Thursday | 10:00am-6:00pm  
Tuesday & Wednesday | 12:00-7:00pm  
Friday, Saturday & Sunday | 10:00am-5:00pm

#### FREE! ADULT PROGRAMS

AGES 18+

**Zumba Inclusive for adults of all abilities:** Mondays | 10:00am

**Tai Chi for Adults:** Fridays | 10:00am

**Ukulele Class:** Second Wednesday | 5:00pm

**Knitting Club for all ages:** Fourth Monday | 1:00pm

**Ukelele Jam:** Last Wednesday | 5:00pm

**American Mah Jongg:** Thursdays | 1:00pm

**American Red Cross Blood Drive:**

Thursday, Mar 30 | 10:00am-4:00pm. Appointments are needed. Schedule online or call 1-800-RED CROSS.

**VITA Tax Help:** Tuesday, Wednesday | 12:00-5:00pm

For appointments, visit [myfreetaxes.org](http://myfreetaxes.org) or call 211.

#### FREE! TEEN PROGRAMS

GRADES 6-12

**Teen Tuesdays:** Check [sdcl.org/poway](http://sdcl.org/poway) for more program details | 4:00-6:00pm

#### FREE! CHILDREN'S PROGRAMS

BIRTH TO GRADE 5

**Baby Storytime:** Tuesdays | 1:00pm

**Preschool Storytime:** Thursdays | 10:30am

**Crafternoon:** Thursdays | 1:00pm

**Love on a Leash:** Fridays | 3:30-4:30pm

**Dance Storytime:** Saturdays | 10:30am

**Droid Day:** Saturday, March 11 | 2:00pm

**Mismatch Sock Hop:** Saturday, March 18 | 10:30am





# CLASS REGISTRATION

Spring Registration: March 7 at 7:30am

Early Summer Camp Registration: April 4 at 7:30am. 3 convenient ways to register for classes:

- 1 ONLINE REGISTRATION**  
is available by visiting the City of Poway website: [poway.org/classes](http://poway.org/classes). A \$1.50 convenience fee will be charged per transaction. Payment must be made by MasterCard, Visa, or American Express.
- 2 WALK-IN REGISTRATION**  
is available at the Community Services Department during business hours.  
**Location**  
13325 Civic Center Drive  
**Hours**  
Check [poway.org](http://poway.org) for current hours.
- 3 MAIL-IN REGISTRATION**  
is available by check (payable to City of Poway) or by credit card (Master Card, Visa, or American Express). Cash will not be accepted. Please submit a separate check for each class requested. If space is not available in a class, that specific check will be returned to you without delaying your registration for any other classes.  
**Mail to**  
P.O. Box 789, Poway, CA 92074-0789

## Class and Camp Refund/Transfer Policy

### Cancelled by City:

A full refund will be issued for all classes or camps cancelled or overbooked by the City of Poway and/or the independent contract instructor.

### All Other Refunds:

Refunds or transfers must be requested in writing by noon at least one week prior to the start date. Written requests may be submitted via email to [Activenet@poway.org](mailto:Activenet@poway.org), or by mail to City of Poway, Community Services Department, P.O. Box 789, Poway, CA 92074. A \$16 cancellation fee will be deducted. No cancellation fee will be deducted if customer places refund as a credit on account. If class, camp, or program is less than the \$16 cancellation fee, the refund will automatically be given as credit on account. Credit on account will be valid for one year and may be applied to another enrollment or reservation. If the credit is not used after one year, the funds will be forfeited and the customer's account will be cleared. Except as otherwise provided in this policy, if a registrant fails to attend a program after it begins, the registrant is **not**

entitled to a refund. Exceptions may be authorized by the Director of Community Services. A doctor's note or written request describing the extenuating circumstances must be submitted to the Community Services Department within two weeks of the refund request.

## Residency

Poway Residents are defined as those persons who live within the City limits of Poway. Proof of residency is required at the time of registration.

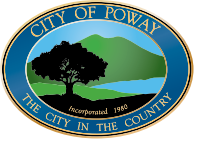
## Financial Assistance

### Poway Leisure Assistance for Youth (PLAY) Scholarship

Developmentally-disabled individuals and youth may be eligible to receive up to \$40 worth of City-sponsored recreation classes each season at no cost to you. To find out more, please visit our website at [poway.org/play](http://poway.org/play).

### Access

We strive to ensure our programs, services, and facilities include and accommodate those with developmental disabilities.



**City of Poway**  
13325 Civic Center Drive  
Poway, CA 92064

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\*\*\*\*\*ECRWSEDDM\*\*\*\*

**POSTAL CUSTOMER**  
Poway, CA 92064

# SPRING 2023 EVENTS AT A GLANCE

## SPRING CAMPOUTS

Lake Poway  
Mar 31-Apr 1  
Apr 7-Apr 8  
May 5-May 6  
May 19-May 20



## EARTH DAY CAMPOUT

Lake Poway  
Apr 22-Apr 23

## FARMERS MARKET

Old Poway Park  
Saturdays  
8:00am-1:00pm



## WATERCOLOR CLASS

Kumeyaay-Ipai  
Interpretive Center  
Mar 25



## Poway City Council

Mayor: STEVE VAUS  
Deputy Mayor: BARRY LEONARD  
Councilmember: PETER DE HOFF  
Councilmember: CAYLIN FRANK  
Councilmember: BRIAN PEPIN

## SAVE THE DATE!

Registration begins  
March 7 at 7:30am.  
See page 41 for details,  
or visit [poway.org/classes](http://poway.org/classes).